



**Memorial Day Ceremony At
Mount Wollaston Cemetery - Page 2**

**50th Stop The Stigma 5K
Raises \$140,000 - Page 6**



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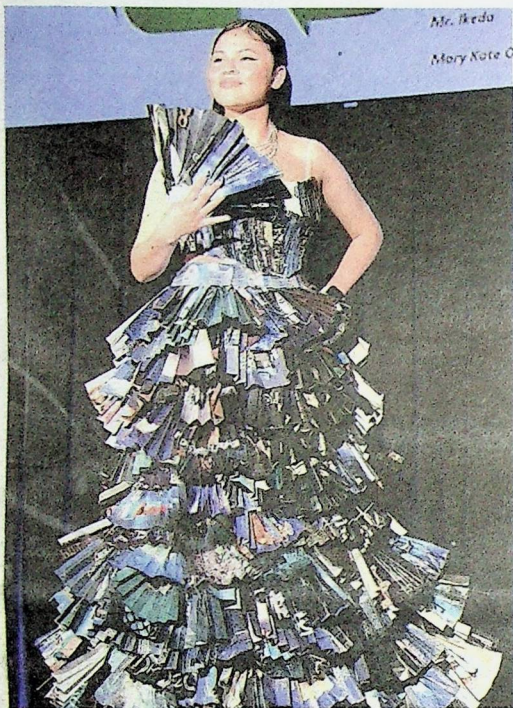
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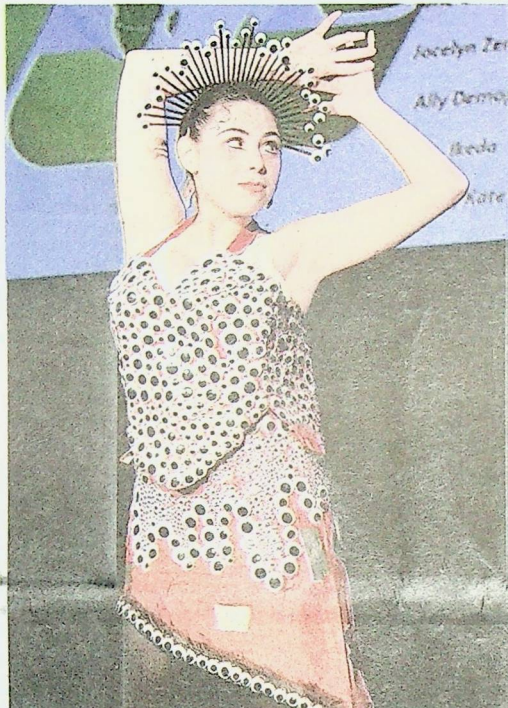
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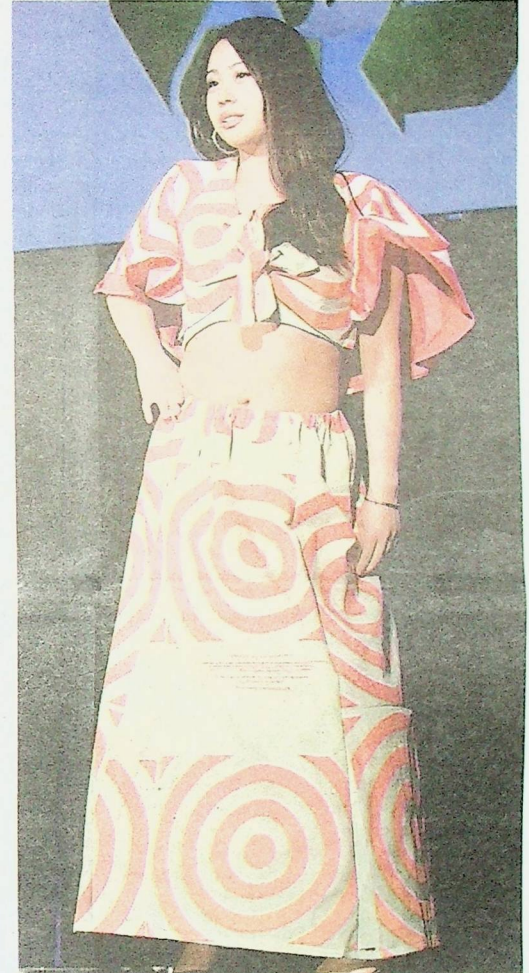
Beauty, Creativity Shine At QHS Fashion Show



Mr. Ikeda
Mary Kate O

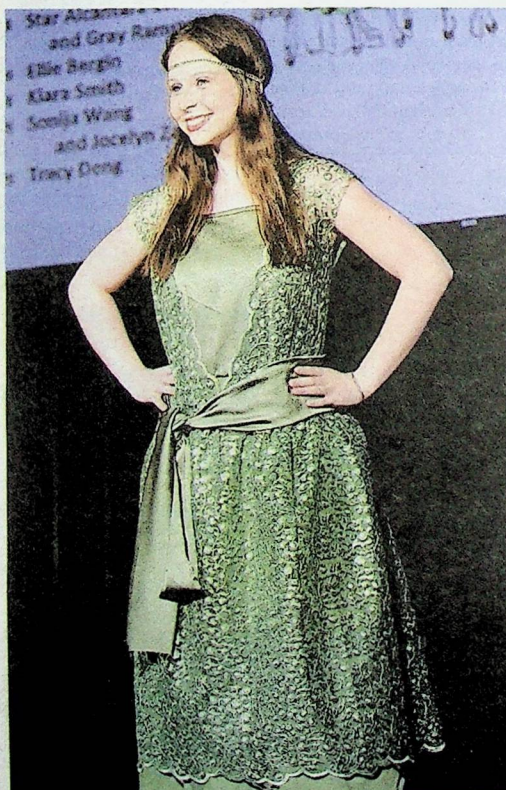


Jocelyn Zeng
Ally Deng
Ikeda
Kate

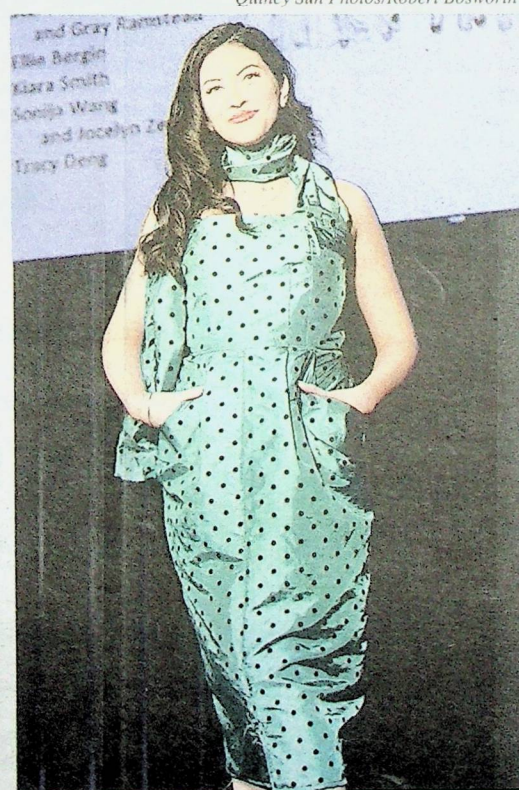


QUINCY HIGH SCHOOL Fashion Show May 9 featured an array of garments designed and modeled by students. The garments included eco-friendly fashions crafted from recycled materials as well as garments representing various decades dating back to the 1920s. Clockwise from top: student Jennifer Acabal Lopez wears recycled magazine paper that she designed; Rosalia O'Rourke wears a fashion with googly eyes and paper bags designed by Gray Ramstead; Jocelyn Zeng wears Target bags designed by Tracy Deng; student Mary Kate O'Connor wears a recycled dress and CDs designed by student Siena Nichol; student Bella Sota wears a 1940s garment created by student Sophia Ngayod; and student Caroline Beers wears a 1920s garment designed by students Jennifer Acabal Lopez and Lance Cardoso. More fashion show photos start on Page 16.

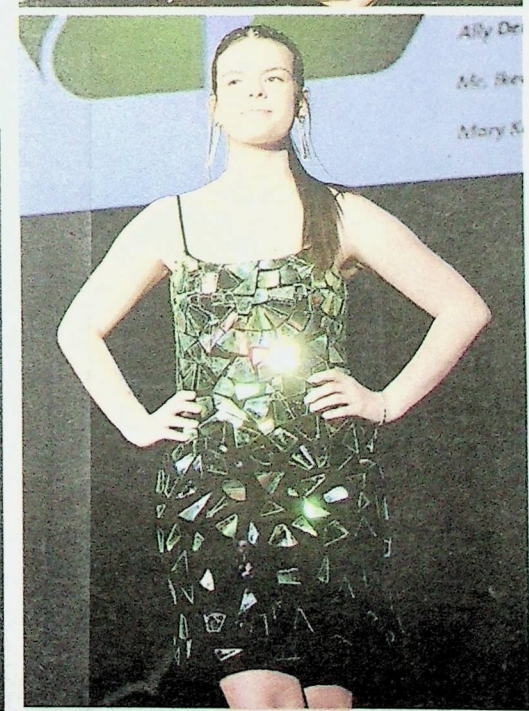
Quincy Sun Photos/Robert Bosworth



Star Alcamare
and Gray Ramstead
Ellie Bergin
Klara Smith
Sonija Wang
and Jocelyn Zeng
Tracy Deng



and Gray Ramstead
Ellie Bergin
Klara Smith
Sonija Wang
and Jocelyn Zeng
Tracy Deng



Ally Deng
Mr. Ikeda
Mary Kate



Koch Seeks \$285,000 Salary, \$47,500 Councillors - Page 11
Councillors OK Lunar NY School Holiday - Page 12
QHS, NQHS Scholar-Athletes Of The Year - Page 21

More Quincy news:
The Quincy Sun.com

Memorial Day Ceremony At Mount Wollaston Cemetery

By **SCOTT JACKSON**

Quincy's annual ceremony to commemorate Memorial Day will return to Mount Wollaston Cemetery this year.

The ceremony will take place inside the cemetery on the morning of Monday, May 27, at the conclusion of the annual Memorial Day parade. The parade steps off at 10:30 a.m. that morning from Quincy Credit Union, 100 Quincy Ave. The procession will march along Quincy Avenue, Hancock



KIPP CALDWELL

Street, Temple Street and Coddington Street en route to the cemetery.

The guest speaker for this year's ceremony is Kipp Caldwell. Caldwell is the brother of the late Sgt. Charles Todd Caldwell of the 115th Military Police who was killed in Iraq in 2003.

The son of Charles and Gladys Caldwell, both Quincy Public Schools teachers, Kipp has worked at North Quincy High School for 31 years as a math teacher, department head and coach. He is married to Nicole Caldwell, who directs Campus Kinder Haus in Quincy,

and has four children: Samantha, a fifth grade teacher at Bernazzani Elementary School in Quincy; Jessica, a chemistry teacher at Norwell High School; Ashley, a recent college graduate looking to teach elementary school; and Nathan, a rising sophomore at Eastern Nazarene College studying to be a physical therapist.

The Quincy American Legion Post 95, William R. Caddy Detachment 124 of the Marine Corps League, Robert I. Nickerson American Legion Post 382,

Houghts Neck American Legion Post 380, Cyril P. Morrisette American Legion Post 294, and the George F. Bryan Post 613 Veterans of Foreign Wars are all scheduled to participate in the parade.

Also participating in the parade are the Quincy Police and Fire Honor Guards; Quincy Veterans' Council Colors; Windjammers Drum Squad; Sea Cadets Squadron Zulu; a rock band trailer; Gold Star families in vehicles; American Pop Band marching band; junior

ROTC; Dixie Land band in a trailer; Boy Scouts and Girl Scouts; and the Quincy-North Quincy High School marching band. Vehicles from Brewster Ambulance, the Quincy Fire Department and the Quincy Emergency Management Department will participate as well.

In the event of inclement weather, the ceremony will be held inside the auditorium at Quincy High School, 100 Coddington St. at 11 a.m. on Memorial Day. Call 617-376-1194 for more information.

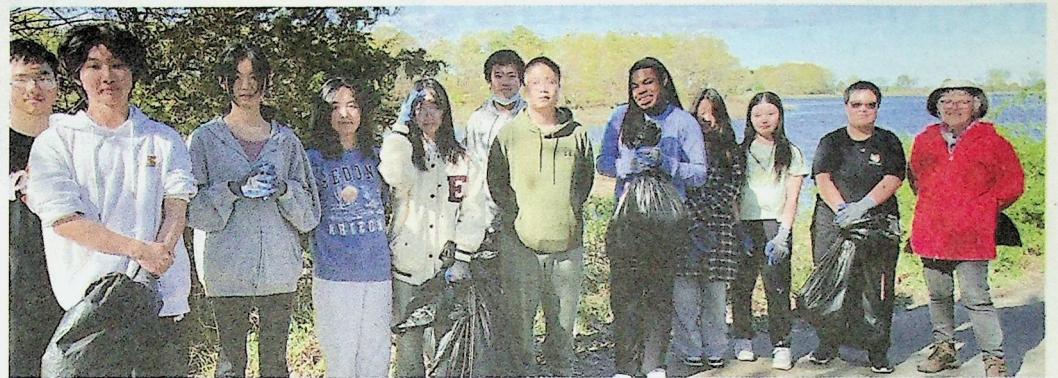
NQHS Students Assist In Pulling Invasive Garlic Mustard Plants

North Quincy High School students worked with Wollaston Garden Club members to remove garlic mustard plants from Merry-mount Parkway and Pageant Field on May 9. The site was chosen to prevent the invasive plants from taking over the new plantings.

In addition to receiving instruction on how to remove the plants, the students also learned why it's so important to eliminate the plants. Ann Foresman, WGC Horticulture Chair,

said, "the dreaded garlic mustard plant is a highly invasive plant that really takes over." Its seeds are dispersed by wind and water and can invade fields and woodlands. Its roots exude a chemical that inhibits other plants from growing making it a threat to native plants and habitats. "Each plant can produce thousands of seeds that can spread for more than 5 years," Foresman said.

The group of 11 NQHS students earned Commu-



WOLLASTON GARDEN CLUB members Ruth Davis (far right) with Ann Foresman led students from the Community Service Program at NQHS through the Merry-mount Parkway area in order to remove the very invasive garlic mustard plant.

nity Service hours for their efforts. One female student commented that she thought they would just be picking up trash, but that this effort was so much better. Many of the students had not been

to the Parkway area before. "It was fun to see them taking selfies of each other in

front of Black's Creek," Foresman said. "We also let them know about the boat-

ing and other opportunities available in the area."

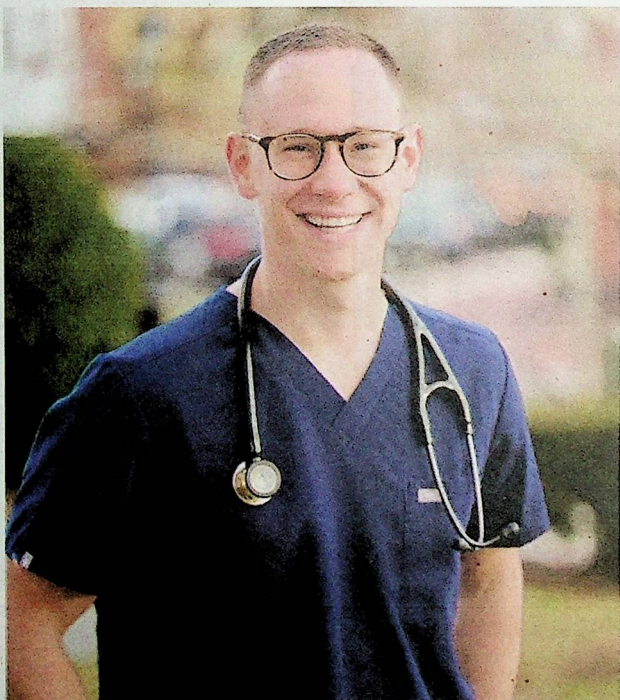
The garlic mustard pull is the first effort of the WGC's Conservation Committee. "The NQHS Community Service Office and the Parks and Recreation Department were extremely supportive," said Ruth Davis, Conservation Chair. "We're already planning an event to remove Black Swallow Wort in June and look forward to working with both offices again."

Several members of the WGC including Foresman are on the newly formed Invasive Species Management Committee under Quincy's Department of Natural Resources. The committee's focus is to remove non-native invasive plants that are harming the natural ecosystem and then plant and seed native species. The committee held its first event on May 11 along a portion of Fenno Street and the trail system.



GARLIC MUSTARD is a biennial plant meaning each plant lives over two growing seasons. In its second year, seeds of a garlic mustard plant can disperse through the air and last for more than 5 years. So, it's imperative to prevent the seeds from spreading and starting new plants. *Photos by Ann Foresman*

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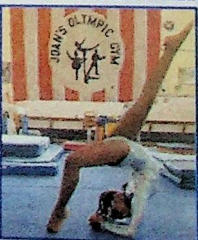
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Council OKs Police, Park, Library Budgets

By SCOTT JACKSON

The budgets for the Quincy Police Department, the Department of Natural Resources and the Thomas Crane Public Library were among those approved by city councillors during the second night of budget hearings.

The City Council's finance committee is in the midst of reviewing Mayor Thomas Koch's proposed \$424 million budget for fiscal year 2025, which begins July 1. The first night of budget hearings was held on May 13 and the second session was held two days later.

During the meeting on May 15, councillors approved \$73.95 million in spending without making any cuts.

The largest item approved on May 15 was the budget for the Quincy Police Department, which is set to increase from \$40.29 million in FY24 to \$41.61 million in FY25.

During the hearing, Councillor Noel DiBona asked Police Chief Mark Kennedy how the department is doing numbers wise. Kennedy said the department has 174 officers on staff and plans to hire seven

Cont'd On Page 9

Neponset River Watershed Association Annual Meeting Features Sanjay Seth June 6

The Neponset River Watershed Association (NepRWA) will hold its Annual Meeting at Meditech in Canton on Thursday, June 6 at 6:30 p.m.

NepRWA members, volunteers, and supporters are invited to attend the Annual Meeting to learn about the organization and its accomplishments from 2023, and hear from Sanjay Seth, chief of staff and senior advisor for Climate and Equity at the US EPA, Region 1. Sanjay will share his personal thoughts on the challenges and opportunities ahead for communities in Massachusetts as they work toward more resilient and equitable outcomes.

"We always look forward to our Annual Meeting, which gives us an opportunity to highlight program successes from the past year and connect with friends," said NepRWA Executive Director Ian Cooke. "We're excited to hear Sanjay Seth's insights into the future of climate resiliency and equity in the Boston area."

Visit www.neponset.org/annualmeeting to purchase annual meeting tickets.

Additionally, NepRWA is hosting its annual kayak raffle, sponsored by Paddle Boston. The raffle winner will be chosen at the end of the Annual Meeting. The

raffle is limited to residents of MA, but attendance at the meeting is not necessary for participation. Kayak tickets can be purchased at www.neponset.org/kayakraffle

For any questions about the Annual Meeting or kayak raffle, contact NepRWA Outreach and Communications Director, Nancy Fyler at fyler@neponset.org

The Annual Meeting is sponsored by presenting sponsor, ENE Systems, Inc.; Mainstem Level Sponsors, Neponset Landing and Synergy; Estuary Level Annual Meeting Sponsor Poirier Sales & Service; and Paddle Boston.

The Neponset River Watershed includes the communities of Dorchester, Hyde Park, and Mattapan; Canton, Dedham, Dover, Foxborough, Medfield, Milton, Norwood, Quincy, Sharon, Stoughton, Randolph, Walpole, and Westwood. Learn more about the Neponset River Watershed Association at www.neponset.org.



Armando Agnitti, Esq., CISR
Anthony Agnitti, CIC, LIA

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A RECORD NUMBER of runners and walkers joined Interfaith Social Services for their 50th annual Stop the Stigma 5K April 27, raising funds and awareness for mental health and addiction care. Here Carole Maynard of Quincy (left) and Susan Rubin of South Weymouth (right), celebrate after crossing the finish line. The annual 5K raises funds for the New Directions Counseling Center. More coverage on Page 6.

Photo Courtesy Katelyn Fay for Interfaith Social Services

Early Deadline For Next Week's Quincy Sun

Because of the Memorial Day holiday Monday, there is an early news and advertising deadline for next week's Quincy Sun.

Deadline for news releases, retail and classified advertising and legal notices to be published in the May 30th issue is noon tomorrow

(Friday).

The Sun office will be closed Monday, May 27th in observance of Memorial Day.

For more information, call The Sun office at 617-471-3100 or email the editor: thequincysun@verizon.net.

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Moments in time

THE HISTORY CHANNEL

• On June 3, 1943, a group of U.S. sailors marched through downtown Los Angeles with clubs and other weapons, attacking anyone wearing the "zoot suit" favored by many young men of color at that time. The Zoot Suit Riots spread throughout the city over the next week, marking the culmination of racial tensions against the backdrop of World War II.

• On June 4, 1876, an astonishing 83 hours after it left New York City, the Transcontinental Express train arrived in San Francisco. Many Americans could hardly imagine that a journey previously requiring months using horses could now be accomplished in under a week.

• On June 5, 1956, a young Elvis Presley performed "Hound Dog" on "The Milton Berle Show" with a gyrating enthusiasm that set off a scandal. Critical reaction was almost universally negative. In fact, one writer described Presley's hip-swinging as "tinged with the kind of animalism that should be confined to dives and bordellos."

• On June 6, 2013, Edward Snowden, a National Security Agency contractor, leaked documents to the press exposing a government-run surveillance program that monitored not just the communications records of criminals and potential terrorists, but law-abiding citizens as well. Facing multiple charges and prison time, Snowden fled to Hong Kong and later Russia to avoid extradition.

• On June 7, 1976, New York magazine published journalist Nik Cohn's article "The Tribal Rites of the New Saturday Night," which would inspire the John Travolta cinema smash "Saturday Night Fever." Nearly 20 years later, however, Cohn confessed that the allegedly real-life characters peopling the story were actually fictional.

• On June 8, 632, the prophet Muhammad died, as a result of being poisoned, in the arms of Aisha, his third and favorite wife, in Medina, located in present-day Saudi Arabia.

• On June 9, 1945, while hosting the Philadelphia Phillies, Brooklyn Dodgers manager Leo Durocher struck mocking Phillies fan John Christian in the dugout with the help of a stadium security guard. The incident led to Durocher's arrest on assault charges the following day, but he was released on bail, and actor Danny Kaye, a friend of his and acquaintance of Christian, brokered a \$7,000 settlement that closed Christian's civil suit. (c) 2024 King Features Synd., Inc.



The paradise flower

Caesalpinia pulcherrima (also known as "Barbados Pride," "Paradise Flower," "Peacock Tree," or "Poinciana") is a very colorful tree native to the West Indies and Mexico. It is fast-growing, can get up to twenty feet tall, and needs hot weather to bloom, which it does from midsummer into fall, looking splendid even on the hottest days. Many cultures have developed multiple uses for all the parts of this plant, including making it into dyes and insecticide, to stun fish, or using the wood for carpentry and boat-building. - Brenda Weimer

Source: davesgarden.com

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Financial Focus: Financial Freedom: A Gift To Your Family

Here's a sobering statistic: 72% of retirees say one of their biggest fears is becoming a burden on their families, according to a study by Edward Jones and the consulting firm Age Wave. If you are near retirement, how can you prepare yourself to become financially free, so you won't have to depend on grown children or other family members?

Here are a few suggestions to consider:

• **Keep adding to retirement savings.** Today, with a greater awareness of healthy lifestyles, many people are spending two, or even three, decades in an active retirement. To help pay for those years, then, you'll likely need to build your retirement savings as much as possible. So, while you're still working, try to contribute as much as you can afford to your 401(k) or other employer-sponsored retirement plan. If you are in the later stages of your career, possibly close to your peak earning power, you may be able to put in sizable sums

every year.

• **Choose an appropriate withdrawal rate.** While it's obviously important to build your retirement savings, it's just as essential to make the money last. Once you retire, you'll want to establish an appropriate withdrawal rate — that is, the amount you can take out each year from your 401(k) and other investments without running the risk of outliving your money. The amount you can safely withdraw each year will depend on a variety of factors, including your age, your account balances, Social Security benefits, inflation, income tax rates and spousal income. In any case, selecting a suitable withdrawal rate can help go a long way toward preserving your financial freedom throughout your retirement.

• **Think about downsizing.** One possible way to boost your savings and add liquidity is to downsize your living arrangements. This may be an attractive option if your children are grown and your current home feels too large. Of course, down-

sizing is a highly personal decision — if you've lived in your home for many years, have fond memories of raising a family in it and still enjoy the neighborhood, it can certainly be hard to leave. Consequently, you'll need to weigh these emotional factors against the potential financial benefits of moving into a smaller, less expensive space.

• **Prepare for long-term care costs.** If you were ever to need some type of long-term care, such as an extended stay in a nursing home, you could face some sizable expenses, most of which may not be covered by Medicare or a Medicare Advantage plan. And clearly, you would not want to put your grown children in a position where they might feel the need to step in financially. To help avoid this possibility, you may want to consult with a financial professional about addressing these costs through strategies that may be appropriate for your needs.

These aren't the only ideas to consider in help-



MARIE
O'RIORDAN KELLY

ing maintain your financial independence and reducing your potential dependence on your family during your retirement years. But taken together, they can give you a good start — so think about putting them to work.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

Edward Jones, Member SIPC

Submitted by Marie O'Riordan Kelly, AAMS
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DPH Report Shows Uptick In Calls To State's Problem Gambling Helpline

Advertising for helpline services increased with launch of online sports betting;
Office of Problem Gambling Services connecting people with resources and support

The Massachusetts Department of Public Health (DPH) May 15th released the Fiscal Year 2023 Problem Gambling Helpline report, which highlighted an increase in call volume to the line and included initiatives that served more than 2,000 individuals in communities across Massachusetts in prevention efforts.

DPH established the Office of Problem Gambling Services (OPGS) in 2016 to mitigate the potentially harmful effects of gambling, which can take a toll on individuals and communities in Massachusetts. Problem gambling can significantly impact an individual and their family, relationships, social interactions, and employment. It disproportionately impacts people of color and has a high level of comorbidity with substance use and mental health dis-

orders.

Community-based initiatives funded by OPGS raise awareness about problem gambling and provide access to resources. Campaigns and programs have targeted youth and men of color — two of the groups most likely to experience problem gambling — through community outreach, education through art, small group sessions, presentations, and events. Looking forward, OPGS will continue to target these populations through new initiatives, including youth peer-to-peer mentoring, telehealth services to improve access, and targeted public awareness campaigns.

"As access to gambling expands in Massachusetts, we remain focused on supporting and promoting prevention, referral, and treatment options to help those

with a gambling problem," said Public Health Commissioner Robert Goldstein, MD, PhD. "The Problem Gambling Helpline is a centerpiece of these efforts. We are committed to working with our state and community partners to connect Commonwealth residents to appropriate resources so that people get the care they need."

From July 2022 through June 2023, the Problem Gambling Helpline saw an increase in overall call volume and referrals from the previous year. The increase is likely the result of improvement in helpline services in coordination with public awareness campaigns, community efforts to provide individuals and families with education and resources, and sports wagering advertisements. There is currently no evidence to

support that the increase in call volume and referrals is a direct result of an increase in problem gambling in the Commonwealth.

The helpline received 3,050 calls in Fiscal Year 2023, up from 1,378 calls in Fiscal Year 2022 for a 121 percent increase. Calls from those seeking support and information increased by 41 percent to 636 and calls resulting in referrals specifically for outpatient treatment increased by 96 percent — to 185 from 362.

Of the 636 callers, 73 reported sports betting as their reason for seeking assistance — a 1,117 percent increase from FY22, when only six callers referred to treatment reported sports betting as their main concern.

Sports wagering in Massachusetts launched in casino

Cont'd On Page 5

Rebekah Shields Completes Intensive Research Project At WPI

Rebekah Shields of Quincy, a member of the class of 2025 majoring in Mechanical Engineering at Worcester Polytechnic Institute (WPI), was a member of a student team that recently completed an intense research project titled Evalua-

tion and Enhancement of the Hume Enviro Champions.

At WPI, all undergraduates are required to complete a research-driven, professional-level project that applies science and technology that addresses an important societal need

or issue. About two-thirds of students complete a project at one of the university's 50-plus off-campus project centers, which are located around the world. A signature element of the innovative undergraduate experience at WPI, the

project-based curriculum offers students the opportunity to apply their scientific and technical knowledge to develop thoughtful solutions to real problems that affect the quality of people's lives-and make a difference before they graduate.

Scenes From Yesterday



THIS IS A 1936 postcard showing the art nouveau styled Alhambra Theater that was at 1373 Hancock St. in Quincy Square. The 800-seat theater was built in 1917 by Quincy businessman and state Sen. Henry Kincaide who also built the Capitol Theater at the other end of the Square. Originally opened for vaudeville and burlesque, the Alhambra soon became a movie theater operated by Fred Murphy who also ran the Strand Theater on Chestnut Street as advertised on this marquee. Also in

this building on the right side was the Alhambra Candy Shop and on the left Heffernan's Shoe Store. In 1945 the Alhambra's name was changed to the Art Theater which continued to operate here until it closed in 1961. The building on the left was the Norfolk County Trust Company. This site on Hancock Street is now a driveway to the Stop & Shop office building and home to the Della Chiesa Family Memorial Plaza.

From the Tom Galvin Postcard Collection

Quincy's Yesterdays

This Week
1989
35 Years Ago

Urban Park Gets Favorable Reaction

A national urban park proposed by Peter O'Connell received mainly favorable reactions when it was presented for input to some 50 persons following a meeting of the Quincy Historic District Commission at City Hall.

The \$10 million project proposed by O'Connell called for a park to include Quincy City Hall, United First Parish Church, McIntyre Mall and the Hancock Cemetery, with trees, ornamental lighting and large patches of grass with flower beds. It would also include street and sidewalk improvements between the Adams Birthplaces on Franklin Street and the Adams National Historical Park or "Old House at Peace field" on Adams Street.

The proposal called for closing and landscaping Hancock Street between City Hall and United First Parish Church, which contains the tombs of Second President John Adams and Sixth President John Quincy Adams and their wives.

Cars would be rerouted around the church, opening Washington Street and Temple Street to two-way traffic while merging with Hancock Street.

While several parking spaces would be eliminated, the plan also called for a parking deck over the MBTA tracks behind City Hall. The deck would consist of 200 to 250 spaces to accommodate the expected increase in visitors and tourists.

James Van Doren, present with a group of 10 members from United First Parish Church, expressed concern for the integrity of the church. He asked if there will be eminent domain to take away any of the church property.

O'Connell replied: "It does not advocate eminent domain. The congregation is the key to the whole thing. We have to convince them that this is good for them. It is an architectural treasure. It is a special place."

SLUDGE DOMINANT ISSUE AT MAYORAL CANDIDATES NIGHT

The proposed sludge treatment operation at the Fore River Shipyard, development, trash costs and public education were the dominant issues at a Candidates Night featuring all five mayoral candidates at the Lincoln-Hancock Community School.

For 90 minutes, Councillors Stephen McGrath and James Sheets, businessman Peter O'Connell, former mayor and councillor Joseph LaRaia and William Jensen answered questions posed by Donna Ackerman and Steve Cantelli. The event was sponsored by the Southwest Quincy Community Relations Committee, a non-profit organization that addresses the needs of Southwest Quincy.

McGrath and Sheets reiterated their opposition to the facility siting while O'Connell said officials and residents should be fighting the MWRA for compensation for the plant.

QUINCYISMS

South Shore Buick, 50 Adams St., advertised a 1989 Skylark for \$11,990. . . Five Quincy residents were among 15 Fontbonne Academy students departing in June for a 12-day trip to the Soviet Union. The five: **Kathleen Kelly, Paula Norton, Karen Tagny, Jennifer Van Ness and Elizabeth Cosgrove.** . . **Kimberly Blaney** of Quincy received her Master of Music degree in vocal performance from the New England Conservatory. . . **Ruth S. Terry** was recently presented the Woman of the Year Award from the Women's Council of Beth Israel Synagogue. Mrs. Terry became active in the Council after retiring from 26 years of service as a bookkeeper at the Quincy Bargain Center. . . **John (Jake) Comer**, past national commander of The American Legion, will be the keynote speaker for the Memorial Day ceremonies sponsored by the Quincy Veterans Council. Comer served as national commander of the American Legion from August, 1987 to September, 1988. . . The National Association of Realtors predicted the interest rate for fix-rate, 30-year mortgages will decline from an average of 11.2 percent for the second quarter of 1988 to 10.8 percent by the final quarter; and that the average rate for one-year, adjustable-rate mortgages will decline from 9.1 percent to 8.7 percent during that period. . . Jack Conway Realtor, 253 Beale St., advertised a 6-room colonial on Willow Avenue for \$175,900. . . **Patricia Leary** of Quincy was one of five Curry College softball players to receive a Gold Glove award. . . **Russ Hennebury** was named head soccer coach at Don Bosco Technical High School. . . **Gregory S. Williams** completed training at the U.S. Army Infantry School, Fort Benning, GA. . . Featured films at Entertainment Cinemas, Quincy Fair Mall, Quincy Center, included "Indiana Jones and the Last Crusade," "Major League" and "Beaches." "Rain Man" with **Dustin Hoffman** and **Tom Cruise** was playing at the Wollaston Theater, 14 Beale St.

DPH Report Shows Uptick In Calls To State's Problem Gambling Helpline

Cont'd From Page 4

nos January 31, 2023; on-line sports wagering began March 10, 2023. Total call volume for the Problem Gambling Helpline was the highest from February through June 2023 with 2,069 calls, as sports wagering was launched and advertisement of the Problem Gambling Helpline that is required to accompany sports wagering ads increased.

The report also found:

- Calls from individuals seeking help increased to 380 in FY23 from 301 in FY22, while calls from loved ones of those with a

gambling problem increased to 148 in FY23 from 106 in FY22.

- Calls from individuals in recovery increased to 89 in FY23, compared to 27 in FY22, an increase of 230 percent.

- Referrals by gambling type for casinos increased to 170 in FY23 from 45 in FY22, an increase of 278 percent.

- Male callers increased by 56 percent to 500 in FY23 from 321 in FY22 while the number of female callers remained about the same - 137 in FY23 compared to 131 in FY22.

- Calls seeking refer-

als for treatment increased across all age groups in FY23. Those 30-to-39-years-old represented a 293 percent increase - to 169 in FY23 from 43 in FY22.

- Referral calls increased across all regions. The state's Northeast region had the largest increase of 62 percent - to 123 in FY23 from 76 in FY22.

"The Problem Gambling Helpline provides an important connection between those who are experiencing problem gambling - including sports betting - and services that can help," said Victor Ortiz, Director of the Office of Problem

Gambling Services. "Expanded access to gambling in the Commonwealth poses risks, particularly to those in recovery, and highlights the need to provide responsive referrals to callers based on their needs. The OPGS is committed to monitoring the ongoing impacts of sports wagering and expanded access to gambling on individuals, families, and communities in the Commonwealth."

To contact the Massachusetts Problem Gambling Helpline, call (800) 327-5050. For more information, visit <https://gambling-helpline.org>.

13 Quincy Students On President's List At SNHU

Thirteen students from Quincy were named to the President's List for the winter term at Southern New

Hampshire University in Manchester, N.H.

They are:

Tracy Poirier, Ilyass

Hattal, Tra Duong, Sherrie Lakhan, Jaime Grant, Cory Valiquette, Colleen McDermott, Stefanie Martinez,

Helen Mai, Kelsey Rose, Andrew Browne, Yao Tsikplonu and Carlos Perez.

3 Quincy Students On Dean's List At SNHU

Three students from Quincy were named to the Dean's List for the winter term at Southern New Hampshire University in Manchester, N.H.

They are: Alser Nunez, Jonathan Costello and Antonio Reid.

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50th Stop The Stigma 5K Raises \$140K For Mental Health

Interfaith Social Services' Annual Run/Walk Draws Record Number Of Participants

A record number of runners and walkers joined Interfaith Social Services for their 50th annual Stop the Stigma 5K, raising funds and awareness for mental health and addiction care. More than 850 participants took part in the April 27 event in the Squantum neighborhood of North Quincy, raising more than \$140,000. Event proceeds fund counseling sessions for those in need at Interfaith's New Directions Counseling Center.

New Directions serves anyone seeking counseling but prides itself on being a safety net for the uninsured and underinsured members of the community by offering services on a sliding scale fee system. To further break down barriers to receiving treatment, new clients to the New Directions Counseling Center receive their first four sessions free of charge.

Interfaith hosts the Stop the Stigma 5K each year to challenge stereotypes, encourage acceptance and eliminate mental health and addiction stigmas. Many participants run or walk to support family and friends living with mental illness or in addiction recovery. Some run for those they've lost. "The Stop the Stigma 5K is always a chance for me to remember friends lost along the way," said one participant in a post-race survey. "The event gives me hope that others will receive life-saving services."

Some participate for their own mental health. "Running helps me process distracting and negative thoughts in a healthy way," said another participant in the survey. "I still struggle some days."

This year marked the 50th anniversary of the event. What started in 1974 as a church-sponsored walk

supporting Interfaith's programs has evolved into a full-blown 5K race welcoming more than 800 walkers and runners annually.

This year's event featured a food truck from Granite Links, as well as bagels and refreshments courtesy of Gold Medal Bakery and Polar Beverages. Physical therapists from Body Mechanics Physical Therapy and Wellness and massage therapist Solange Connolly provided their services, and attendees were also invited to enter raffles and play games on race day.

Steve Conte of Quincy was the fastest male, with a finish time of 19:08. Nicole Souza of Quincy earned the fastest female title, with a finish time of 21:27. Ran Cronin of Manchester, NH took gold in the nonbinary category. Ronan O'Connor of Quincy earned the fastest youth title in the under 16 category.

The 2024 Stop the Stigma 5K is sponsored by many generous local businesses, including Anniversary Level Sponsors Arbella Insurance Foundation and Wulfpac Charitable Funding; 5K Level Sponsors The Heritage Companies and Summit Energy; Gold Level Sponsors Beth Israel Deaconess Hospital - Milton, Colonial Federal Savings Bank, Keohane Funeral Home, Mayor Koch's Office, New England Medical Group and South Shore Bank; and Silver Level Sponsors Abington Bank, Bank of Canton, Blue Cross Blue Shield of Massachusetts, Brain Aneurysm Foundation, Dedham Savings, First Congregational Church UCC of Randolph, FoxRock Properties, IntelyCare, Law Offices of William T. Kennedy, P.C., Lawson & Weitzen, LLP, Massachusetts Convention Center Authority, Point32Health, SIG-



MORE THAN 850 people signed up to participate in Interfaith Social Services' 50th anniversary Stop the Stigma 5K, held April 27 in North Quincy. The event raised more than \$140,000 for Interfaith's mental health counseling center.

Photos Courtesy Katelyn Fay for Interfaith Social Services



MICHELLE PETERSON of Randolph (left) and Susan Snyder of Randolph (right), members of Team Arbella, pose with Christine Tangishaka of Randolph (center) for a photo at Interfaith Social Services' April 27 Stop the Stigma 5K. Arbella Insurance Foundation was a headlining sponsor of the event and more than 100 Arbella employees took part in the 5K.

NET Electronic Systems, South Shore Health, Stop & Shop, United Healthcare and Wessling Architects Inc.

Interfaith Social Services provides South Shore residents with the resources necessary to support a healthy and fulfilling life. Their programs include one of the largest emergency

food programs in Greater Boston as well as a mental health counseling center, homelessness prevention program, the Bureau Drawer Thrift Shop and seasonal initiatives bringing joy to

children and families in need.

To find out more about Interfaith's programs, visit InterfaithSocialServices.org.



INTERFAITH VOLUNTEERS Sarah Alessandro, left, of Quincy and Wave Bascome, right, of Braintree cheered for participants along the course at Interfaith Social Services' Stop the Stigma 5K. The race, held April 27 in North Quincy, brought in record numbers of participants and more than \$140,000 for Interfaith's New Directions Counseling Center.



SANDI BUCCIERI (left) and Alysha Butler (right) of Norton, made their way through the Stop the Stigma 5K course on April 27 in Quincy as residents of the Squantum neighborhood cheered them along. The annual 5K benefits the New Directions Counseling Center at Interfaith Social Services in Quincy.



A VERTICAL GARDEN filled with purple pansies, chives, and a variety of lettuce plants. Photo Courtesy of MelindaMyers.com

Ornamental, Edible Gardens And Containers

By MELINDA MYERS

Boost the flavor and beauty of your landscape by adding a few ornamental edible plants to your garden beds and containers. Look for opportunities to substitute ornamental vegetables, fruit, herbs, and edible flowers for ornamental but nonedible plants.

A hanging basket of semi-determinate tomatoes like Lizzano and Torenzo or Pot-a-Peno peppers can dress up a deck or porch and keep the harvest within reach. Peppers like Quick-fire and Cayenetta hot peppers, and sweet ones like Pretty N Sweet along with Patio Choice yellow cherry tomato are suitable for containers and small gardens.

Use asparagus as a backdrop in gardens. Look for disease-resistant cultivars like the recently introduced Millennium that is long-lived, cold-hardy, high-yielding, and adaptable to a variety of soils. After the harvest, the ferny greens create a nice backdrop and add a welcome texture to any flower garden.

Rhubarb makes a nice temporary shrub in sunny locations. The large leaves add bold texture and the colorful stems of Crimson Red and Canada Red varieties provide a bit of color to the garden bed. Just cut back the plants at the end of the season and watch for their return in spring.

Use strawberries as a groundcover. The white flowers, tasty red fruit, and fall color brighten the ground level of any full-to-part sun location in your landscape. Choose day-neutral or everbearing varieties to enjoy several harvests throughout the summer.

Include colorful tomato and pepper varieties in mixed borders and flower beds. Use decorative obelisks and supports when

needed for added beauty in the garden.

Provide seasonal screening or add vertical interest to gardens by training the vining types of squash, melons, and cucumbers up supports. Growing vertically increases airflow and light penetration which helps reduce the risk of disease and increases productivity. Just sling heavy fruit to the support to prevent it from damaging the vines.

Purple, wax, and other colorful pole beans are another seasonal option that provides vertical interest in a garden bed or screens a bad view. You'll find it easier to harvest and enjoy an extra picking with pole beans. Add colorful flowers and boost the hummingbird appeal by growing scarlet runner beans.

Or try Mascotte bush beans in containers. Grow this plant in a pretty container and, if needed, elevate it on a support for easy picking. You'll enjoy a plentiful harvest of crisp slender beans held above the foliage for easy picking.

Dress up meals with edible flowers like nasturtiums, daylilies, and calendula. Just be sure they have not been treated with pesticides and remove the reproductive parts that can add bitterness to your meals.

Maximize the productivity of vegetable plants with proper care and regular harvesting, picking vegetables at their peak.

Melinda Myers has written more than 20 gardening books and hosts The Great Courses "How to Grow Anything" instant video and DVD series and the nationally syndicated Melinda's Garden Moment radio program. Myers is a columnist and contributing editor for Birds & Blooms magazine. Myers' website is www.MelindaMyers.com.

Movie Review: 'Kingdom Of The Planet Of The Apes'

By BOB GARVER

In this era of constant reboots and re-imaginings and the like, "Planet of the Apes" has had a pretty successful run. 2011's "Rise of the Planet of the Apes" was such a big hit both commercially and critically that pundits were talking about an unprecedented motion-capture-based Oscar nomination for Andy Serkis as lead ape Caesar (it didn't happen, but it was fun to speculate). Two follow-up films in 2014 and 2017 weren't shabby either, and it looked like the series was going to stop at a taut little trilogy. But now we're back with "Kingdom of the Planet of the Apes," which takes place in the same continuity as Caesar without overextending the neatly-wrapped arc.

Set 300 years after Caesar's passing, apes have taken over the world landscape, while humanity is all but wiped out. The apes have formed tribes and communities, and even taken to domesticating animals like horses. Our new hero Noa (Owen Teague) is part of a tribe that trains eagles, even bonding with them like family members. He and his friends Soona (Lydia Peckham) and Anaya (Travis Jeffrey) make risky climbs to pick out the best eggs for a ceremony to impress leaders Dar (Sara Wiseman) and Koro (Neil Sandilands), Noa's mother and father, respectively. Noa has a rare encounter with a human, followed by an even worse

encounter with a malevolent ape army that ransacks his village and takes surviving tribe members hostage.

Left for dead, Noa soon sets out on a mission to rescue what little remains of his home and family. He meets wizened old ape Raka (Peter Macon), who becomes his mentor. He also re-encounters human Mae (Freya Allan) and the two form an unlikely bond, even though the two species have been feuding for generations. They're eventually captured by head pillager Sylva (Eka Darville) and taken to the titular Kingdom. The good news is that Noa is reunited with the rest of his tribe, the bad news is that they're all enslaved by mad king Proximus Caesar (Kevin Durand).

Surprisingly, Proximus doesn't hate humans as much as the other apes in these movies. He likes their culture and even keeps one (William H. Macy) as a sort of pet. Unfortunately, his love of humans has led to him picking up some of their worst tendencies, like greed and manipulation and a thirst for power. He's convinced that if he can get into a locked human vault, he can use the human "knowledge" (mostly weapons) inside to take over the world. Noa and Mae agree that they can't let that happen, but they have different, and perhaps conflicting motivations.

To be honest, until it reaches the Kingdom, this movie drags. The destruc-



tion of the peaceful village is just so expected from this kind of movie, as is the journey filled with unlikely friendships. Fortunately things pick up toward the end, with the psychology of shifting loyalties and some memorable action. Let's just say that this movie adds another chapter to this franchise's complex history with gun violence.

The exciting conclusion is admittedly quite successful in making the audience (including myself, since I'm recommending it) forget what a slog the movie was beforehand. "Kingdom" is going to do well enough that we'll probably see another

"Planet of the Apes" in the near future, and sure, I'm interested enough to stay with this continuity for a while. No character in this movie is as memorable as Serkis' Caesar, of course, but I'd like to see how some relationships and journeys develop. It won't happen for this movie, but who knows, maybe a future installment can finally score one of the apes that elusive Oscar nomination.

Grade: B-

"Kingdom of the Planet of the Apes" is rated PG-13 for intense sequences of sci-fi violence/action. Its running time is 145 minutes.

Deven Riley-Marini Promoted At DJSA Architecture PC

DJSA Architecture PC, a full-service architectural firm specializing in commercial and corporate design, announces Deven Riley-Marini has been promoted to project manager within the firm.

Riley-Marini, a resident of Quincy, joined the firm as an assistant project manager in May of 2023.

In her new role, she manages all aspects of client, team, and project coordination. She is responsible for leading projects from



DEVEN RILEY-MARINI

initial concept through to construction. Additionally, she interacts directly with

clients, as well as with consultants and local permitting officials as she guides projects through initial zoning, planning, and design review.

Current projects she's leading include mixed-use development on the Cape and South Coast. Her abilities to understand each town's different approaches to zoning and to work collaboratively with others contributed to her promotion, as did her strong presentation and interpersonal skills.

Riley-Marini earned a

Bachelor of Arts degree in architecture at the University of Massachusetts Amherst. She is an avid reader and enjoys hiking, camping, or skiing in her free time.

"Since day one, Deven has been a focused, driven professional willing to dive in and take the lead on any task," said Dennis Swart, president of DJSA Architecture PC. "Her fun and engaging personality has also made her a great addition to the DJSA team, and her promotion is very well-deserved."

Three Residents Graduate University Of The Cumberlands

Three residents of Quincy recently graduated from

the University of the Cumberlands in Williamsburg, KY.

The local graduates are: Varun Kumar Reddy Dharmanolla, Allen Robert Watts and Dillon Yearwood.

Caitlin Ho Completes Senior Thesis At WPI

Caitlin Ho of Quincy, a member of the class of 2024 majoring in Mathematical Sciences at Worcester Polytechnic Institute (WPI), recently completed a senior thesis that is required of all graduating seniors as part of the university's distinctive project-based educational experience.

The project, ML for System Identification and Parameter Estimation, was Ho's Major Qualifying Project (MQP), one that is usually team-based and often focuses on very specific issues or needs of an organization that has partnered with the university to sponsor the student's work.

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WHAT'S COOKING

with
Marie & Suzie

By MARIE D'OLIMPIO and SUZIE FALCO



Jean's Chicken Wings

By MARIE

My niece, Jean, loves trying new recipes and often has company for dinner.

One night she decided to make a chicken wing recipe that she found on the internet. She made a couple of changes and additions to the recipe, and said they were delicious and got lots of compliments on these wings.

Directions and Ingredients

Preheat oven to 425 degrees.

Line a large baking sheet with parchment paper or lightly grease either with cooking spray or vegetable oil.

- 2 pounds chicken wings
- 1 and 1/2 teaspoon of salt
- 1 teaspoon black pepper
- 1/4 teaspoon white pepper
- 1/2 teaspoon onion powder

- 1/2 teaspoon garlic powder
- 1/2 teaspoon paprika
- 2 teaspoon baking powder
- 2 tablespoons all-purpose flour

Combine all ingredients in a large zip lock bag and shake the bag until well blended.

Then, in batches, add about 5 chicken wings to the zip lock bag and shake until the wings are well coated.

As each batch of the wings is coated, place them on baking sheet.

Repeat process until all chicken wings are coated and placed on baking sheet.

Bake for 25 minutes and then turn each wing and bake for another 25 minutes.

Turn one more time and bake for another 7-10 minutes or until color is a deep golden brown.

Healthy Pineapple Whip

By SUZIE

Pineapple helps with digestion, is loaded with soluble and insoluble fiber, contains important vitamins and minerals, including good amounts of vitamin C, thiamin, and folate.

This healthy Pineapple Whip is so easy to make and good! Super creamy and refreshing, this mouth-watering frozen treat has three ingredients, no refined sweeteners and whips up in minutes.

You can have it as a whip or make it thinner for a more liquid consistency.

Healthy Pineapple Whip
(authored by Ashley Vergeres)
Yield: 2-3 servings

Ingredients

- 1 fresh pineapple, cut into chunks and frozen (about 6 1/2 cups)

- 1/2 to 1 cup cold organic coconut milk
- Juice of 1/2 organic lime
- 1-2 tablespoons raw, light-colored honey - optional

Instructions

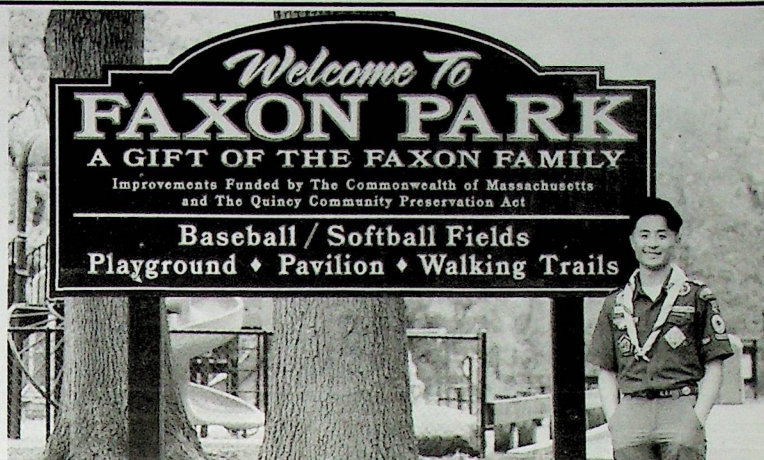
1. Remove the frozen pineapple from the freezer and allow it to sit at room temperature for about 3 minutes.

2. In a high-powered blender, add the frozen pineapple, 1/2 cup cold coconut milk, lime juice and optional honey.

Begin to pulse the blender, only adding a little extra coconut milk if needed to blend, scraping down the sides as necessary.

The pineapple whip should be smooth and blended into a "soft-serve" consistency.

Only add extra coconut milk as needed so you don't end up with a thinner consistency.



LEO HE, a senior at North Quincy High School and president of Crew 42 in Quincy, is currently fundraising for his Summit Scout Project. Information on how to contribute including a QR Code below.

Courtesy Photo

Scout Seeks Support For Project

Hi, my name is Leo He. I am a senior at North Quincy High School and president of Crew 42 in Quincy, and I am currently fundraising for my Summit Scout Project.

I have always been passionate about exploring the great outdoors, and I constantly seek ways to share this passion with others. In 2021, I completed my Eagle Scout project by improving the Black's Creek Trail through laying mulch, adding erosion bars underground, adding signage, and cleaning up trash. I believed that the changes had been beneficial to the Quincy community. I was able to do this through the generosity of donors and support of community volunteers.

This year, I am ready to tackle another project to benefit the hiking trails in my community. With my project proposal approved by the Quincy Parks & Recs Department, I am ready to embark on an improvement at Faxon Park. My initiatives aim to expand



the Blue Trail, add essential trail markers, and erect a welcoming kiosk featuring a graphic map of the entire park.

Here's a glimpse of what your generous donations will support:

• **Extension of the Blue Trail:** By extending the Blue Trail, we'll unlock new pathways and opportunities for exploration, allowing hikers to delve deeper into the park's natural wonders.

• **Trail Markers:** Clear and concise trail markers are essential for guiding adventurers along their journey and ensuring a safe and enjoyable experience for all skill levels.

• **Welcome Kiosk:** The welcome kiosk will serve as

a focal point for park visitors, providing them with valuable information, including trail maps, points of interest, and safety guidelines. It will be a gateway to adventure, igniting curiosity and fostering a sense of community among outdoor enthusiasts.

I am committed to making Faxon Park a premier destination for your trail endeavors. But I cannot do it alone. I need your support to turn this vision into reality. Every donation, no matter the size, will make a difference.

I have created a GoFundMePage for this project (<https://gofund.me/d4c50ba6>), and can take cash or check donations made payable to Quincy Friends of Scouting at 21 Puritan Dr., Quincy, MA 02169. A QR fundraising code also appears above.

Thank you for your generosity and unwavering support.

Warm regards,
Leo He

BBB Tips For Researching, Choosing An Assisted Living Facility

By BETTER BUSINESS BUREAU

Choosing an assisted living facility is a big decision. Whether you decide for yourself or a loved one, you want to find a new home that meets all your clinical, financial, and lifestyle needs.

Here are BBB's tips for researching assisted living facilities and finding the best option for you:

Tips for choosing an assisted living facility

• **Get recommendations.** Ask friends, family, and your doctor what assisted living facilities in the area they would recommend. If someone you know lives in an assisted living facility, ask them how they like it. Their experience can give you insight into what facilities have the best reputation in your local area. You can also use the Eldercare Locator, a public service of the Administration on Aging (AoA), to consult with your local agency on aging for information on trusted assisted living centers. Check out BBB Accredited assisted living facilities in your area.

• **Consider your needs.** Residents in assisted living facilities usually need help with some basic activities of daily living. These basic activities include bathing, dressing, eating, and getting around. A few assisted living communities specialize in caring for people with specific conditions, such as Alzheimer's disease. The level of care assisted living facilities offer can vary greatly, so consider how much assistance you need and go from there.

• **Consider the cost.** Medicare doesn't cover assisted living costs, which is why most people pay with private funds even though it's costly. If you need help paying for assisted living, speak with a financial advisor. Assisted living staff may also be aware of local resources and assistance programs you can use to help lessen the costs.

• **Ask a long-term care ombudsperson for advice.** Find your state's long-term care ombudsman program for more information about assisted living facilities in your area. Your local ombudsperson can help you investigate facilities and get to know their track record.

• **Think about location.** Facilities close to friends and families are often the best choice. Not only will they allow residents to receive lots of visitors, but employees will also know that their care is under the scrutiny of the resident's visitors.

• **Ask plenty of questions.** Before calling assisted living facilities, consider the questions you must ask, as gathered from AARP. These might include some of the following:

- o How many residents does the facility accommodate?
- o Are there units with private kitchens and bathrooms?
- o Are the rooms furnished?
- o What personal possessions can residents bring with them?
- o Are pets allowed?
- o What amenities are available to residents?
- o Are there personalized care plans for each resident?
- o How are additional services billed?
- o Are there doctors, nurses, pharmacists, physical therapists, housekeepers, cooks, and activity directors on staff?
- o Does the facility run background checks on staff?
- o Can residents keep seeing their current physicians?
- o What happens if a resident's health deteriorates and needs additional care or a hospital stay?
- o What safety features does each residential unit feature?
- o What is the staff-to-resident ratio during the day and at night?
- o How often are rooms and common areas cleaned?

o How often can family and friends visit? Can a friend or family member stay the night?

o What are the meals the facility serves, and how often?

o Are all utilities included in the overall cost of a unit?

• **Make a checklist.** With so many needs to meet and questions to ask, it's a good idea to write everything down. Make a checklist of your most important questions and take it with you when you visit a facility. Write down the answers too. This checklist will come in handy when you start comparison shopping.

• **Be observant when you visit the facility.** As you tour a facility, keep your eyes open to the cleanliness, activities, safety features, available common areas, how friendly the staff is, and how healthy and happy the residents seem. Be bold and ask any residents you meet about their experience.

• **Compare several facilities before you decide.** Don't just choose the first facility you visit. Instead, tour several facilities and compare them.

• **Carefully review contracts.** It's easy to skim long, wordy documents, but it's critical to always read assisted living contracts from start to finish. Keep an eye out for unexpected fees or deposits, so you won't have any surprises when your first bill arrives. In addition, pay attention to the rules regarding discharging or evicting a resident, late, or missed payments, and how the facility handles (or limits) your rights to file a lawsuit should something go awry.

More Quincy news:

The Quincy Sun.com

Social Security Matters Shocked Because Medicare Increase Results In Loss Of Social Security Benefits

By RUSSELL GLOOR

National Social Security Advisor
at the AMAC Foundation, The Non-Profit Arm
of the Association of Mature American Citizens

Dear Rusty: My wife and I have taken a Social Security "Cut" -- no 3.2% raise for us, due to something called "IRMAA," based on our income. We actually took, together, a \$400 a month cut. As far as I can tell from what they told me, we are means tested and were too successful, so our Medicare premiums were much higher, which resulted in our reduced Social Security for 2024. Have you sorted this out? And, if so, can I appeal this disgusting situation?

Signed: Baffled Senior

Dear Baffled: We're very familiar with the "Income Related Monthly Adjustment Amount" -- not so affectionately called "IRMAA." IRMAA catches many Social Security beneficiaries by surprise, not only higher earners such as you, but also those who make large withdrawals from a tax-deferred account, who sell property, or who have any other kind of sudden large bump in their taxable income. Essentially, if your income is over certain thresholds for your IRS filing status, you pay a higher "IRMAA" premium for your Medicare Part B (coverage for outpatient services) and your Part D (prescription drug coverage). And since your Medicare premium is automatically deducted from your Social Security payment, your net monthly Social Security payment goes down.

Any COLA added to your Social Security benefit is often consumed by an IRMAA increase to your Medicare premiums. And, to further complicate matters, your Medicare premium for the current year is determined by your income from two years prior, which means your 2024 Medicare premiums were determined by your 2022 income.

The IRMAA thresholds are different depending on your income tax filing status, but assuming you file your taxes as "married/jointly," your combined 2022 income had to be more than \$206,000 to cause IRMAA to apply in 2024. With income between \$206,000 and \$258,000, each of your Part B premiums would be \$244.60 (instead of the standard \$174.70), and your Part D premium (if you have Part D) would incur another \$12.90 on top of your regular Part D premium amount. IRMAA premiums further increase on a sliding scale, and those with income of \$750,000 or more would pay a maximum Medicare Part B premium of \$584/month and would incur another \$81 per month added to their normal Part D premium. Thus, as you have noted, Medicare premiums are, indeed, "means-tested."

Can you appeal "this disgusting situation?" Well, you can always appeal any Social Security determination, but appealing IRMAA will only be successful if you can prove that the income they used to determine your 2024 Medicare premium was incorrect, or if you can convince them to use a more recent year with a lower income to calculate your Medicare premium. If you believe you can be successful, you should call Social Security (1.800.772.1213) to formally appeal the IRMAA premium, or you can submit form SSA-44 to appeal based on a "life-changing event."

I know that understanding how IRMAA works won't soften your dismay, but I can only explain the rules and how they work. Your 3.2% COLA increase for 2024 was used to offset some of the IRMAA Medicare premium increase caused by your higher income, and it is IRMAA which caused your net Social Security payment to go down. FYI, your Medicare premiums are recalculated each year, so if your income goes down to below the IRMAA threshold for your tax filing status, then your Medicare premium will revert to the standard amount for each year.

I hope this clarifies why your Social Security payments went down and why you didn't see your COLA increase, but the AMAC Foundation is always available to answer any questions you may have about Social Security.

This article is intended for information purposes only and does not represent legal or financial guidance. It presents the opinions and interpretations of the AMAC Foundation's staff, trained and accredited by the National Social Security Association (NSSA). NSSA and the AMAC Foundation and its staff are not affiliated with or endorsed by the Social Security Administration or any other governmental entity.

To submit a question, visit amacfoundation.org/programs/social-security-advisory or email ssadviser@amacfoundation.org.

DiBona Candidate Norfolk Register Of Deeds

Quincy Councillor at-Large Noel DiBona announces he is running for Norfolk County Register of Deeds.

DiBona has been a councillor at-large since 2016 and was first elected to the Quincy School Committee in 2013.

DiBona, who is seeking the Democratic nomination for Norfolk Register of Deeds, says he is no stranger to Norfolk County. In his campaign announcement, DiBona noted he was a three-year employee of the Registry of Deeds as the director of Administrative Services. DiBona worked



NOEL DiBONA

at the Norfolk County Sheriff's Office for four years prior to being an employee of the Registry of Deeds.

DiBona was a small business owner for 26 years at Russ DiBona & Son Landscape & Snow.

"I want to bring my public and private sector experience and management skills to the Registry of Deeds," DiBona said in a press release. "My main objective is to work with attorneys, title examiners and employees to allow the best customer service experience to the users. I pledge to bring modernization and software upgrades to the information technology infrastructure. The goal is to preserve, protect and maintain all deeds and documents. I pledge to work col-

laboratively with the county commissioners, county director, advisory board and the information technology department to ultimately improve the services to the customers."

DiBona will be running in the Democratic Primary on Tuesday, Sept. 3. The public is invited to a Kick-off Reception on Wednesday, May 29th from 5:30-7:30 p.m. at the Bay Pointe Waterfront Restaurant in Quincy.

DiBona said visit his website at noeldibona.org for more information on his run for Norfolk County Register of Deeds.

Police, Park, Library Budgets OK'd

Cont'd From Page 3

more on June 3. Those officers would begin their academy training the following week.

DiBona also asked the police chief about the number of opioid overdoses in the city. So far this year, Kennedy said there have been 70 overdoses in the city. Quincy police were able to reverse 26 of them using Narcan and 10 were fatal. Kennedy said there has been "an explosion nationwide" in pill-press operations that use fentanyl.

"What we're seeing is these manufacturers taking fentanyl, binding them with binding agents, and they have these pill presses that will actually produce what appears to be a pharmaceutical grade Percocet," Kennedy said.

Working with the Drug Enforcement Administration and the Quincy Public Schools, the Police Department put every student at Quincy and North Quincy high schools through the DEA's One Pill Can Kill campaign, to alert students about the danger of taking pills that may contain fentanyl, Kennedy said. The department also has clinicians who are able to do follow ups with individuals who have overdosed.

Ward 5 Councillor Daniel Minton asked Kennedy about issues along Wollaston Beach and Quincy Shore Drive, including drinking, excessive noise from parties and motorcycles, and speeding. Kennedy said the department would partner with State Police, which has jurisdiction over Quincy Shore Drive, to patrol the area.

"We're going to be working with them to better patrol the beach," Kennedy said.

Ward 4 Councillor James Devine credited the Police Department for stepping up traffic enforcement in his ward, saying it has "gone

a long way and people are noticing it." Kennedy said he has reinvigorated the department's traffic unit and the goal is not to hit people in the wallet, but to educate them.

Also approved on May 15 were the budgets within the aegis of the Department of Natural Resources. Those are the cemetery budget (set to increase from \$1.2 million to \$1.25 million), parks (up from \$4.35 million to \$4.64 million) and recreation (up from \$1.27 million to \$1.31 million).

Commissioner of Natural Resources Dave Murphy said those budgets include funding for an additional laborer/gardener in the cemetery division who will help the city maintain the seven acres of burial spaces being added at Pine Hill Cemetery. They also include two new laborer/gardeners within the parks division "to account for the capital investments we have made in the park system in the past five years," he said. The parks budget also has a new coordinator of heritage position;

Murphy said that position is currently being paid for using federal funds.

The line item for tree plantings in the parks budget is to decrease in the new fiscal year, from \$400,000 to \$300,000. Murphy said that's because the city received a five-year, \$750,000 grant from the federal government for tree planting. The department has planted more than 770 trees over this past year, primarily street trees, he said, and more than 2,800 trees over the past five years.

Councillor Scott Campbell said he applauded the work being done by the department and residents to help plan improvements to the Furnace Brook Golf Course and Forbes Hill Park.

"A passionate group of neighborhood people are really looking for the best out of the area; I applaud them. I applaud you. I applaud the entire process," Campbell said. "You took in all the input from the neighbors, that

entire group, and I just want to applaud you for how it was done."

Minton said the recreation department's new offerings for adults could help draw people to the city.

"It's just a win-win," Minton said.

The budget for the Thomas Crane Public Library, which will increase from \$4.27 million to \$4.37 million, was likewise approved on May 15.

Library Director Sara Slymon said this past year has been a busy one for the library -- its daily attendance in fiscal year 2024 was twice that of fiscal year 2023, she said. Over the past year the library has launched its new library of things and collections of video games and vinyl records, she said.

In the pipeline for next year, Slymon said the library "has big plans to help celebrate Quincy 400" and will also "rollout a complete library rebrand." The library will also upgrade its storage space for archives and spe-

Cont'd From Page 13



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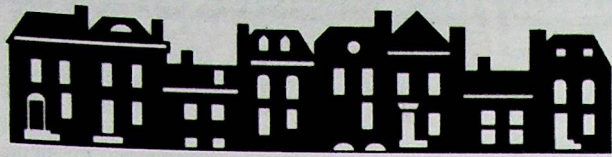
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Real Estate

Quincy Real Estate Transactions May 13 - May 17

Transactions are compiled by the Norfolk County Registry of Deeds

SELLER

Michael Palaza
Fiona Wu & Jing Wang
Tracy Maloney
Gordon Wong
Yanling Tan
Lily Mai
Todd Sullivan & Patrice Kelly
Josephine & Peter Nichols
Saqo LLC
Steven Ross & QS Lending Trust
Karen Christensen
Nancy Goldie & Campbell Realty Trust
David Granai & Edward Distasio
Benjamin & Mayanne Lunt
Dominador Lopes
Thomas Kimball
Jonathan & Christopher Carlson

BUYER

Joseph Dwyer
Minh Luong & Nhi Phuong
Simon Chen
Shi Dong & Mei Chen
Su Wu
Defu Yu
Qing Chen
Quang Nguyen, Thus Ho & Dung Pham
Stanley Emmanuel
Kevin Kast & Nicole Kinsley
1372 Hancock Street LLC
Jieru Zhang & Guiping Chen
Joseph & Josephine Shea
Hannah Donovan & Conor Roche
Yidi Kang
Duong-Lam Realty Trust
Justin Pham

AMOUNT

\$800,000
\$830,000
\$700,000
\$597,000
\$265,000
\$480,000
\$830,000
\$969,000
\$775,000
\$1,165,000
\$145,000
\$750,000
\$695,000
\$541,500
\$195,000
\$510,000
\$780,000

ADDRESS

335-337 Franklin Street
23-25 Dartmouth Street
62 Upton Street
166 Quincy Shore Drive
35 Des Moines Road
934 Southern Artery
65-67 Avalon Avenue
70 Hobart Street
32 Shennen Street
210 Adams Street
1372 Hancock Street
79 Piermont Street
40 Greenleaf Street
126 Turner Street
195 Thomas Burgin Parkway
297 Franklin Street
45-47 Garfield Street

GOOD DEEDS: The True Meaning Of 'Support The Troops'

By WILLIAM P. O'DONNELL
Norfolk County Register of Deeds

This month, we observe Memorial Day to honor and remember the brave men and women who died while serving in the United States Armed Forces. With this in mind, I want to take a moment to reflect about the true meaning of "support the troops."

For me, as the father of a Service Member, supporting our troops goes beyond a simple gesture. It means actively getting involved and reaching out to the brave men and women whose commitment and service to our country is both unwavering and inspiring. By truly supporting our troops in a meaningful way, we can honor their sacrifices and show our gratitude for their dedication to protecting our freedoms.

In the spirit of one of the United States Army's 10 principles of leadership,

leading by example, I want to share with you a few ways that we at the Norfolk County Registry of Deeds have not only shown our support but acted on that principle to hopefully inspire others to do the same.

Providing clothing donations to Veteran organizations is a simple yet impactful way to show appreciation for our Veterans. This small act to benefit Veterans can make a significant difference in their lives.

In 2016, the Registry of Deeds made a commitment to the Veteran Affairs Boston Healthcare System Voluntary Service program by expanding the Registry's "Suits for Success" program to include veterans, starting with Jamaica Plain VA Medical Center. Since that time, this partnership has grown to include the West Roxbury VA Medical Center and the Brockton VA Medical Center. Since the Registry started the "Suits for Success" program in February 2009, it has collected and distributed more than 11,500 articles of clothing to local non-profit groups throughout southern Massachusetts.

Another way to show your support is by sharing the story of a fallen hero. By telling their stories, it ensures that their legacy lives on and that future generations will remember the sacrifices made by these brave men and women.

In November 2023, the Norfolk County Registry of Deeds celebrated the Veterans of Norfolk County with an open house and the release of our third volume of Notable Land Records titled "We Remember Our Veterans."

These stories allow us to honor the sacrifices made by Veterans and gain a deeper understanding of why it is crucial to support and care for our Veterans today.

The evening's event took on a special significance as Veterans' Services Secretary Jon Santiago, the highest-ranking state veterans' official in the Commonwealth, spoke about the role of Veterans and the sacrifices they make on behalf of our freedoms.

Lastly you can actively participate in the veteran community. You can show respect on Memorial Day



NORFOLK COUNTY Register of Deeds William P. O'Donnell and John Pelose, adjutant for Braintree American Legion Post 86 hold up the freshly signed Statement of Support for the National Guard and Reserve.

Courtesy Photo

by going to a national cemetery or war memorial, putting flowers or flags on the graves of Veterans, or going to a local parade or ceremony. Another option to be active in the Veteran community and show your support is to talk to a Veteran or Veterans' group.

Recently, I had the honor to meet with the Veterans and Veteran Family Members of Braintree American Legion Post 86 to share some of the programs and services that are available through the Registry of Deeds. During that event it was my plea-

sure to sign a Statement of Support for the National Guard and Reserve, joining others throughout the United States in pledging that I fully recognize, honor and enforce the Uniformed Services Employment and Re-Employment Rights Act and will continually recognize and support our country's service members and their families in peace, in crises and in war.

So, I hope that this Memorial Day, you will join with me and your fellow Americans in not only showing your support but also

taking the time to be active in the Veteran community so that we can all truly reflect on the sacrifices made by our brave men and women in uniform and express our gratitude for their service and dedication to this great Country, the United States of America.

Early Deadline For Next Week's Quincy Sun

Because of the Memorial Day holiday Monday, there is an early news and advertising deadline for next week's Quincy Sun.

Deadline for news releases, retail and classified advertising and legal notices to be published in the May 30th issue is noon tomorrow (Friday).

The Sun office will be closed Monday, May 27th in observance of Memorial Day.

For more information, call The Sun office at 617-471-3100.



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Koch Seeks \$285,000 Salary; Councillors \$47,500 Each

Submits Ordinances Requesting Bumps Of \$134,000 For Mayor; \$17,700 For Councillors

By SCOTT JACKSON
Mayor Thomas Koch on Monday introduced ordinances that would increase his annual salary to \$285,000 and the salary of all nine city councillors to \$47,500 each.

If those items are approved by city councillors, the mayor's salary would increase from \$150,943 and the councillors' salaries would increase from about \$29,800 each. The new salaries would take effect on Jan. 1, 2025.

Raises for the mayor and city councillors were last approved in the spring of 2014.

City councillors in April received a report from Dorminson Consulting, rec-

ommending the mayor's salary be increased to between \$298,957 and \$370,000. The city paid Dorminson \$9,500 for the report.

Koch's chief of staff, Chris Walker, on Monday told city councillors the proposed \$285,000 salary for the mayor strikes a balance between the Dorminson recommendation and the compensation for other officials in the region.

"We believe the number strikes a balance between the analysis provided by that study and some straight comparatives with similar communities and positions within the Greater Boston area...It will be higher than some places to start, but that won't last long based

on what we've seen in the marketplace. It will be lower to start than a number of places, including the city of Cambridge city manager and the Plymouth town manager position," Walker said. (The city manager of Cambridge is paid \$325,000 and Plymouth's town manager is paid \$293,000.)

In addition, Walker said that the salaries need to be increased to ensure qualified candidates are not dissuaded from running for office in the future.

"I'd like to add a piece of the thinking that hasn't really been discussed to date, and that's the future. The proposal is not strictly about raising the salary of our current mayor for the first

time in a decade, although that's true. It's about raising the salary of the position of mayor to an appropriate place to ensure that when the time comes, the salary is enough to attract and retain experienced, talented, committed, passionate individuals to the position," Walker said.

"Nobody gets into public service or elected office — you all know that — for the money, but we should not have a system that actively dissuades people from participating."

"The same argument applies to the second item on the agenda, raising councillors' salaries to \$47,500," Walker added. "Again, this will be the first adjustment for this body in over a decade and represents what

the administration believes is fair, accurate compensation for what you all do every day."

The ordinance providing a salary increase for the mayor was referred to the council's finance and ordinance committees, both of which are committees of the whole, for review at a future date.

Ward 6 Councillor William Harris objected to the ordinance providing for an increase in the councillors' salary, preventing it from being sent to committee at Monday's meeting. The item can be referred to committee during the next City Council meeting on June 3.

The council's finance committee is expected to review the budget for the

mayor's office and council office on June 3 during the third and final series of scheduled hearings — those budget hearings begin at 6:30 p.m. that evening, with a regular council meeting set for 7:30 p.m. Koch did not include raises for himself or the councillors in the fiscal year 2025 budget he introduced on May 6. At the time, he said the budget could be adjusted to include raises if they were approved.

The council held a public hearing on the budget on May 13. After Monday's council meeting, City Solicitor James Timmins said he would need to review whether a separate public hearing would be required relative to the proposed ordinances.

'Trial By Fire - Then And Now' Photojournalist Returns In June

Almost five decades have passed since the distinguished award-winning photojournalist and National Geographic book author Robert H. Miller placed his camera to his eye and photographed the Quincy Fire Department in action to document their esteemed institution. In a poignant reunion scheduled next month, Miller will return to the historic firehouse, armed with his camera, to continue his photo series "Trial By Fire—Then and Now."

Miller is known for his exceptional photography and is the author of several books, the latest with National Geographic, with his 2016 book Veterans Voices: Remarkable Stories of Heroism, Sacrifice, and Honor. Miller spent time with the Quincy Fire Department during college in the summers of 1975 and 1976, creating the photo series "Trial by Fire," which showcased Quincy's firefighters' dedication, bravery, and activities. The current Fire Chief, Chief Joseph Jackson, has invited Miller back to the firehouse to revisit it and continue the visual narrative that began five decades ago.

"We are thrilled to extend this invitation to Robert H. Miller, having lived amongst us in 1975-76 as part of his first college photojournalism story," Chief Jackson said. "Mr. Miller holds a special place in the hearts of Quincy firefighters. We look forward to witnessing the evolution of his craft and collaborating with him once more to capture the essence of our fire service."

During his stay, the Quincy Fire Department will again provide him with

an immersive experience among the firefighters. It will allow him to document the behind-the-scenes moments, immerse himself in the daily activities, and truly grasp the spirit that defines the Quincy Fire Department.

Miller's return will allow him to stay at the Quincy fire house Headquarters as he did 50 years ago, beginning on June 6, and will be available for interviews throughout his stay. Miller has been invited to join the annual Firefighter Memorial Sunday ceremony on June 9, to commemorate his visit. This solemn event pays tribute to the brave firefighters who have selflessly served the community.

The timing of Miller's return holds particular significance as Quincy, Massachusetts prepares to celebrate its 400th year as a settlement in 2025, under the banner "Quincy 400", which will

be a year of celebration and pageantry. Quincy is known as the "City of Presidents" and home to Second President John Adams and his son, Sixth President John Quincy Adams. It is also home to John Hancock, Abigail Adams and many other historic giants. As the city's cultural, political, and social heritage takes center stage, Miller's captivating past and present photographs will undoubtedly contribute to the vibrant tapestry of Quincy's history. These visual narratives will serve as a testament to the city's enduring legacy and the invaluable service provided by its firefighters.

For more information about the Quincy Fire Department, visit their official website at: <https://www.quincyma.gov/departments/fire/index.php>.

Robert Miller's website: <https://www.roberthmiller.com>.

Mite Box Thrift Shop Open Saturday, June 1

The Mite Box Thrift Shop located at The Parish of St. Chrysostom, 1 Linden St., Quincy, will be open Saturday, June 1 from 10 a.m. to 3 p.m.

Normal hours are Wednesdays and Fridays from 10 a.m. to 3 p.m.

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FLAGS FOR VETS ISLAND SQUADRON 294

Bricks for Veterans Program



Honor, Memorial Bricks Available For Purchase

The Sons of the American Legion, Squadron 294, Morriste American Legion Post in Quincy has resumed selling engraved honor and memorial bricks for its "Bricks for Veterans" at Flags for Veterans Island, Fort Square, Quincy.

Bricks are available for \$50 each. The bricks can be inscribed with a veteran's name, rank and branch of service. Two sample bricks appear above.

This form can be clipped, filled out and mailed to order a brick.

BRICKS FOR VETERANS

Line 1: Veteran Name/Rank: _____

Line 2: Branch of Service: _____

Bricks cost \$50 each

Send this form and check to:
S.A.L. Squadron 294
81-83 Liberty Street
Quincy, MA 02169

For more information or to order, call 617-407-1841

Hanly Appointed Elder Services Director; Former Director Terminated

Mayor Thomas Koch announced Monday that Michelle Hanly, the city's Recreation Director for the last five years, will be appointed as Quincy's new Director of Elder Services.

Hanly will succeed Thomas Clasby, Jr., who was terminated last Friday amid an investigation into financial irregularities within the Department of Elder Services. That investigation is ongoing, and city officials offered no further specific comment on it.

In addition to serving as its Recreation Director, Hanly has nearly 20 years of experience with the Recreation Division of the Department of Natu-



MICHELLE HANLY ral Resources, including as Assistant Director and Program Manager from 2010 to 2019, working under longtime Director Barry Welch. She has worked over the last several years in dramati-

cally expanding programming and services – including a new emphasis on adult programming. She has helped coordinate the successful Senior Olympics for the last several years, so is familiar with the workings of the Kennedy Center, the senior facility she will now lead, Koch said.

"Michelle has the experience, talent, and passion to help people to make her a perfect fit for this department. The Kennedy Center is an extraordinary place, and I expect it to remain that way under Michelle's leadership," Koch said.

Hanly has a number of professional recognitions from regional and statewide organizations, and has won a number of national grants on behalf of the Recreation Division over the years.

Koch said he is working closely with Natural Resources Commissioner David Murphy to fill Hanly's role, but added that he expects a transition period to take place over the next weeks.

Mite Box Thrift Shop Sidewalk Sale June 22

The Mite Box Thrift Shop located at The Parish of St. Chrysostom, 1 Linden St., Quincy, will hold its annual Sidewalk Sale Saturday, June 22 from 9:30 a.m. to 2:30 p.m.

The shop is looking for vendors who would like to have a table. The cost of tables is \$25 for the day.

If interested, contact Cathy at 617-472-0737.

Neighbors Concerned Over Independence Ave. Proposal

By **SCOTT JACKSON**

Neighbors raised concerns about the height of a nine-unit residential building proposed for Independence Avenue, saying the four-story structure would be too tall for the area.

The Planning Board on May 15 held a public hearing on Anton Cela's proposal to construct the four-story, nine-unit building at 10 Independence Ave. The board did not vote on the item that evening and will take up the matter again on June 26.

Located at the corner of Independence Avenue and Franklin Street, the property contains 10,973 square feet of land and is zoned Business A. It is presently home to Quincy Auto Tech.

"The Franklin Street/Independence Avenue corridor has seen quite a face-lift over the last few years," said Patrick Foley, the applicant's attorney. "Hopefully with this development here, there is an antibody repair shop there, hopefully we're able to improve the look of that corner as well."

The developer first pitched the proposal to the Planning Board in January. At that time, the proposal called for a four-story building with a commercial space on the ground floor and nine residential units on the upper floors.

At this past week's meeting, Foley said the plans had been changed since then to address neighbors' concerns. The commercial space was removed from the

plan, though the building would still be four stories tall. In addition, the building was pulled back two feet from the corner of Independence Avenue and Franklin Street to provide additional green space.

The proposed building would contain nine-residential units, all condominiums. Eight units would have two bedrooms while the other unit would have three bedrooms. A total of 21 parking spaces would be provided in a parking lot behind the building; landscaping would separate that parking lot from the parking lot of the Shop-N-Save next door. Two other parking spaces, accessible from a different curb cut on Franklin Street, had been included in the initial plan but were removed from the revised plan.

Before taking comments from the public, Kimberly Bielan, the board's chairperson, asked if the developer had considered reducing the height of the building based on the feedback received during the hearing in January.

"In light of the concerns about the size of the building, was any consideration given to dropping the whole building down?" Bielan said. "It's a tall building that's being proposed, four stories. You've now made that one front unit a two-story unit. I'm just curious what the reasoning was behind that."

The project architect, Elida Alba, said reducing the height of the building would

mean the number of units would need to decrease from nine to six.

Seven people spoke against the proposed building during the public hearing, many of whom said it was still too tall for the site. Three others submitted letters to the board opposing the building.

Cindy Brandi of Independence Avenue called the proposal "a nice looking building on way too small of a lot."

"A three-story, four- to six-unit apartment building would probably be a lot better fit than a four-story, nine-unit [building]," Brandi said.

Richard Sweeney Jr. of the Sweeney Brothers Home for Funerals on Independence Avenue said there had only been "very minor changes" to the proposal in the four months since the initial public hearing in January. The four-story building was "still too high and inappropriate for this historical setting," he added; the site on Independence Avenue sits opposite the birthplaces of John and John Quincy Adams.

"Three-story, six units and standard setbacks are not unreasonable requests for those who live and work in this neighborhood," Sweeney said. "I would propose to Attorney Foley and his team that there is still room for compromise and negotiation to make this project appealing and acceptable to all."

Marianne Peak, the su-

Councillors Approve Lunar New Year School Holiday

By **SCOTT JACKSON**

The City Council on Monday unanimously approved an order that would require the Quincy Public Schools be closed on Lunar New Year, setting up a potential showdown with the School Committee.

Councillor Nina Liang, who co-sponsored the order with four other councillors, said she could not think of a better way to close out Asian American and Pacific Islander Heritage Month than passing the order creating the new school holiday and thanked her colleagues for supporting the measure.

"I could not think of a better way to wrap up our final meeting of AAPI Heritage Month," Liang said following the council's vote.

"I already shed my tears at the last meeting, so I don't want to get emotional, but I really, truly just cannot say thank you enough. So just, thank you."

Liang and Councillors Scott Campbell, Noel DiBona, Richard Ash and Ian Cain on April 22 introduced an order to make Lunar New Year a municipal holiday

in Quincy. The order was amended on May 6 so that it would only apply to the Quincy Public Schools and was passed by the council's ordinance committee at that time.

City Solicitor James Timmins on Monday said he recommended the original order, which would have created a municipal holiday, not be approved because state law does not give municipalities the power to create such holidays. Timmins said he could find no impediment to councillors approving the amended order creating a school holiday.

"After studying the amended ordinance, I could find no impediment to voting on this ordinance. This is very different from the one that was submitted, which was looking to declare a municipal holiday, which is something the state has the sole sovereign authority over," Timmins said.

"This is very much a matter of first impression in the Commonwealth, I'll say that, but there are no impediments to the body voting on it this evening."

School Committee members on May 8 had expressed concerns about the order after councillors passed the item out of committee. At the May 8 meeting, Tina Cahill, the school's board vice chair, made a motion to seek outside legal counsel to review the matter. No vote was taken at that time, however, after Mayor Thomas Koch said such an item would need to appear on the agenda to be considered.

The School Committee was scheduled to meet again on Wednesday. On the agenda for that meeting was a request for funding for outside counsel, introduced by Cahill and her colleagues Paul Bregoli, Kathryn Hubley and Emily Lebo.

The School Committee on April 10 had voted 4-2 to adopt a calendar for the 2024-25 academic year that did not include a holiday on Lunar New Year. Bregoli, Hubley, Lebo and Douglas Gutro voted in favor of that calendar while Koch and Courtney Perdios opposed it. Cahill was not present at the April 10 meeting.



FOUR-STORY, nine-unit residential building was proposed for the corner of Independence Avenue and Franklin Street. Neighbors said the building would be too tall during a recent Planning Board hearing. The board will take up the matter again on June 26.

Rendering Courtesy Choo & Company

perintendent of the Adams National Historical Park, said concerns about the height of the building had yet to be addressed.

"The four stories really impacts our skyline," she said. "From the birthplaces, you almost feel like you can reach out and touch it. To have that tower before us changes the whole dynamic of the community."

One resident, Kelard Zera of Independence Avenue, spoke in favor of the request.

"I'm pro this project,"

he said. "Compared to what we're looking at now – we have a liquor store next to it and a garage filled with old cars pretty much every day – I personally like the idea of this."

Following the public comments, Ward 2 Councillor Richard Ash said he held two public hearings on the proposal, one in January with 75 people in attendance and one on May 14, the previous evening, with 45 people present. The majority of the residents don't disagree that the parcel should be

redeveloped, he said, but concerns remain about the size of the building and the setbacks.

Ash also said that ongoing concerns about parking and flooding in the neighborhood need to be considered as well as whether the city has any plans to improve the intersection of Franklin Street and Independence Avenue.

After the public hearing, the board voted to continue the matter until June 26 to give the applicant time to adjust the proposal.

Council OKs Police, Park, Library Budgets

Cont'd From Page 9

cial collections.

With some new books costing \$35 or more, DiBona said the library is a great resource for residents.

"I hope that the viewers and the constituents out there, the citizens of Quincy, really use the Thomas Crane library," DiBona said.

DiBona also asked if there was any update on the Wollaston branch of the library. Slymon said the city planned to start looking into options for the Wollaston branch this coming year.

"We either need to build a new one, we need to renovate and expand that one, or perhaps examine the possibility of serving a part of the city that isn't currently receiving that level of service," Slymon said, noting the library's branches are clustered in the same general area.

There is a movement in public libraries back toward bookmobiles, she added, calling them a cost effective way to serve the whole community.

"Last spring, I talked to Commissioner Murphy a little bit about doing like mobile services at the beaches in partnership with parks and recreation," Slymon said. "That's something he and I discussed, and I'd love to see in the future."

The budget for the

Traffic, Parking, Alarm and Lighting Department (TPAL) also passed on May 15. That budget is set to increase from \$3.37 million to \$3.72 million.

Department head Edward Grennon Jr. said the budget would shift the superintendent of fire alarms from TPAL back to the Quincy Fire Department, because that individual works closely with the fire chief and is less involved with the hands-on infrastructure work. The budget includes a new electrician foreman to oversee some of the administrative tasks the superintendent currently does.

The budget also includes a new assistant traffic engineer position: Grennon said that person would primarily work with the Department of Public Works and other city departments to minimize the traffic impacts of those departments' projects.

Ward 2 Councillor Richard Ash asked Grennon for an update on the ongoing work in the vicinity of the intersection of Quincy Avenue and Southern Artery. Grennon said the city has used \$200,000 in grant funding to implement improvements in the area of 1000 Southern Artery and is seeking another \$150,000 grant for additional safety improvements. TPAL is also working with the DPW to

improve pedestrian accessibility along Quincy Avenue, Grennon said. Grennon added that the road diet on Quincy Avenue - which reduced the number of lanes - has been successful.

"The road diet on Quincy Avenue, while it was startling at first for everyone, has been hugely successful," Grennon said. "We've had no, knock on wood, serious injuries to pedestrians since that road was brought down from a four-lane road to a two-lane with a shared turning lane."

Further approved on May 15 was the budget for the Department of Public Buildings, which will increase from \$8.02 million to \$8.15 million.

Ash asked Commissioner of Public Buildings Paul Hines if there was update on the Fore River Clubhouse. Hines said the building is currently usable for community events. The city has allocated \$500,000 in Community Development Block Grant funding to use on the clubhouse, Hines said, which will pay for the roof, the kitchen and upgrades to the electrical system. The HVAC system will still need to be replaced and a fire suppression system will need to be installed.

"We are moving forward," Hines said. "We'd like to be a little more ag-

gressive than we have been, quite honestly, over the last few years but it is going to be couple years before we can say it's 100 percent. It will be coming back online for use much sooner than that."

Also approved during the meeting was the budget for the Veterans' Services Department, which will grow from \$1.72 million to \$1.8 million.

The budget provides the department with funding to hire a second administrative secretary. Director Christine Cugini said the department has been assisting more veterans staying at Father Bill's for three to five months as housing is found for them.

"What we're seeing is they're getting into our system, getting enrolled in the Chapter 115 benefit, and then ultimately getting housing and then moving outside of Quincy," Cugini said, adding the new hire would help with processing those veterans' applications for benefits.

Ward 6 Councillor William Harris said he could not thank Cugini enough for the work her department does.

"I've had many enjoyable nights hearing all that you do. You do an incredible job," Harris said. "I can't say much more than that."

Councillors likewise ap-

proved the \$444,443 budget for the new Department of Grant Management, which will consist of three employees. Chris Walker, Koch's chief of staff, noted all three positions currently exist though they are funded by sources outside of the general fund.

"We are simply moving these positions, which have proven incredibly valuable, to one centralized location under the umbrella of the city's operating budget," Walker said.

Councillors welcomed the addition of the new department.

"I think it's great move to have that Grant Management Department," said Ward 1 Councillor David McCarthy, the chairperson of the finance committee, adding the department would provide a central point of contact and help the city secure grant funding.

"This department, the return that we get for the city, is unbelievable," added Devine, the Ward 4 councillor. "I don't think people understand how valuable it is."

Campbell, the at-large councillor, said he could not imagine the impact the new

department would have. Campbell also asked James Scribi, the new director, if the city has a process in place to seek grants. Scribi said the city was looking at software to keep tabs on grant applications.

"I think using software like that not only will keep us on task...it keeps us all on the same page," Scribi said. "Right now, it's more word of mouth."

Other budgets approved on May 15 include Information Technology (\$4.73 million), Board of Assessors (\$1.52 million), Emergency Management (\$240,602) and Animal Control (\$164,438).

The third and final round of budget hearings is scheduled for Monday, June 3. Councillors are slated to review the budget for the Quincy Fire Department, Department of Public Works, the mayor's office and their own budget, among others, that evening. They will also receive a presentation on the Quincy Public Schools budget, though the School Committee, not the City Council, is responsible for setting the school system budget.

More Quincy news:

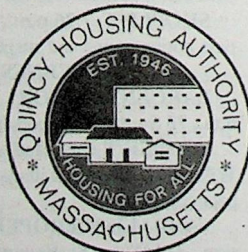
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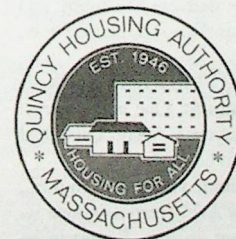
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執行董事

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今天打電話！

Housing, Shelter Alliance Honors Koch For Efforts To End Homelessness

Quincy Mayor Thomas P. Koch was among those honored by the Massachusetts Housing & Shelter Alliance (MHSA) at its annual Home for Good fundraiser and award ceremony on May 16 at WBUR CitySpace in Boston.

The 33rd and longest serving mayor of Quincy, Koch, along with Brockton Mayor Robert F. Sullivan and former Pittsfield Mayor Linda Tyer, received the prestigious Canon Brian S. Kelley Public Servant Award from MHSA which recognizes individuals who are steadfast in their commitment to ending homelessness.

Mayor Koch began his seventh term in January of this year.

During the COVID-19 pandemic, he built a strong coalition of city government and nonprofit organizations to address the growing need for temporary housing and shelter that met social distancing guidelines. Mayor Koch – bringing the full resources of the City of Quincy

to bear – partnered with the South Shore YMCA, Manet Community Health, and Father Bill's & Main-Spring to create a temporary emergency shelter to support some of the area's most at-risk residents. He also engaged with local hotels and provided the funding to test, and then temporarily shelter, those who tested positive for the virus.

More recently, Mayor Koch played a pivotal role in creating the Yawkey Housing Resource Center which includes a day center with supportive services and programs, an emergency shelter, and 30 units of permanent supportive housing.

"Mayor Koch is a leader who has supported efforts to provide housing for the most vulnerable among us," said Joe Finn, president of MHSA. "We value his ability to bring people together during challenging times around a shared goal. During his tenure, Mayor Koch has made a real and lasting difference in the lives of those he serves."



MAYOR THOMAS KOCH received the prestigious Canon Brian S. Kelley Public Service Award from the Massachusetts Housing & Shelter Alliance (MHSA) which recognizes individuals who are steadfast in their commitment to ending homelessness. From left to right: Joe Finn, MHSA president; Mayor Koch; former Mayor Linda Tyer of Pittsfield; Mayor Robert S. Sullivan of Brockton; and Joyce Tavon, MHSA CEO. Tyler and Sullivan also received the Canon Brian S. Kelley Public Service Award.

Photo Courtesy Osa Igiede Photography

The Canon Brian S. Kelley Public Servant Award is named in honor of the late Canon Brian S. Kelley,

a longtime advocate to end homelessness who served as the Canon at the Cathedral Church of St. Paul in Bos-

ton. Canon Kelley played a founding role in MHSA and other initiatives to end homelessness.

For more information on the Home for Good event, visit www.mhsa.net/homeforgood.

On Friday, May 10, at about 4:49 p.m. Officer Murphy was at 95 West Squantum Street speaking with a resident regarding a past larceny. He was notified by the building manager that they had received a call about a male climbing the rear balcony of the building and entering a unit.

Officer Murphy made his way to the area and observed an open slider door on the second floor. The building manager called the unit by telephone and did not get a response. Officer Murphy updated our Communications Division and requested additional units. He accompanied the building manager to the interior door of the apartment. There was no answer at the door however, another staff member called the manager and stated that a male had just jumped from a second story bedroom window and was running towards

A Job Well Done

By OFFICER GREGG HARTNETT
Public Information Officer
Quincy Police Department

Hancock Street.

Sergeant Richard Tapper and Sergeant Faherty, Officers O'Callaghan, Le, Curran and McBrien arrived in the area to help find the suspect. The manager advised Officer Murphy that they had video of the incident, which he was able to view. A description of the suspect was provided to the units searching the area. A short time later Officer McBrien located a male matching the description on Fayette Street. As-

sisted by Officer O'Callaghan, the suspect was handcuffed and detained.

Officer Murphy responded to their location and confirmed that the male closely matched the description. A show up identification was also conducted by the property manager. Detectives Monteith and Carthas responded to the apartment to process the scene, take photographs, and arrange to secure the video footage of the incident.

The suspect was transported back to police headquarters by Officer O'Callaghan and booked by Sergeant Benvie. He was charged with breaking and entering with the intent to commit a felony and larceny from a building. He was later arraigned at the Quincy District Court.

Job Well Done!

QUINCY POLICE CRIME AWARENESS JOURNAL

Entries submitted by the Quincy Police Department

FRIDAY, MAY 10

DISORDER (two males arguing), 12:14 p.m., Father Bill's Place, 39 Broad St. Peace restored. All involved advised.

BREAKING AND ENTERING/ATTEMPT (dwelling), 1:40 p.m., 10 Weston Ave. Report to be filed.

LARCENY (groceries), 4:03 p.m., 95 West Squantum St. Caller states he had groceries delivered to lobby and they were stolen. Management has video of the incident. Report to be filed.

BREAKING AND ENTERING/PROGRESS (dwelling), 4:49 p.m., 95 West Squantum St. One under arrest for breaking and entering in the daytime. Suspect also had five outstanding warrants. Report to be filed.

ASSAULT AND BATTERY (male yelling), 5:16 p.m., Walgreen Pharmacy, 418 Quincy Ave. Trespass notice issued by the store manager and sent on way. Report to be filed.

DISORDER, 6:05 p.m., 20 block of Billings Road. Issue over parking. Peace restored.

DISORDER (youths fighting), 8:48 p.m., Point Webster Middle School, 60 Lancaster St. All youths involved were not cooperative and fled the area in vehicles.

DISORDER (in progress), 10:53 p.m., Walmart, 301 Falls Blvd. Report to be filed. Both involved persons sent on way.

SATURDAY, MAY 11

DISORDER (possible), 5:19 p.m., 60 block of Stewart Street. All involved persons dispersed and went their own separate ways.

SHOPLIFT (customer service desk), 8:40 p.m., Walmart, 301 Falls Blvd. Trespass notice issued and suspect sent on the way. Store to handle.

LARCENY (UPS package), 9:01 p.m., 999 Hancock St. Report to be filed.

LARCENY/ATTEMPT (catalytic converter), 9:53 p.m., Hodges Court. One under arrest for two counts of assault and battery, trespassing and five outstanding warrants. Report to be filed.

SUNDAY, MAY 12

VANDALISM/PROPERTY (tire slashed), 9:29 a.m., Wall Street. Tires slashed, no suspects. Case number provided.

DISORDER (over laundry), 10:29 a.m., 27 Temple St. Peace restored.

SHOPLIFT (juvenile), 2:44 p.m., Target, 289 Hancock St. Trespass notice issued. Parent notified and juvenile sent on the way.

MONDAY, MAY 13

LARCENY (cat), 5:47 p.m., 98 Phipps St. Report to be filed.

SHOPLIFT (female), 7:43 p.m., CVS Pharmacy/24 Hour, 42 Beale St. Trespass notice issued and suspect sent on the way. Store to handle.

WORKING FIRE (mulch fire), 7:52 p.m., Quincy Shore Drive and Sea Street. Handled by QFD.

SHOPLIFT (stole liquor), 8:42 p.m., Walgreen Pharmacy, 132 Granite St. Suspect fled the area, unable to locate. Store to handle.

VANDALISM/PROPERTY (smashed windshield), 10:19 p.m., 530 Willard St. Case number provided. Report to be filed.

SHOPLIFT (fled), 10:45 p.m., Walmart, 301 Falls Blvd. Suspects stopped 1400 block QSD. Stolen property recovered. Advised and sent on way.

TUESDAY, MAY 14

SHOPLIFT (3 shoplifters), 12:41 a.m., CVS, 42 Beale

St. Three suspects detained by Officer Harrington across the street. All three trespassed and sent on the way. Merchandise recovered.

SHOPLIFT (in progress), 3:25 p.m., Stop and Shop Supermarket, 495 Southern Artery. All stolen items recovered. Trespass notice issued to the suspect, sent on the way. Store to handle.

SHOPLIFT (still in store), 4:25 p.m., Walgreen Pharmacy, 132 Granite St. Two suspects issued trespass notices and sent on the way.

DISORDER (in progress), 5:13 p.m., Snug Harbor School, 330 Palmer St. Peace restored. Advised.

SHOPLIFT (fled), 6:24 p.m., Walgreen Pharmacy, 132 Granite St. Unable to locate suspect. Store to handle. Will call if suspect returns.

SHOPLIFT, 7:26 p.m., Target, 289 Hancock St. Trespass notice issued and suspect sent on the way.

WEDNESDAY, MAY 15

LARCENY/MOTOR VEHICLE (moped), 11:13 a.m., 75 South St. Report filed. Unable to locate moped.

SHOPLIFT (just fled), 3:50 p.m., Home Depot, 177 Willard St. Store got items back. They will call if the suspect comes back.

VANDALISM/PROPERTY (damage to vehicle), 3:59 p.m., 314 Water St. Report to be filed.

LARCENY/MOTOR VEHICLE (moped), 7:33 p.m., 387 Water St. Report to be filed.

THURSDAY, MAY 16

LARCENY (packages/past), 11:09 a.m., 110 Whitwell St. Report to be filed.

BREAKING AND ENTERING/MOTOR VEHICLE (overnight), 1:15 p.m., Malden Street. Report to be filed.

DISORDER (employee vs. customer), 6:31 p.m., Seven Eleven Store, 75 Copeland St. Peace restored. Involved person sent on way.

Library Announces Opening Of New 'Cranium' Makerspace

The Thomas Crane Public Library announces the grand opening of "The Cranium," a new collaborative and interactive makerspace

for patrons of all ages. A grand opening reception will be held on Thursday, May 23 from 3-4 p.m., inside the Main Library,

located at 40 Washington St. Members of the public are invited to stop by for the official ribbon-cutting, take a look at some of the

new maker tools, and learn about upcoming programs for June.

The library will also host Open Houses, where people can stop by The Cranium and learn more about its offerings, on Friday, May 24 from 10 a.m. to 12 noon; Thursday, May 30, from 6:30-8:30 p.m.; and Tuesday, June 4 from 2-4 p.m.

The space will officially open to the public in July.

A makerspace is a collaborative work space for making, learning, exploring and sharing where people can gather to get creative with DIY projects. "The

Cranium" makerspace will be open to kids, teens and adults interested in learning how to use a variety of maker equipment, such as a Glowforge Laser Cutter, Toybox 3D printers, Robo E3 3D printers, Vaguform machines, Cricut machines, sewing machines, metal stamping tools, button makers, sublimation printers, craft supplies and more.

Some makerspace items, such as Toybox 3D printers, will also be available for check-out with your library card through the Library of Things.

The Crane Library's

goal is to provide a space for patrons to cultivate their knowledge and skills in crafting and technology while building community.

This event is sponsored by the Friends of the Thomas Crane Public Library.

The Cranium was made possible by grant funds from the Institute of Museum and Library Services under the provisions of the federal Library Services and Technology Act, as administered by the Massachusetts Board of Library Commissioners.

To learn more, visit <https://thomascranelibrary.org/>.

Massachusetts House Passes Information Technology Bond Bill

The Massachusetts House of Representatives last week passed An Act to provide for the future information technology needs of Massachusetts, also known as the FutureTech Act. This bill authorizes \$1.23 billion in bonded spending and utilizes an additional \$400 million in anticipated federal funding to bolster critical information technology projects across the Commonwealth.

The initiatives included in the bill aim to modernize the Commonwealth's information technology infrastructure, enabling agencies to operate with enhanced efficiency while also upgrading cybersecurity efforts. By investing in these advancements, Massachusetts seeks to broaden access to vital services and information, ultimately enhancing the digital landscape and user experience for all residents.

"Ensuring that the Commonwealth is investing heavily in our technology infrastructure is critical, as protecting against cybersecurity threats, and enabling state agencies to operate with an increased level of efficiency, are vital aspects of our effort to make Massachusetts more safe, effective, and prepared in a world dominated by increasingly sophisticated technologies," said House Speaker Ronald J. Mariano (D-Quincy). "I want to thank Governor Healey for filing this legislation, as well as Chairs Michlewitz and Finn for their critical input, and for guiding this bill through the legislative process. I am grateful to all of my colleagues in the House for recognizing the importance of this bill, and for voting to pass it."

"The FutureTech Bond Bill will make state government more accessible and more effective for everyone in Massachusetts by ensuring our IT systems are up-to-date, safe and secure, and easy to use. This will put Massachusetts in a stronger position to take advantage of new innovations, like applied AI, in ways that benefit our residents, businesses and economy. We are grateful to Speaker Mariano and the House for moving this bill forward," said Gov. Maura T. Healey.

"This legislation will help bring the Commonwealth into the 21st century by improving our online customer service, reinforcing our data security, and

preparing us for the advent of artificial intelligence," said Rep. Tackey Chan (D-Quincy).

"Modernizing our technology infrastructure is a key component in ensuring that our state government has safe, secure, and user-friendly information technology systems," said Rep. Bruce J. Ayers (D-Quincy). "This investment will benefit our economy, our residents, and our communities, and will keep us prepared as technology continues to advance."

The FutureTech Act not only ensures the seamless operation of essential government functions but also lays a foundation for future innovation. Key initiatives include the implementation of transformative projects like the Business Enterprise Systems Transformation (BEST) and the Commonwealth Digital Roadmap, both aimed at enhancing administrative workflow efficiency and streamlining state operations.

The bill also supports a new project to consolidate and modernize the Division of Occupational Licensing (DOL)'s licensing database. This project will replace the current outdated infrastructure, which relies on paper files as well as manual data entry and review, resulting in delayed application and renewal processing.

The bill also includes authorizations for the continued rollout of the Employment Modernization Transformation (EMT), a project which will provide both employers and those seeking unemployment insurance with a new portal to conduct state-facing employment activities, facilitating a streamlined claims process for uploading information with a mobile-friendly design and increased accessibility features.

In addition to addressing the Commonwealth's immediate needs, the FutureTech Act embraces a forward-looking strategy to position Massachusetts as a leader in current and emerging technologies. By allocating funds for future AI projects and supporting initiatives like the Municipal Fiber Grant Program, the bill not only ensures our state's technological competitiveness today, but also supports innovation at the local level, ultimately saving towns and cities money

through enhancements to their networks.

Investments include:

- \$750 million to improve service delivery to the public, including:
 - o \$120 million for Business Enterprise Systems Transformation (BEST)
 - o \$100 million for Commonwealth Digital Roadmap
 - o \$240 million for Health Insurance Exchange
 - o \$90 million for One Health
- \$200 million for technology or telecommunications infrastructure improvements or maintenance, including:
 - o \$52 million for Employment Modernization Transformation (EMT)
 - o \$10 million for Integrated Eligibility and Enrollment Program
 - o \$12 million for Child Care Financial Assistance (CCFA) Modernization
 - o \$30 million for Electronic Health Records Modernization
- \$200 million to support the security of the Commonwealth's IT Infrastructure, including:
 - o \$3 million for Criminal Justice 360 System
 - o \$5 million DOC Radio Modernization Initiative
 - o \$17 million Emergency Assistance Family Shelter Technology System
- \$250 million for various strategic initiatives, improvements to business intelligence, and modernization of governmental functions, including:
 - o \$15 million for Integrated Digital Data Services (IDDS)
 - o \$13 million for Enhanced Student Financial Aid Access
 - o \$33 million for Licensing Platform modernization
- Other projects and items included in the bill:
 - o \$25 million for AI projects
 - o \$30 million for Muni Fiber Grants
 - o \$150 million for local and regional IT security improvements
 - o \$25 million for Community Compact IT Grants
 - o Establishes a new Information Technology Federal Reimbursement Fund to facilitate the use of funds to support health and human services related IT improvements.

The bill passed the House of Representatives 152-2 vote. It now goes to the Senate for consideration.

NQHS Football Alumni Golf Tourney To Honor Atty. Tom Kiley

June 24 At Quashnet Valley

By JIM McCABE

Often when one reflects upon his or her youth and a summer spent abroad, the phrase "wish you were there" is expressed.

Tom Kiley, Esq., will offer no such pleasantry. On the contrary, he never would have wished his "summer vacation to the Mekong Delta" in South Vietnam on anyone. "It was not pleasant."

But the graduate of North Quincy High School ('64) and Harvard University ('68) dutifully accepted his draft notice and was assigned to the 9th Infantry in 1969. That heralded unit had a formidable task – improve the security of the area so it could remain a crucial economic and strategic cog for South Vietnam.

For Kiley, the assignment came with terrible cost as he was shot high in the left shoulder. At 22, he knew he would have very little use of his left arm the remainder of his life, a reality that he

never saw as a handicap.

Instead, after serving in Vietnam Kiley attended Boston University Law School and when he graduated in 1973 he worked in Frank Bellotti's law firm in Quincy. When Bellotti was elected Attorney General, Kiley was named an Assistant Attorney General then First Assistant Attorney General. His heralded law career continued with Cosgrove, Eisenberg, and Kiley and it has never slowed.

Nor has his love for Quincy waned. Kiley is a lifelong citizen and having grown up on Farrington Street in the Montclair section, "I still cherish my days at North Quincy High School, a great school."

Yet it is for more humble reasons why Kiley will be recognized June 24 at the NQHS Football Alumni Golf Tournament. Each year the group honors a heralded player from the Red Raider football family who has

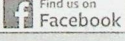
achieved remarkable success in his life. Kiley is this year's Honoree and will be saluted at Quashnet Valley in Mashpee the day of the tournament.

With great dignity, Kiley said he will attend, but he brushes aside the glowing recognition. "People tend to exaggerate my accomplishments," said Kiley. "They think I'm a lot bigger deal than I am."

As for playing quarterback for NQHS and finishing his career with a Thanksgiving Day victory over archrival Quincy, Kiley points to athletes who were slightly younger than he – Pete Varney, Pete Zoia, Dave Zink, in particular – as the true foundation to Red Raider athletic teams back then.

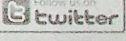
The annual golf tournament to benefit the NQHS Scholarship Fund will be held June 24 at Quashnet Valley in Mashpee. You can find sponsorship and charitable details on the website, www.northquincyfootball.com.

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Public Access Channel 8

Thursday, May 23
6:00pm: Bethany Congregational Church
8:00pm: QHS vs. NQHS Girls Lacrosse 5/14
Friday, May 24
11:30am: LIVE: Currently in Quincy
7:00pm: AM Quincy: State Rep. Tackey Chan
Saturday, May 25
12:00pm: Friends of Souther Tide Mill Meeting
9:30pm: Road Less Traveled Podcast
Sunday, May 26
11:30am: Quincy Point Church Good News
1:00pm: The Call
Monday, May 27
11:00am: LIVE: Memorial Day Parade & Ceremony
1:00pm: Vietnam Veterans Day
Tuesday, May 28
7:00am: LIVE: AM Quincy with Joe Catalano
7:00pm: AM Quincy: Mayor Thomas Koch
Wednesday, May 29
6:00pm: Quincy Point Church Good News
7:00pm: The Call

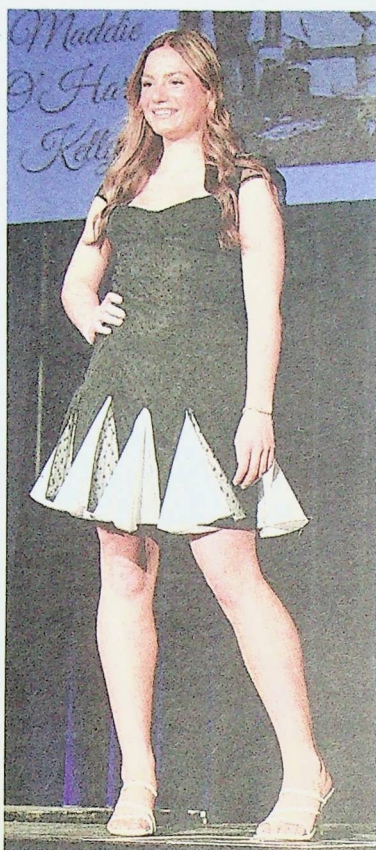
Government Access Channel 9
Thursday, May 23
4:00pm: Board of License Commissioners 5/21
5:00pm: Zoning Board of Appeals 5/21
Friday, May 24
10:30am: Health Links: Aging Strong
8:00pm: Quincy Planning Board: 5/15
Saturday/Sunday, May 25/26
10:30am: In Your Neighborhood: Ward 1
12:00pm: City Council/PH & Finance 5/20
2:00pm: District Court Law Day 2024
4:00pm: Board of License Commissioners 5/21
5:00pm: Zoning Board of Appeals 5/21
9:00pm: Norfolk County Commissioners 5/15
10:00pm: Board of License Commissioners 5/21
11:00pm: Zoning Board of Appeals 5/21
Monday, May 27
6:30pm: City Council/PH & Finance 5/20
Tuesday, May 28
4:00pm: Board of License Commissioners 5/21
6:00pm: Zoning Board of Appeals 5/21
Wednesday, May 29
7:00pm: City Council incl. PH & Finance 5/20

Programming is subject to change.
For a complete list of programs, please visit our website at qatv.org

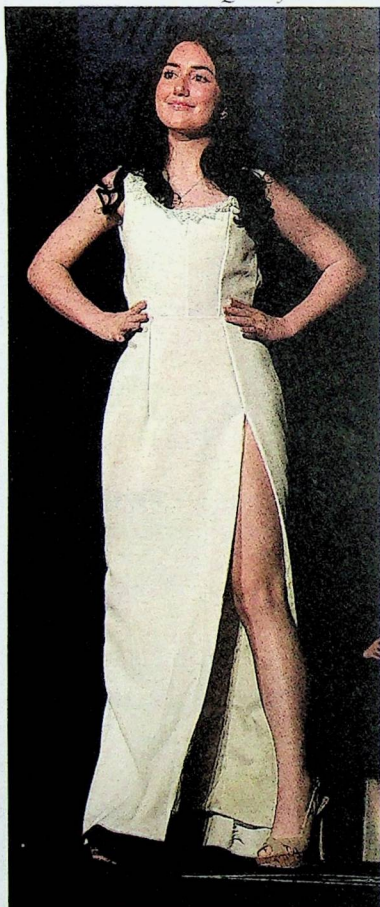
Quincy High School Annual Fashion Show May 9 - Fashion 4: Senior Major Collections

Senior Major Collections - Theme: *Black & White*

Designer Sam Conley; Models Kiera McCann, Giada Guarino, Brianna Mary Sullivan, Maddy Gola And Maddie O'Hara Kelly



Quincy Sun Photos/Robert Bosworth



Beauty, Creativity Featured At Quincy High School Fashion Show

The 14th annual Quincy High School Fashion Show featuring designs created by students and modeled by classmates was held May 9 in the school's Lloyd H. Hill Performing Arts Center.

The event showcased the inspiration, ambitions and achievements of more than 60 budding designers, each bringing their unique vision to life through more than 90 garments. The fashions ranged from eco-

friendly garments crafted using recycled materials to other ensembles inspired by fashions from the decades dating back to the 1920s to the 2000s.

Another highlight of the show were collections by junior and senior designers. The junior mini collections were a three-piece collection: two garments created from (altered) commercial patterns and one which was a complete original design.

The senior designers presented four-piece collections, two that come from (altered) commercial patterns and two required to be original designs.

The following student designers and models were featured at the show:

Eco-Friendly

Designers: Chloe Tedeschi, Kiara Smith, Sonija Wang, Jocelyn Zeng, Jennifer Acabal Lopez, Lance Cardoso, Ellie Bergin, Star

Alcantara-Estrella, Gray Ramstead, Michael Keane, Tracy Deng, Amy Bernard, Sophia Ngayod and Siena Nichol.

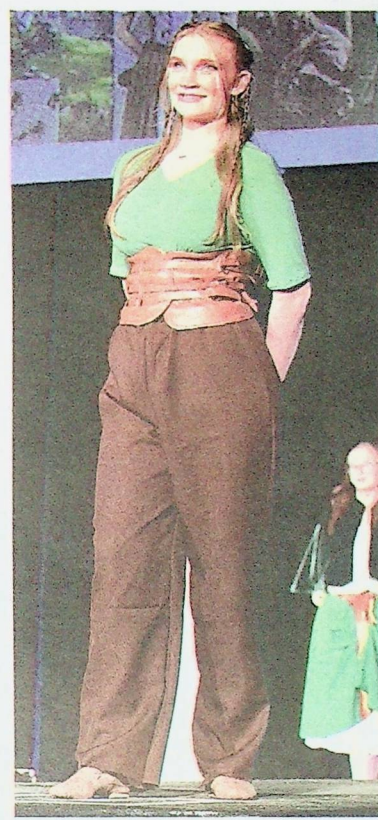
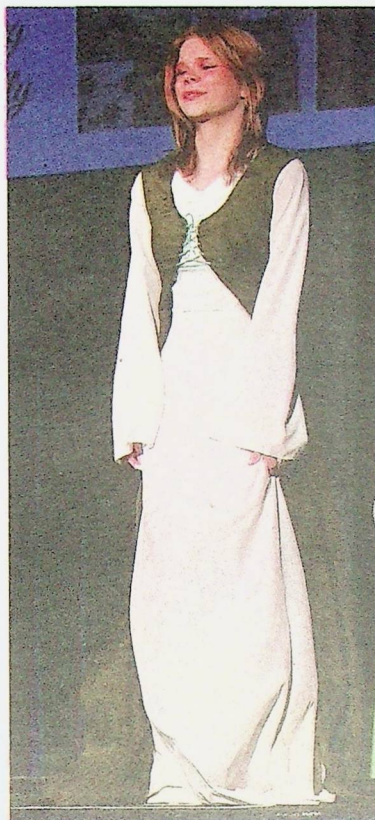
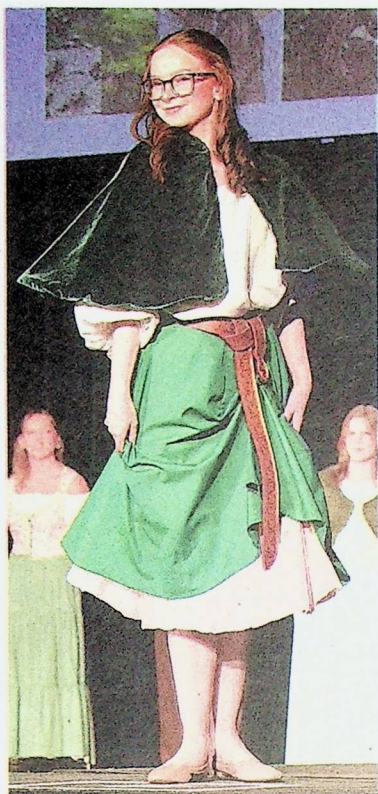
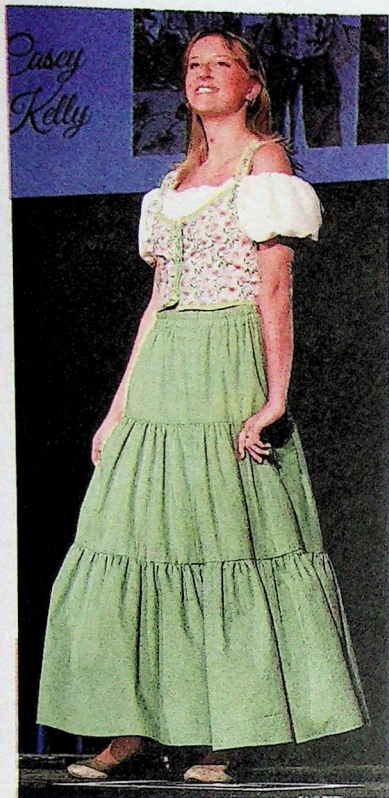
Models: Shahir Jones, Kiara Smith, Naipaporn Innuput, Jennifer Acabal Lopez, Molly O'Connor, Star Alcantara-Estrella, Rosalia O'Rourke, Aine O'Donnell, Jocelyn Zeng, Ally Demopoulos, Mr. Ikeda and Mary Kate O'Connor.

Cont'd On Page 17

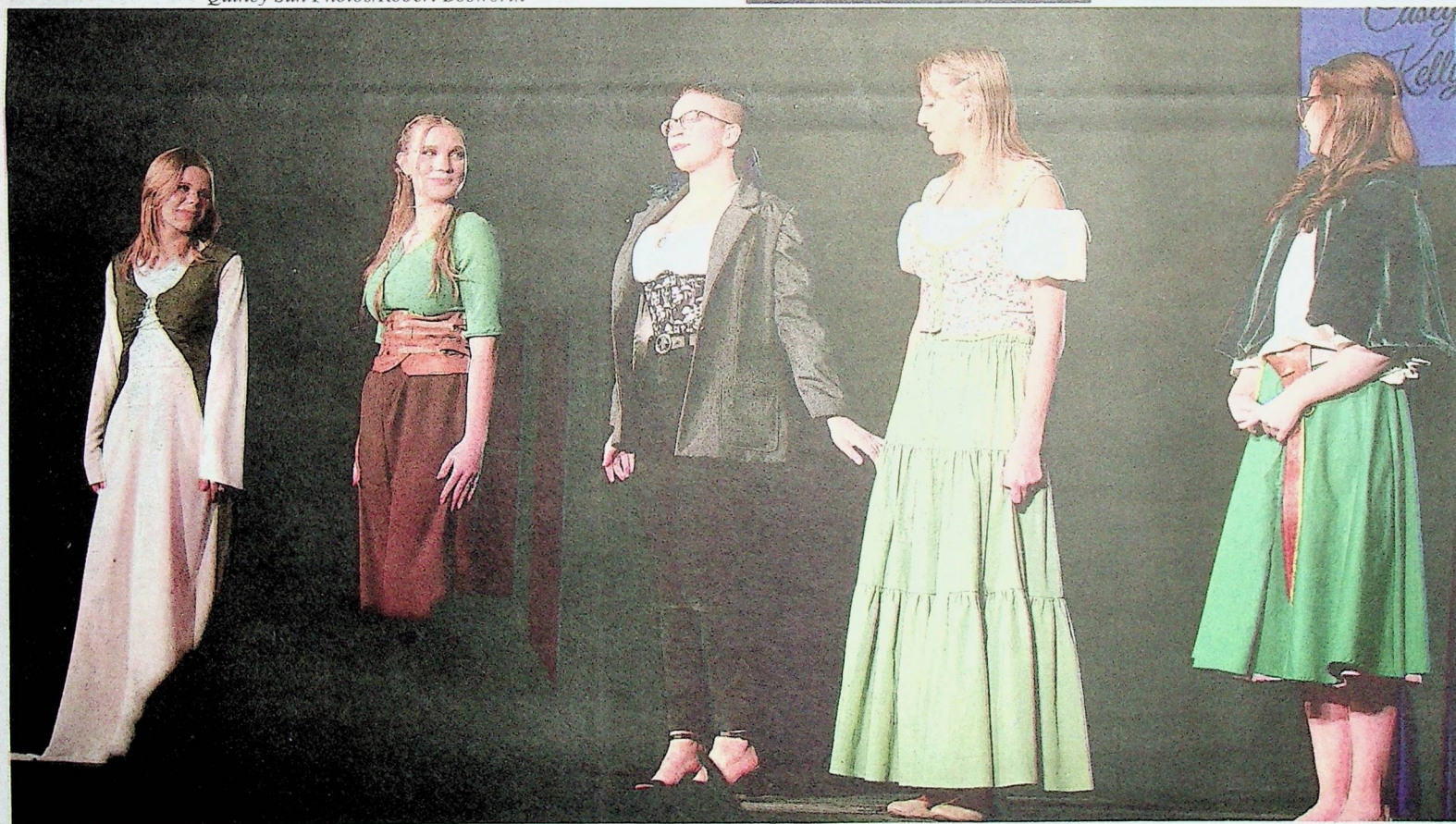
Quincy High School Annual Fashion Show May 9 - Fashion 4: Senior Major Collections

Senior Major Collections - Theme: *Medieval Fantasy*

Designer Katie Bardwell; Models Molly Jacobs, Casey Kelly, Nova Jones And Mollie Smith-Gaeta



Quincy Sun Photos/Robert Bosworth



Beauty, Creativity Featured At Quincy High School Fashion Show

Cont'd From Page 16

Fashion 1: Pants

Designers: Maddie Dolinski, Susi Francisco Ribeiro, Isabelly Martins, Mildred Suchite Tello, Cate Tallent, Jax Blackledge, Neliel Quiambao, Avery Furber, Yaraa Barbosa, Danielys Guzman Reyes, Alexaidy Tejeda (model), Kaniya Tyler, Alora Clark, Aaliyah Williams, Marilyn Bonica, Daphne Santana, Joudi Ragab, Tiana Huynh, Sofia De Freitas, Kaylee Tang, Kenna Moore, Juleana Dye, Jenny Charleron, Ana Rocha, Xela Pires, Misty Li, Megan Samson, Jhas-

mine Johnson, Megan McCarthy, Emma Nguyen, Damaris Depina and Alex Camargo.

Decade Garments

Designers: Jennifer Acabal Lopez, Lance Cardoso, Sophia Ngayod, Chloe Tedeschi, Amy Bernard, Siena Nichol, Michael Keane, Star Alcantara-Estrella, Gray Ramstead, Ellie Bergin, Kiera Smith, Sonija Wang, Joceyln Zeng and Tracy Deng.

Models: Caroline Beers, Bella Soto, Chloe Tedeschi, Amy Bernard, Sophia Johnston, Siena Nichol, Gray Ramstead,

Ellie Bergin, Joceyln Zeng, Gabriel Gentil Doria and Tracy Deng.

Junior Major Collections

Designers: Bridget Rohanna, Blade, Mia Tratzinski, Jayden Guerra and Olivia Moore.

Models: Sprite McGonagle, Lilli Ronca, Eddie Kellam-Walker, Josue Silva, Yerricka Baez, Megan Caldwell, Zhiaya Leggett, Eliza Henry, Nadia Faticanti, Michelle Phung, Xuexin Zhao, Sneha Rana, Ciro Moura, Christian Smith, James Devarie, Destiny Francis and Olivia Moura.

Senior Major Collections

Designers: Sam Conly, Katie Bardwell, Grace Cunniff and Kimi Vallee.

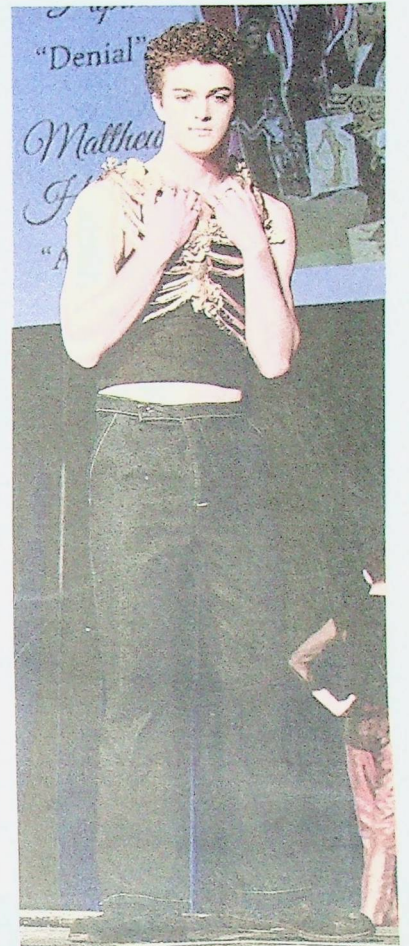
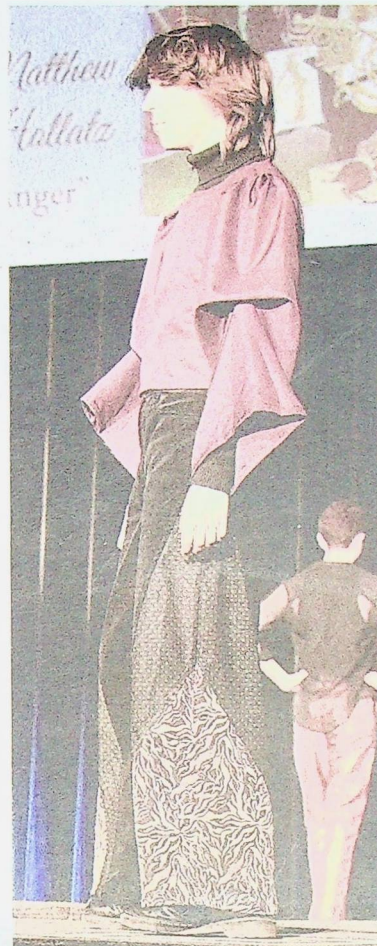
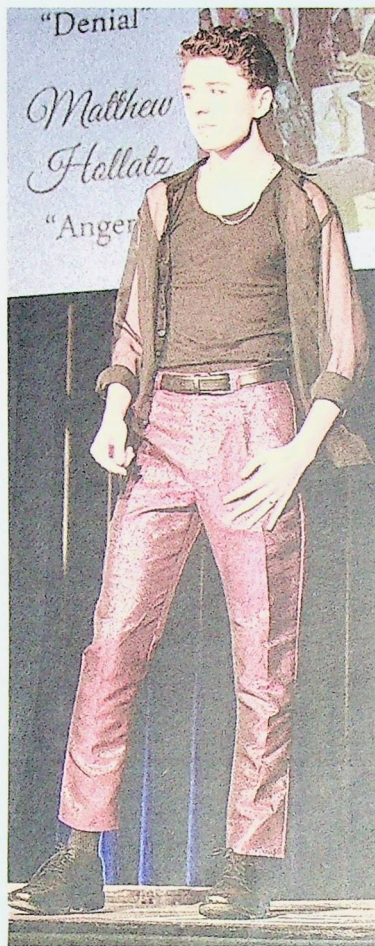
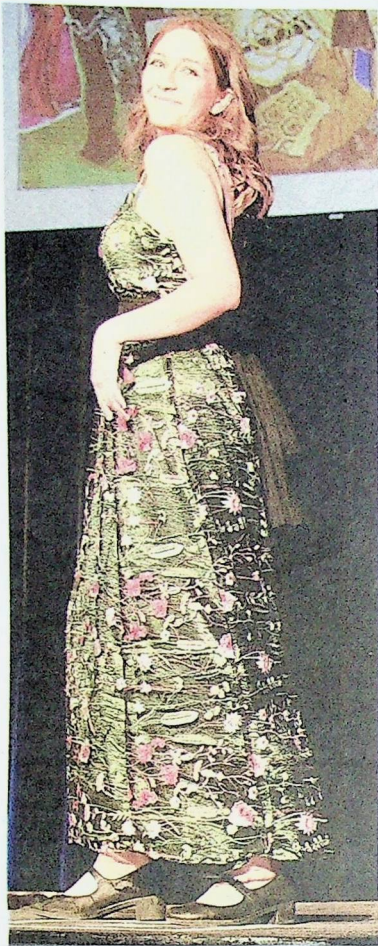
Models: Kiera McCann, Giada Guarino, Brianna Mary Sullivan, Maddy Gola, Maddie O'Hara Kelly, Molly Jacobs, Casey Kelly, Nova Jones, Mollie Smith-Gaeta, Maia Popa, Matthew Hollatz, Josh Velasquez, Adam Bonica, Grace Cunniff, Celia Cronin, Tim Heise, Sophia Terranova, Kimi Vallee, Lola Pagani, Megan McCarthy and Victor Pereira.

Cont'd On Page 18

Quincy High School Annual Fashion Show May 9 - Fashion 4: Senior Major Collections

Senior Major Collections - Theme: 5 Stages Of Grief

Designer Grace Cunniff; Models Maia Popa, Matthew Hollatz, Josh Velasquez, Adam Bonica And Grace Cunniff



QHS Fashion Show

The QHS Fashion Show was produced by the 2023-24 QHS Fashion Majors under the direction of Fashion Technology instructor Robin Kaplan.

Other staff and crew:

Grace Cunniff, fashion show coordinator; Katie Bardwell and Mia Tratzinski, merchandise committee coordinators; Kimi Vallee and Blade, modeling committee coordinators; Sam Conley and Olivia Moura, staging committee coordinators; Jayden Guerra and Bridget Rohanna, promotions committee coordinators; and Mia Tratzinski, fashion show program cover designer.



Quincy Sun Photos/Robert Bosworth

Quincy High School Annual Fashion Show May 9 - Fashion 4: Senior Major Collections

Senior Major Collections - Theme: *Star Wars*

Designer Kimi Vallee; Models Celia Cronin, Tim Heise, Sophia Terranova, Kimi Vallee, Lola Pagnani, Megan McCarthy And Victor Pereira



Quincy Sun Photos/Robert Bosworth

Flutie Foundation To Host Stars Of The Spectrum Music Festival Aug. 3 At Veterans' Stadium

The Doug Flutie Jr. Foundation for Autism will again

Free Classical Music Concert For Peace June 9

The Schiller Institute Chorus will present a free Classical Music Concert for Peace Sunday, June 9 at 3 p.m. at Christ Church Great Hall, 12 Quincy Ave., Quincy.

The public is welcome. Donations appreciated.

The concert will feature excerpts from Mozart's Coronation Mass, African-American Spirituals, arias, and more, including performances by students of the Rose Conservatory (Brockton). Light reception to follow.

host the nation's largest music festival by autistic artists, for the autism community on Saturday, Aug. 3 at Veterans' Memorial Stadium in Quincy.

This year, the foundation is introducing free tickets to the people and families affected by autism.

The Doug Flutie Jr. Foundation for Autism STARS of the Spectrum is a sensory-inclusive music festival that celebrates and elevates the voices and stories of people with autism, offering everyone the opportunity to enjoy star-studded performances by top artists as well as leading artists from the autism community and mission-centric artisans.

Free tickets are limited and available now at <https://flutiefoundation.org/starsofthespectrum/>. Full concert lineup will be announced soon.

Estate Planning June 12

Discover how you can help secure your family's future and protect your assets from risk and uncertainty, with an estate plan.

Join the team from B.O.C. Life Solutions (a licensed subsidiary of Bank of Canton) at Bank of Can-

ton's 60 McGrath Highway branch for a complimentary seminar on Wednesday, June 12, from 12 noon to 1 p.m.

All are welcome, and lunch will be provided to those who RSVP. Call 781-830-6152.

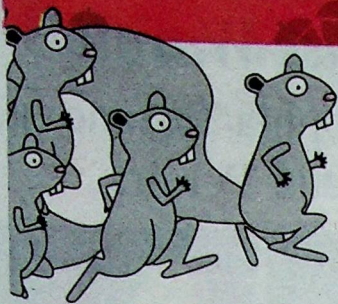
NQHS Class Of 1969 Reunion

North Quincy High School Class of 1969 will hold its 55th reunion on Friday, June 14 from 7-11 p.m. at The View Restaurant at Presidents Golf Course (formerly Wollaston Golf Club), 57 West Squantum St., Quincy.

Pizza and appetizers will be served and DJ will provide entertainment. There will be a cash bar.

Tickets are \$40 per person.

For more information, email NQHS1969@gmail.com.



**NEW DISTANCE:
THE SQUIRREL RUN WILL NOW
BE A 5k (3.1 MILES)**



THE SQUIRREL RUN XXVI

JIMMY KENNEDY MEMORIAL RUN FOR ALS

JUNE 8, 2024



THE SQUIRREL RUN XXVI

JIMMY KENNEDY
MEMORIAL RUN
— FOR ALS —

Jimmy "The Squirrel" Kennedy's battle with Amyotrophic Lateral Sclerosis (ALS), better known as Lou Gehrig's Disease, ended on April 6, 1997. He was 31 years old. For the past 25 years the Squirrel Run has helped continue Jimmy's fight against this wretched disease. Your participation is an important part of this effort. All proceeds go directly to ALS research. Thank you for keeping our beloved Squirrel's memory alive with your support, and for giving hope to so many others who live with ALS.

**It's been an amazing run.
Let's keep it going!**

T-SHIRTS:

Great looking t-shirts to all participants!

FOOD & REFRESHMENTS:

Plenty! Water stations along the course.
Plenty of food and drinks available for
your post-race enjoyment.

CHILDREN'S EVENTS:

We even have races and rides from 9 a.m.-12 p.m. for
the kids while you're out huffing and puffing. Each child
receives a T-shirt. Entry fee is \$15 per child.

RUNNERS & WALKERS AWARDS:

- Gift cards, running apparel and more
- 17 age divisions for men and women
- Top three runners in all categories will get choice of prizes.

NEW DIVISION:

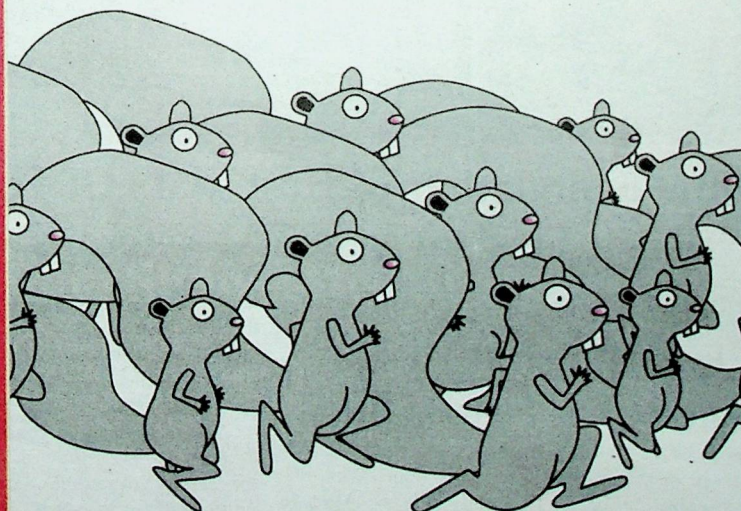
High school and middle school divisions added this
year.

ENTRY DONATION:

\$35. All entries are non-refundable.

FUNDRAISE:

Collect pledges from family, friends and co-workers.
Create your fundraising page at www.theangelfund.org.



**To Register for The Squirrel Run XXVI, Jimmy Kennedy Memorial Run for ALS, visit:
theangelfund.org/events/jimmy-kennedy-memorial-run-for-als-aka-squirrel-run-xxvi/**



SCHOLAR-ATHLETES – The Patriot League recently hosted their annual banquet at the South Shore Country Club in Hingham to celebrate the scholar-athletes of the 2023-2024 school year. Recipients from North Quincy High School are Ava Bryan and Cameron Johnston (left photo) and from Quincy High School Declan Rogers and Salma Boukhtam (right photo). *Courtesy Photos*

QHS, NQHS Patriot League Scholar-Athletes Of The Year

On May 7, the Patriot League hosted their annual banquet at the South Shore Country Club in Hingham to celebrate the scholar-athletes of the 2023-2024 school year.

This year's recipients from North Quincy are Ava Bryan and Cameron Johnston.

Bryan has been a captain of the girls' volleyball and girls' basketball programs

and will be attending Phillips Exeter Academy for a post-graduate year.

Johnston has been a captain of the boys' soccer and boys' volleyball programs and will be attending Olivet

Nazarene University, where he will continue his volleyball career.

The recipients from Quincy High are Salma Boukhtam and Declan Rogers.

Boukhtam has been a standout long distance runner for the cross country, indoor track, and outdoor track programs. She will be attending UMASS Amherst next year, while continuing

her running career.

Rogers was a captain for the boys' soccer program and played three years of boys' hockey. He will be studying at Ohio State University next year.

Tim Brillo Named Massachusetts Athletic Director Of The Year

Tim Brillo, son of Maureen and Frank Brillo of Quincy, on March 28 was named the state's Athletic Director of the Year at the annual Massachusetts Secondary Schools Athletic Directors Association meeting in Barnstable. Tim is the athletic director at Ludlow High School.

Tim's education started at St. Joseph's School in Quincy. A graduate of Don Bosco Technical High School, he holds a Bachelor of Science degree from Westfield State University and a Master of Science degree in health and physical education from

Madison University.

Tim began his career as a physical education teacher at Ludlow High School where he also served as the department head for 10 years. He spent 22 years as the head girls' varsity basketball coach, bringing the team to Quincy to scrimmage against the girls' teams from Quincy and North Quincy High Schools. Tim was also the offensive coordinator for the Westfield State University football team for 10 years.

During his career, Tim has served on the PVIAC District 1 Executive Board,

the Eligibility Appeals Board, and held such roles as ice hockey chair and member of the Western Massachusetts Tournament

Coordination Committee. At the state level, he contributed to the MIAA Board of Directors for two years and currently serves on the

MIAA Ice Hockey and District Athletic Committees. His comment to education extends to coaching, where he serves as a coaches edu-

cation instructor.

Tim resides in Ludlow with his wife Kristen and daughters Avery and Julia.

QYH GOLF

36th **ANNUAL TOURNAMENT**

WEDNESDAY JUNE 12TH

PRESIDENTS GOLF COURSE



REGISTER NOW



PRESIDENTS GOLF COURSE

Shotgun Start - 1pm

Registration starts at 11:45am

**QUINCY
PRIDE**

SUNDAY, JUNE 2ND
12NOON - 5PM

**I WAS
BORN
THIS
WAY**

**BOOTY VORTEX
DJ CHRIS FIORE
EVITA LOCA
TORRANCE
LAKIA MONDALE
PRISTINE CHRISTINE
MEL O'DRAMA
AND MORE...**

**New location:
THE ROSS LOT
37R Parkingway
Quincy, MA 02169**

**LOCAL AND LGBTQ+ VENDORS - FUN FOR KIDS - FOOD/BEER TRUCKS
AND YOUR FAVORITE DRAG QUEENS**



QUINCY COLLEGE baseball team. Top (from left): Coach Jim Dolan, Jonathan St. Ange, Anthony Ferriera, Ethan Cohen, Mitch Murphy, Cole Perkins, and Coach John Colliti. Bottom (from left): Haruki Maruyama, Craig Sandler, Anthony Tilton, Anthony Franco and Mike Scibilio. *Courtesy Photos*



QUINCY'S MIKE SCIBILIO enjoyed a solid three years as Granite catcher and team captain.

Small But Mighty: Quincy College Baseball On The Upswing

The third year of the revived Quincy College baseball program is in the books and, like the two before it, there was growth, success — and fun.

Since the program was restarted in the fall of 2021, the Granite has shown annual incremental progress that culminated this year in an 11-win season, good for a trip to the Yankee Small College Conference postseason tournament. Even though the team lost its first-

round game, 4-3, to New Hampshire Technical Institute, Granite head coach Jim Dolan couldn't be prouder of his squad.

"It was an unreal group this year. We competed with just 11 players, which has to be the smallest roster of any program in the country," Dolan says. "But they worked so hard together and really supported each other all season."

Quincy's Mike Scibilio has been a leader on and off

the field. The Quincy native, team captain and three-year starter played 57 career games and collected 61 hits, good for a .328 average. He also found himself pressed into service this year as a pitcher when injuries and the schedule combined to force Dolan to improvise on the mound. In fact, Granite players shuffling around the diamond to multiple positions became something of a hallmark this season and, Dolan says, brought the

team even closer together.

Anthony Franco (Mystic, CT), an infielder and pitcher, led the Granite with a .394 batting average; Anthony Tilton (Stoughton, MA), who also plays infield and pitches, was right behind him at .382. The duo earned first-team All-Conference honors and Franco will continue his education and college baseball career next year at Saint Peter's University in New Jersey.

The roster also includes a

student-athlete from Florida as well as local ones from Halifax, Hingham, Middleborough, Plymouth, and Taunton. The team also had an international flavor this year thanks to Haruki Maruyama; the versatile Osaka, Japan, native saw time in the middle infield, behind the plate, and on the mound while hitting a solid .300 and stealing nine bases.

Dolan says the future of Granite baseball is bright. Prospective recruits recog-

nize the opportunity to compete for a postseason berth every year and, starting in 2025, the Yankee Small College Conference winner will receive an automatic bid to the Small College World Series.

"We play hard but we have fun. This season was a great example of sticking together, working together, and overcoming obstacles", he says. "It was one of the most enjoyable seasons I've had in 30 years of coaching."

Quincy Girls' Lacrosse Downs North Quincy, 11-6

By TOM JOYCE

The two sides were evenly matched for nearly three quarters, but then the Quincy High girls' lacrosse team pulled away.

The Quincy Presidents shined late in their game against their in-city rival, the North Quincy Raiders, May 14. While both sides had stretches of dominance early in the contest, the Presidents finished the game strong scoring five unanswered goals, helping them to an 11-6 victory. With the win, the Presidents improved to 8-8 on the season; with the loss, the Raiders fell to 5-12.

Both sides scored the same number of goals in the first half: four. Most of that scoring happened in the second quarter when the two sides put up a combined six goals. However, the game's offensive action began in the first quarter when both sides each scored one goal.

Grace Connor netted the first goal of the game for the Presidents just 21 seconds into the contest. She got a strong shot off for a goal with a couple of opposing defenders in her face. Meanwhile, Maddie O'Donnell tied the game at one apiece with 2:33 left in the first quarter; she found an opening on a shot when she was

right in front of the net.

Then, the two sides had 3-0 runs in the second quarter. However, in the Raiders' case, that 3-0 run came in the final minute of the first half. Madeline Case started the Presidents' run just under a minute into the second quarter; she scored her goal that gave the Presidents a 2-1 advantage with 11:03 remaining. Then, with 4:29 left in the first half, Zoe Luggelle expanded the lead. She made a defender fall down when she scored. Plus, a couple of minutes later, Ciara Folan scored on a penalty shot to make it a 4-1 game.

In the final minute of the first half, Autumn O'Campos shined; she had two goals: one where she got the ball past three defenders and another on a penalty shot. Plus, Bridget Gilmartin tied the game, 4-4, with her goal with 12.7 seconds left in the half.

Grace McGillicuddy and

Grace Connor helped the Presidents regain the lead less than three minutes into the second half, scoring goals within 30 seconds of each other. However, the Raiders tied things at 6-6 with a goal from O'Campos with 1:29 left in the third; this came nearly a minute after Gilmartin scored a goal while out in front of the net.

After that, the Presidents pulled away.

Luggelle scored on a penalty shot with eight seconds left in the third quarter, putting the Presidents up 7-6. Then, the Presidents shut the Raiders out in the fourth quarter and added four more goals of their own.

Connor netted one with 6:52 remaining, putting the Presidents up 8-6. With 3:16 remaining, Case scored again. Then, with 2:28 and 1:56 remaining, Siena Nichol scored two goals, sealing the win for the Presidents.

This game marked the second time the two city

schools played each other this season. They also faced off on Friday, April 5; the Presidents won that one, 15-5.

The Presidents have some experience on their side this season, with seven seniors on the roster.

The roster for the Presidents this season includes: senior Kimi Vallee, senior Brianna Sullivan, sophomore Sophia Johnston, junior Liliana Catrambone, junior Lola Pagnani, junior Zoe Luggelle, junior Ciara Fola, junior Grace McGillicuddy, junior Destiny Francis, junior Megan Caldwell, sophomore Siena Nichol, junior Madeline Case, junior Ella Roche, senior captain Grace Connor, senior captain Anna

McPhillips, senior Kaitlyn Sampson, senior captain Margaret Potts, and senior captain Tayah Quinn. Grace Connerty is the team's head coach.

The Raiders are on the older side this season, with 10 seniors on their roster. The roster for the Raiders this season includes: freshman attacker Mackenzie Ilacqua, senior attacker Kate Lyons, senior defender Maddy Gola, senior captain and attacker Caroline Snyder, senior defender Nina Smith, senior defender and captain Grace Pickering, freshman midfielder Maddie O'Donnell, senior attacker Megan Lyons, senior defender/midfielder and captain Faye Fitzpatrick, senior attacker Emma Cra-

mond, sophomore attacker/midfielder Julia Zynda, junior attacker/midfielder Erin Della Barba, senior defender Maddie O'Hara Kelly, freshman midfielder Gabby Linkiewicz, junior midfielder Iris Gjoka, senior captain and midfielder Autumn O'Campos, junior midfielder Sarah McKenna, and junior goalkeeper Annabella Glennon. Marissa McGue is the team's head coach.

The next game for the Presidents will take place on Friday, May 24, on the road against the Braintree Wamps (6 p.m. start time). And the Raiders concluded their regular season on the road against Plymouth South on Wednesday, May 22.

Five Quincy Residents Graduate Regis College

Five Quincy residents recently earned degrees at Regis College in Weston.

They are:

Alexandra Gagne, BA in education; Kylie Hernon,

BS in nursing; Sylvia Hsu, BS in nursing accelerated 16 months; Annabelle Le, BS in biology and Megan Miller, BS in nursing.

Round Ball Basketball Camp

Aug. 12TH - 16TH (Ages 7-12) at Atlantic Middle School

Aug. 19TH - 23RD (Ages 7-16) at North Quincy High School

9:00AM - 1:00PM • FOR BOYS & GIRLS • \$200 PER WEEK

CAMP DIRECTORS:

Paul Beston:

Kevin Barrett:

- 18th Year Head Basketball Coach, NQHS
- Mass. Basketball Coaches Assoc. Coach of the Year, 2013 & 2014
- Phys. Ed. Teacher, Quincy Public Schools

- Quincy Youth Basketball Coach
- South Shore Youth Basketball Coach
- Member - Quincy High Hall of Fame
- Elementary Teacher - Quincy & Milton Public Schools

Camp Coaches have experience at the college, high school and youth levels.

Camp Counselors are current varsity members from both Boys & Girls Basketball teams.

FOR BROCHURE, CALL OR EMAIL:

Paul Beston 617-472-1962
bestonpaul@yahoo.com

Kevin Barrett 781-985-0476
rkbarrett2002@yahoo.com

*Licensed by the Quincy Health Dept.

READERS FORUM

READERS FORUM

Asks Councillors To Consider Raise For Mayor Equal To What Teachers Received

(Editor's note: A copy of the following letter was submitted to The Quincy Sun for publication.)

Dear Quincy Mayor Koch and City Council Members Cain, Campbell, DiBona, Liang, and McCarthy:

This is a follow up to my remarks during the May 13th Public Hearing and previous emails that I have

sent to you.

Public service is about putting others first and bridging gaps between justice and equality. Public service is not supposed to be how individuals could enrich themselves.

Mayor Koch has not received a raise in a decade—thus providing some justification for a salary increase. Dorminson Consulting has

no obvious human resource compensation qualifications. Paying that consultant to come up with an excessive salary range promotes suspicion. The Dorminson salary recommendation was presented after the election and just before the Mayor's likely retirement. (The Mayor's pension is a function of his 3 highest earning years; the Mayor's retirement is

likely in just about 3 years.) The Mayor's salary was not included in the proposed 2025 budget, thus was not a part of the Public Hearing on May 13th. The Public has had no opportunity to weigh in on a mayoral salary increase. All these factors contribute to public distrust.

Despite, the Mayor distancing himself from the Dorminson Report—let's take a deeper look at it.

Dorminson opines on the "challenges in Determining Public Sector Compensation" p2, noting that "Measuring worker productivity within the public sector encompasses a set of complexities and nuances, setting it markedly apart from the more straightforward metrics applied in the private sector." p1. I reviewed a number of Massachusetts town and city budgets—I was impressed with how many actually provide each Department's mission, vision, and goals along with measurements about the degree to which those goals have been met. Perhaps Quincy should consider the same for Departments and

individuals before handing out 5 figure salary increases. Paying a consultant to develop performance metrics for Quincy government officials and employees would be a better use of taxpayer money than paying consultants for salary reviews.

Dorminson provides a number of economic theories for wages, but seems to pick none. They duck the issue of performance totally. They chose to benchmark salaries. They apparently used a database including both City Managers and Mayors, without considering the type of government. They did consider CPI adjustments and population. Dorminson recommended a salary ranging from \$298,957 to \$370,000. That number has caused a State wide gasp.

Dorminson states "Ideally, one would like to have a nation-wide survey regarding the salaries of a 'strong form Mayor' adjusted for cost-of-living, population size and performance." p9 Instead, Dorminson decided not to consider the type of

government or performance. An ICAMA research paper about municipal forms of government is available—surely, it would have been a simple task to at least use a database incorporating type of government.

Dorminson goes on to note "For example, Cambridge and Lowell with populations of 118,000 and 113,000 provide CAO compensation of \$330,000 and \$235,000, respectively." p10 Cambridge has a city council/city manager form of government. Lowell has a council /manager form of government. Quincy is a Mayor-Council Type A government. The use of Cambridge and Lowell data is not appropriate. The data used by Dorminson appear to have been cherry picked.

So let's look at an abbreviated database that does take into account a Type A government and population. With apologies, salary information was not easy to get, so I cannot guarantee that the salaries below are perfectly accurate, but I am close.

Urges Mayor, City Councillors To Support Ceasefire Resolution

(Editor's note: A copy of the following letter was submitted to The Quincy Sun for publication.)

Dear Quincy City Councillors and Mayor Koch,

As a combat support Vietnam Veteran medevac nurse (66-70), and a Gold Star Family member, I am extremely concerned about the ongoing Israeli siege of Gaza. I'm writing to request that the Quincy City Council endorse this Resolution in Support of a Ceasefire in Gaza, which has been circulating in the city through this petition, and which I have signed onto.

Although this resolution is even more critical than it was when it was written in February, it needs updating because Israel has already killed at least 6,000 more people since then. During the past seven and a half months, Israel has murdered over 35,000 civilians, almost 15,000 of whom are children. We are now at a very dangerous stage in Israel's genocidal campaign because much of the remaining civilian population is either trapped in Rafah

or has once again been displaced, and there is nowhere safe to go since Israel is still bombing and killing civilians throughout Gaza. In addition, the Israeli military and Israeli settlers are blocking food and humanitarian aid from getting into Gaza, so the people there are also continuing to suffer and die from starvation, a lack of access to medical supplies, and other preventable causes. (Source: "Daily Show for May 14, 2024." Democracy Now.)

I understand that some of the councillors don't view this as an issue that's within your domain, but it is a Quincy issue because people in Quincy care and are impacted by it. Many members of our community are devastated and outraged to know that our government is complicit in allowing this genocide to continue by providing military funding and weapons to Israel in order to continue this mass murder of civilians and forced starvation with our tax money. Some members of our community even have relatives and friends in Gaza who

have been killed by the Israeli military, who are trying to survive in impossible conditions, or both. In short, people in our city are deeply impacted by witnessing a genocide our government is funding and supporting unfold for over seven months, with no end in sight.

Please join other cities and towns in Massachusetts and around the country in endorsing a ceasefire resolution. It is time for all elected officials to take a strong stand for justice and humanity. If the city of Quincy adopts this resolution, it will show city residents that it stands against a US-funded genocide and for life, dignity, freedom, and full human rights for all people.

There has already been way too much death, suffering, and destruction in Gaza. It's time for everyone who cares about humanity to call for a CEASEFIRE NOW!

Peace & Justice,

Bonnie Gorman RN
Gold Star Families for Peace
Jewish Voices for Peace
Mass Peace Action
Veterans for Peace

Salary Raise: COLA Fair, Comparable

Re: Thomas C. O'Brien's letter to The Readers Form 5/16. "Mayor's Salary Raise: If Not Now, When?"

Having reviewed the Reader's Forum for the past month, I conclude that I am the "she" who prompted his vigorous letter. I have reread my original letter published May 2nd; I concede that because I failed to make a clear declaration of support for the Mayor's pay raise, Mr. O'Brien assumed that I oppose it. On the contrary, I agree that the time has come for Mayor Koch to have his salary increased. Kindly accept my apology for creating a false impression.

Also, my previous recommendation for a Cost of Living Adjusted salary for Mayor Koch was based on an incorrect starting salary and thus inaccurate. Last year, he earned \$150,943. If his salary were to have an annual 3% COLA increase

for each year of the past decade, he would now be earning \$207,460 which I humbly suggest is a fair and comparable salary on top of benefits and pension for an elected official in Massachusetts.

Dorminson - The Report that Must Not be Named. I am disappointed that Sun Readers who are fiscal conservatives have not submitted letters to the Reader's Forum to comment Yea or Nay upon the substance of the Dorminson Report. Silence is complicity. Reasonable residents know that it is not worth the paper it is written on.

Has anyone in their work lives ever had a boss say to them, "You are a hard worker who is long overdue for a pay bump. To make up for lost time, your salary will be increased by not less than by 88%. On top of that, your job description will have no additional requirements.

Get back to your desk. You do you, kiddo!"?

I regret that the rancor of our hyper partisan national electoral politics has infected our local political discourse. I cannot understand why Mr. O'Brien felt it useful to hark back to the Mayoral Election that happened 6 months ago to analyze the current pay dispute. There used to be a concept called "Loyal Opposition". One could agree to disagree with one's leaders and still trust to rely on each other when the chips were down. I love Quincy; I chose to make my home and raise my family here. May I not disagree with certain policies and proposals of the Koch Administration?

Speaking for myself, I accepted the election results many months back. Cheer up Mr. O'Brien. No one likes a sore winner.

Claire Fitzmaurice
Merrymount

The Dorminson salary range is outside all these salaries, regardless of population size. The lowest end of the Dorminson recommended range is 16% higher than the salary for the mayor of New York City, a city of 8,336,000 compared to Quincy's 100,981.

On the basis of these data, I would strongly argue that the Mayor's salary should in no way be above the Brockton mayor's salary. I have heard a specious argument implying that Mayor Wu doesn't have to work as hard as Mayor Koch. I would encourage you to ask the Mayors of New Bedford, Newton, Lynn, Brockton, Boston, Chicago, Houston, and New York City how hard they work.

Dorminson states that "Public perception plays a critical role in setting salaries for public officials. Salaries that are perceived as excessively high can erode public trust and damage the reputation of the officials affecting their ability to govern effectively." p6 The Dorminson salary recommendation has eroded public trust. Any large sal-

ary increase for the Quincy Mayor will further erode public trust.

Dorminson notes "However, critics argue that the concentration of power in a single individual can lead to abuse of authority or a lack of checks and balances." p8 I have watched with disappointment as proposals coming before the Quincy City Council are seldom questioned and quickly approved. This adds to the perception, if not the reality, of "a lack of checks and balances". The Quincy City Council needs to provide checks and balances—we have a strong mayor government and a mayor who has been in place for 16 years.

While we have no metrics for performance, we can still consider performance when calculating a mayoral salary raise. Quincy has over a billion dollars in debt and continues to add to that debt. Quincy continues to buy real estate at a frantic pace—buying high and selling low (at a pace that does not appear to compare with any other city or town in Massachusetts). Quincy continues providing exces-

sive tax and infrastructure benefits to developers. Quincy wastes money for legal fees and consultants. Quincy has cyber losses of millions. etc. I have not yet seen an analysis of how over a billion dollars of debt impacts us, nor have I heard how the current 2025 Quincy city budget impacts our property taxes. By these performance metrics, perhaps a reduction in salary is justified.

A raise for the Quincy mayor? — consider a raise equal to what was given Quincy teachers. Maybe bringing his salary to \$176,200 could be justified. Let's remember that whatever is given is not just for his term as Mayor, but also for the rest of his life as a pension. A pension that we will pay for the rest of his life.

Keep fiscal responsibility in front of every decision you make.

Regards,
Kathy Thrun
Wollaston

P.S. As my representatives, some sort of communication from you would be appreciated.

CITY	MAYOR SALARY, estimate	POPULATION	GOVERNMENT TYPE
New Bedford	\$112,400	100,620	Mayor-Council
Newton	\$125,000	88,453	Mayor-Council
Lynn	\$145,000	100,653	Mayor-Council
Quincy	\$150,943	100,981	Mayor-Council
Brockton	\$176,200	104,713	Mayor-Council
Boston	\$208,000	665,945	Mayor-Council
Chicago	\$221,100	2,665,000	Mayor-Council
Houston	\$236,200	2,303,000	Mayor-Council
New York City	\$258,000	8,336,000	Mayor-Council

OBITUARIES

Dianne Cadogan, 70

Dianne Cadogan of Marshfield, formerly a longtime resident of Quincy, passed away peacefully surrounded by family after a valiant battle with cancer. She was 70.

She was born in Quincy to Dorothy (White) and Everett Hall. Dianne grew up in Quincy and graduated from North Quincy High School. After high school she earned her associate degree in medical technology at Aquinas Junior College. Shortly after college, Dianne married Ray Cadogan, who she had known since high school. The two were inseparable ever since.

In her spare time, Dianne was an avid reader and loved to play with babies. If there was a baby in the room, chances are they were in Dianne's arms. She often traveled, taking vacations wherever she could enjoy warm weather and sit on the beach. A few times a month she got together with "The Coffee Girls", her group of lifelong friends. The 4th of July was a special time of year for Dianne. She gathered with friends and family and was proud to work on winning parade floats for the annual



DIANNE CADOGAN

4th of July parade. Above all else, Dianne enjoyed time spent with family, especially her grandchildren.

Those who were fortunate enough to cross paths with Dianne will forever carry with them memories of her caring nature, her infectious laughter, and her bubbly personality. But beyond her quick wit and comedic timing was a heart overflowing with compassion and kindness. Dianne's caring nature knew no bounds, and she touched countless lives with her acts of love and support. Though the world may feel a little dimmer without her, her light will continue to shine brightly in the hearts of those who loved her.

Beloved wife of 48 years to Ray Cadogan of Marsh-

field. Devoted mother to Daniel Cadogan and his wife Keryn of Scituate, Katherine Lemle and her husband Ian of Attleboro, Alexander Cadogan of Abington and Rachel Wakefield and her husband Schuyler of Kingston. Adoring grandmother to Nathan, Jacob, Noah, Abigail, Lincoln, Daniel, Elyse, Eleanor, and Harriet. Loving sister to Karen Whalen and her husband Matthew of Quincy, Susan Shea and her husband Charles of Quincy, Kenneth Hall and his wife Angela of Quincy and Steven Hall of Weymouth. Also survived by many nieces, nephews, and dear friends.

Visiting hours were held Monday, May 20th, in the Keohane Funeral Home, 785 Hancock St., Quincy. Funeral service was celebrated on Tuesday, May 21st, in Keohane Funeral Home, Quincy. Cremation followed.

In lieu of flowers, donations in memory of Dianne may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105. Please see www.Keohane.com for directions and online condolences.

James M. Blake, 77

James M. "Jimmy" Blake, age 77, a longtime resident of Quincy, died peacefully, Wednesday, May 15, 2024 at the Bedford VA Medical Center, surrounded by his loving family.

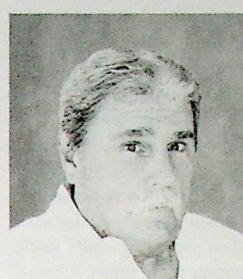
James was born in Boston, to the late John F. and Gladys M. (Fournier) Blake. Raised and educated in Quincy, he was a graduate of Quincy High School, Class of 1964. He lived in Quincy for over seventy years.

Jimmy was proud to have served his country in the United States Army during the Vietnam War. He received several awards, including the National Defense Service Medal, the Vietnam Service Medal, and the Good Conduct Medal.

He was employed as a bus driver for the Massachusetts Bay Transportation Authority and drove many routes throughout the City of Boston as well as Harvard Square in Cambridge. Jimmy retired in 2008 after thirty years of service.

Jimmy was a member of the Torre dei Passeri Social Club and the Adams Heights Men's Club, both of Quincy, where he made many friendships.

He and his wife, Lisa, as well as their daughter, Ashley, travelled extensively and he especially relished time spent with family and friends at his homes in Dennisport and Lincoln, N.H. Jimmy enjoyed trips to the casinos and playing cards with his friends. Jimmy loved his



JAMES M. BLAKE

dogs throughout the years, especially his beloved Scottish Terrier, Lacey, who was always by his side, including many visits to the hospital during his long stays.

Jimmy was devoted to his family, his wife, his daughter, and especially his cherished grandchildren.

Beloved husband for thirty-seven years of Lisa D. (Thompson) Blake.

Devoted father of Ashley M. Scribi and her husband Daniel Scribi, Q.F.D. of Quincy.

Loving grandfather of Amelia and John James Scribi.

One of fourteen siblings, he was the brother of Thomas Blake and his wife Virginia of Wareham, Kathleen Tusi and her husband Eddie of Raynham, Carol McArthur and her husband Dennis of Weymouth, Debra Pomar and her husband Miguel of Fla., Robert Blake and his wife Doreen of Wareham, Donna DiSalvio and her husband Peter of Quincy, and was predeceased by Barbara Nigro, Mary Sturgeon, Joan Conti, Patricia Miller, John Blake, Paul Blake, and Elaine Barer.

Jimmy is also survived by many nieces, nephews, and their families.

Much-loved son-in law of the late Cecil and Linda (DiMeco) Thompson.

A Mass of Christian Burial will be celebrated in Saint Joseph Church, 550 Washington St., Quincy, on Thursday, May 23, at 10 a.m. Relatives and friends are invited to attend. Visiting Hours will be held at the Dolan Funeral Home, 460 Granite Ave, East Milton, on Wednesday, May 22, from 4 - 7 p.m. Interment, with military honors, at Pine Hill Cemetery, West Quincy.

For those who wish, donations in James' memory may be made to the VA West Roxbury Spinal Care Unit OR the Bedford VA Memory Care Unit 62D. The details are as follows:

VA Spinal Care Unit 2A: Checks should be made payable to Boston VAMC. In the memo area, please include "Spinal Cord Unit in West Roxbury in memory of Mr. Blake 4338". Checks should be mailed to Boston VA Voluntary Services, 150 South Huntington Ave, Boston, MA 02130.

Bedford VA for Unit 62D: Checks should be made payable to Bedford VAMC. In the memo area, please include "For 62D in memory of Mr. Blake 4338". Checks should be mailed to: The Bedford VA CDCE #135, 200 Springs Rd., Bedford, MA 01730.

To leave the Blake family a condolence message, please visit www.dolanfuneral.com.

Margaret T. Gulinello, 97

Margaret T. (Martin) Gulinello, age 97, of Quincy, died peacefully, Saturday, May 11, 2024 at South Shore Hospital in Weymouth, in the comfort of her loving family.

Margaret was born in South Boston, to the late Thomas and Helen (Berry) Martin. She was raised and educated in Roxbury. She lived in Quincy for twenty-eight years, previously in South Boston.

As a young woman, Peggy worked for several years in accounts receivable for Sears, Roebuck and Company at Kenmore Square, Boston. She was primarily a homemaker who was devoted to her family, especially her grandchildren and great grandchildren, actively sup-



MARGARET T. GULINELLO

porting their many activities and accomplishments.

Peg enjoyed painting rooms and redecorating her home. She was also an avid walker.

Beloved wife of the late

Leo J. Gulinello.

Devoted mother of Leo J. Gulinello, Jr. and his wife Diane of Abington, Michael A. Gulinello and his wife Theresa of Scituate, and Margaret A. "Peg" Mulvey and her husband John of Quincy.

Loving grandmother of Leo J. Gulinello III, Andrew A. Gulinello and his wife Rebecca, Mark T. Gulinello and his wife Larissa, and Samantha D. Gulinello; Annemarie Bates and her husband Marshall, Michael A. Gulinello, Jr., and Lauren E. Gulinello; John J. "Sonny" Mulvey III and his wife Lin, and Lindsay M. Mulvey.

Cherished great grandmother of Benjamin, Noah, and Maxwell; Marco, Vincent, and Dahlia; Melissa and Christopher.

Margaret was the last of six siblings and is also survived by many nieces, nephews, and their families.

A Mass of Christian Burial was celebrated in Saint John the Baptist Church, 44 School St., Quincy, on Tuesday, May 21. Visiting Hours were held at the Dolan Funeral Home, 460 Granite Ave, East Milton, on Monday, May 20. Interment Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in Margaret's memory may be made to a charity of your choice or to a local food bank.

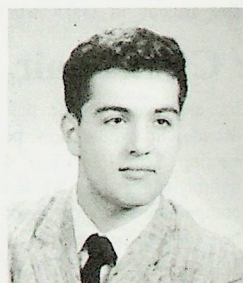
To leave the Gulinello's a condolence message, please visit www.dolanfuneral.com.

Dr. Arthur C. Granville III, 81

Dr. Arthur Cornelius Granville III of Braintree, formerly of Quincy, died peacefully at his home on Tuesday, May 14, 2024. He was 81.

Arthur was born in Boston on December 22, 1942, and was the son of the late Arthur Cornelius Granville Jr. and Nancy (Messina) Granville. Arthur was the beloved husband of Kim Hoa (Tram) Granville, with whom he shared 56 loving years. He was the devoted father of Bruno Granville and his spouse Katherine of Milton and Sarah (Granville) Harris and her spouse Sharon of New Hampshire. Arthur was the loving Nonno of Donna Kim Hoa Granville of Milton. He was the dear brother of Denis Granville, and his spouse, Karen Drake of Wellesley, and Marilyn (Granville) Schriever and her spouse, Eric Allen of Newton. He is also survived by many loving nieces, nephews, extended family, and friends.

Arthur was raised in Wol-



DR. ARTHUR C. GRANVILLE III

laston and graduated from Quincy High School. At the age of 17, he enlisted in the United States Air Force. He was stationed in Seoul, Korea, and proudly served his country during the Vietnam War era. He was honorably discharged on July 24, 1964.

He continued his education at the University of California, Los Angeles, where he completed his undergraduate education and earned his Ph.D. in Educational Psychology. In 1998, Arthur retired early from State Street Bank where he worked as a Quality Leader and Vice President. Later, he founded the award-winning

language translation application MobiLearn.

Arthur was an outdoorsman who loved fishing and birdwatching. He had a knack for languages and spoke Chinese, Korean, Japanese, and French. He most enjoyed visiting extended family and touring the world with his beloved wife, Kim Hoa.

Arthur's presence in our lives was a gift, and his absence will be deeply felt. He touched the lives of many, leaving behind a legacy of love and wisdom that will continue to guide us.

Funeral services were held Wednesday, May 22, 2024, at 11 a.m. in Keohane Funeral Home, 785 Hancock St., Quincy. Cremation will follow. Interment was private.

In lieu of flowers, memorial contributions may be sent in Arthur's name to the charitable organization of one's choice.

See www.Keohane.com for directions and online condolences.



Honor Your
Loved One's
Memory
With Flowers

cliffords.com
1.800.441.8884

NOTICE TO READERS

Obituaries appearing in The Quincy Sun and posted on the newspaper's website are written by the funeral home handling arrangements with input from the deceased's family.

They are not written by The Quincy Sun.

Obituaries are submitted by the funeral homes and are printed in The Sun space permitting.

Nancy J. Mastico, 87

Nancy J. (Sarkisian) Mastico, of Quincy, died May 17, 2024, she was 87. The beloved wife of the late Robert A. Mastico. Loving mother of Robert A. Mastico, Jr and his wife Helen of Hanson and Karen Kearns and her husband Ronald of Braintree. She was the daughter of the late Vahan Sarkisian and Vartanoush "Rose" (Kirkjian) Sarkisian. Sister of Vaughan Sarkisian of CA. Cherished grandmother of Naomi, Elsa Rose, Robert, Nathaniel, Lauren and Jasper.

Nancy was a wonderful person with a vibrant life filled with laughter, friendships, and adventures. Family and friends were the most important part of her life and she enjoyed those connections to the fullest. Her close friends from Central Junior High and Quincy High School remained her close friends throughout her life. She had a great sense of humor and loved to join in the fun. Traveling to Europe and Canada with her late husband Robert made for



NANCY J. MASTICO

some great stories, and created unforgettable memories together.

Living by the ocean was very important to Nancy, she loved to go out on the boat, fishing or just riding around. She was an honorary member of Town River Yacht Club, the starting point of many nautical adventures she took with Bob and the kids. Barnstable, Cape Cod, was her second home, she loved being on the beach and in the water. Wherever she went she had good friends who will miss her dearly.

She had a meticulous attention to detail, a skill that she honed working as

a bookkeeper at Sears & Roebuck, and Diet Workshop. Above it all, Nancy's love for her family shines through, her loyalty and commitment to those she cherished was unending. She will be remembered fondly by many.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Wednesday, May 22 from 4-8 p.m. in the McDonald Keohane Funeral Home North Weymouth at 40 Sea St. (off Route 3A - Bicknell Square). Funeral service will be celebrated on Thursday at 10 a.m. at Quincy Point Congregational Church, 444 Washington St., Quincy, MA 02169. Burial in Mount Wollaston Cemetery, Quincy.

In lieu of flowers donations in memory of Nancy may be made to Quincy Point Congregational Church - Laundry Love, 444 Washington St., Quincy, MA 02169. See www.Keohane.com for directions and online condolences.

Jean E. Golden

Jean E. Golden (Harries) of Quincy passed away May 18th at home. Born in Woburn on Aug. 26, 1929, Jean Elizabeth (Harries) Golden lived an early life that few could imagine. The eldest daughter of Naval Chief Warrant Officer Richard Harries and his wife Katherine, Jean and her siblings spent their early years traversing the globe — living in Shanghai, the Philippines, New Orleans, the Truro Light-house, to name a few — as they accompanied their parents on Richard's expansive Naval career. Eventually they settled on Davis Street in Wollaston, which became a home base for the Harries family for many years. Jean attended North Quincy High School, graduated from Woburn High School and went on to attend Bridgewater State College.

Jean was happy to call Squantum her home for more than 66 years. Jean and Leo, her husband of 53 years, had scores of close friends both in Squantum and beyond. While they loved living by the water, they also loved to travel around the globe with friends or to drive a few hours to visit relatives — quite often with a heated bridge game in the offing.

For Jean, there were just too few hours in the day. Raising four boys with Leo, tending to house and career, enjoying time with friends and family, Jean never missed a beat. Christmas Eve parties for neighbors followed by extended family feasts on Christmas Day were her forte. Fourth of July



JEAN E. GOLDEN

parties with friends, family, neighbors and lots of food, fun, swimming and fireworks continue to provide fond memories.

Those who knew Jean were warmed by her caring and compassionate personality. Both pragmatic and empathetic, Jean maintained a wealth of long-term relationships with a varied mix of friends and neighbors. She had many interests and was a lively and informative conversationalist. In every way, Jean also was the core of her extended family — each of whom looked to her for guidance and felt lucky to be close to such an amazing, talented, smart and fun woman.

Jean is predeceased by her first husband Lt. Robert J. Duffy, who was fatally injured in naval exercises, and her second husband Leo Golden who passed in 2011. Jean was predeceased by her oldest son Robert. Bob's wife Georgia continues to live in Plymouth. Jean is survived by her son Richard and his wife Candace of Squantum, as well as her granddaughter Laura Curtis, her husband Michael Curtis and their daughters Lilly and Lexie of

Yorba Linda, CA. She also is survived by her grandson Alex Golden of Costa Mesa, CA. Rick's first wife Rita remains an active and much loved member of the Golden clan. As are Candace's son Tyler of Acton, his wife Mimi and daughter Juliette. Additionally, Jean is survived by her son Martin and his wife Jo-Anne of Hanover, as well as their son Ian, of Whitman, his wife Kayla and their children Alivia, Theo and Amelia. Jean also is survived by her granddaughter Elizabeth Gerrish of Plymouth, her husband Matt and their daughter Maeve. Jean's youngest son, Phillip lives in Ipswich. Phil's husband Joseph Curl, passed away last year.

Jean is survived by her brother Dick and his wife Nancy of Sandwich, MA and her brother Tom and his wife Lana of Mashpee, MA. Jean's sister Patricia passed away in 2014

Special thanks from the Golden Family go to Dr. Richard Marquis and the team at Old Colony Hospice for their expert care and compassion. In lieu of flowers, donations to Old Colony Hospice of West Bridgewater in Jean's remembrance would be appreciated.

Visiting hours were held Tuesday at the Alfred D. Thomas Funeral Home, 326 Granite Ave., Milton. Funeral Mass at St. Ann Parish, Quincy, Wednesday morning at 10 a.m. Burial will be at the Massachusetts National Cemetery, Bourne, Thursday morning at 10:45 a.m.

Bernard J. 'Buzz' Cross, 59

Bernard J. "Buzz" Cross, originally from Cork, Ireland, formerly of Quincy, bid farewell to this world on May 16, 2024, after a courageous battle with throat cancer. He was 59.

He was born into this world with an Irish spirit that never wavered, always embracing his heritage with pride. It was that strong Irish spirit and his great sense of humor that got him through the battles he faced. Buzz left Ireland in the 1980's and came over to find work. He was a man of warmth, laughter, and a larger than life personality. Buzz was an avid sports fan and enjoyed golf, fishing, and had a genuine appreciation for nature. He enjoyed the simple pleasures of life. Buzz's heart truly found its greatest joy in his family. He couldn't wait to see the joy on the faces of his family after preparing a lovely meal. His unwavering support for his sons - always giving advice, whether you asked for it or not, and his sense of humor will forever echo in the hearts of all those he loved. His love for his family was the cornerstone of all that was truly important to him. Whether sharing stories



BERNARD J. 'BUZZ' CROSS

or watching a game over a pint at the local pub, Buzz's presence illuminated all the lives he touched throughout his life. He was a devoted father, a cherished son, brother and a friend everyone wished they had. Buzz may have enjoyed his last sláinte on the fairway with the lads, but is now reunited, having a laugh, with his brother Paudy. As we mourn his passing, do what he would want us to do, celebrate the vibrant life he lived and the countless memories he created. Until we meet again, Slán Abhaile.

Son of Joan (Lehane) Cross of County Cork, Ireland and the late Tadhg Sr. Cross. Parent to Conor, Sean, and Kelan Curran-Cross of Quincy with partner Grainne Curran of County Clare, Ireland.

Brother of Philip Cross

and his wife Maureen of Kilkenny, Ireland, Margaret Dwyer and her husband Leo of Cork, Ireland, Tadhg Cross and his wife Christine of Hopkinton, Kevin Cross and Tony Cross and his wife Alice, all of Cork, Ireland, and the late Padraig "Paudy" Cross and his wife Karen Cross of Milton. Buzz is also survived by many nieces and nephews.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Wednesday, May 22nd at 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 9:45 a.m. on Thursday, May 23rd prior to the Funeral Mass in Holy Trinity Parish at Most Blessed Sacrament Church, Quincy at 10:30 a.m. Cremation will follow. Burial will take place in Ireland.

In lieu of flowers, donations may be made to the Irish Pastoral Centre at <https://www.ipcboston.org/> donate or to Temple Children's Hospital in Dublin at <https://www.childrenshealth.ie/donate>. See www.Keohane.com for directions and online condolences.

Rosalie E. Carter, 87

Rosalie Elizabeth (Cannone) Carter, 87, of Quincy, formerly of Dorchester and Weymouth, passed away peacefully surrounded by her loving family on Tuesday, May 14, 2024.

Daughter of the late Charles and Jennie Cannone. Beloved wife of the late Norman Carter, who passed away in February of 2024, loving mother of Denise Mercier, Gina Carter, Cheryl Carter, Joseph Carter and his wife Nancy, Charles Carter, Michael Carter, George Carter, April Maloney and her husband Sean. She is also survived by her sisters Jean, Ann, Donna and her brother Francis, as well as many nieces, nephews, and cousins.



ROSALIE E. CARTER

ins. Rosalie was beloved by all 27 of her Grandchildren, and she was the proud Great Grandmother to her 5 great grandchildren.

Rosalie always had an open door for everyone in her already busy home, always ready to cook for or to make tea for whomever was there.

Rose's passion for her family, painting and knitting, as well as her love for the ocean, leaves us mourning a wonderful woman who found joy in simple pleasures and cherished moments with her loved ones.

A mass of Christian Burial will be held at St. Ann's Catholic Church, 251 Neponset Ave, Dorchester, Massachusetts 02122, on Thursday, May 23 at 11:30 a.m. Interment to follow at Blue Hill Cemetery, 700 West St., Braintree.

Funeral Arrangements are under the compassionate care of Hamel-Lydon Chapel. For information and online condolences, please visit Hamel-Lydon.com.

Francis W. Coyman, 86

Francis W. Coyman, age 86, of North Quincy, Massachusetts, passed away peacefully on May 15, 2024, surrounded by his loving family in his final moments.

Francis, fondly known as Frank, and to his elders as "Junie," in deference to his dad Francis ("Franna"), was born and raised in South Boston. Frank was a tradesman and entrepreneur who was devoted to family, charity and the church. His positive impact on the community will be missed. He was a man of immense humor and caring, cherishing every moment spent with his loved ones.



FRANCIS W. COYMAN

Frank's loving spirit is carried on by his wife of 61 years, Patricia, their children Kevin of Squantum, Deborah of Quincy, Paul and his wife Patricia of Duxbury and Frank of Hull. He is also survived by his five grandchild-

dren (who lovingly called him "Pop-Pop") Christina and her husband Jim, Kayla, Victoria, Brendan and Kevin, as well as his great-grandchildren Rosalie and James. Preceding him in peace were his loving parents Mary ("Mae") and Francis, and his sisters Marilyn and Geraldine.

Private visiting hours were held Tuesday, May 21st, at Keohane Funeral Home, 785 Hancock St., Quincy. In lieu of flowers, please consider making a donation to a charity of your choice in Frank's name. Please see www.Keohane.com for directions and online condolences.

Massachusetts House Passes Major Health Care Legislation

The Massachusetts House of Representatives last week passed comprehensive legislation that aims to restore stability to the health care system, bolster accountability within the industry, and control health care spending to ensure that everyone in Massachusetts has access to quality, affordable health care. The bill also includes important updates to how the Commonwealth regulates and monitors the health care market, informed by the Steward Health Care crisis.

"This bill is the most significant health care market

oversight and cost containment legislation in more than a decade, and is a continuation of the Commonwealth's long-standing effort to ensure that everyone in Massachusetts has access to quality, affordable health care," said House Speaker Ronald J. Mariano (D-Quincy). "I want to thank Chairs Michlewitz and Lawn for working diligently to help craft this legislation, a process that included the incorporation of input from dozens of stakeholders and outside experts, and I want to thank all my colleagues in the House for recognizing the need for this legislation

amid a number of daunting challenges facing the Commonwealth's health care system."

"This much needed healthcare reform legislation will ensure patient access and safety to quality hospitals," said Rep. Tackey Chan (D-Quincy). "The House, in passing this bill, is increasing oversight over bad actors in the hospital system, addressing increasing costs, and protecting our community hospitals."

"Every resident of Massachusetts deserves to have access to quality, affordable health insurance, and in or-

der for that to be a reality, there needs to be stability in the healthcare market," said Rep. Bruce J. Ayers (D-Quincy). "This important legislation ensures greater oversight and accountability, strengthening consumer protection and protecting the wellbeing of our constituents across Massachusetts."

The legislation passed continues the House's commitment to bettering the Commonwealth's health care system, as was demonstrated during the passage of Massachusetts' landmark health care reform laws of 2006 and 2012.

To prevent hospitals and other providers from exploiting the same gaps in the state's regulatory structure that Steward Health Care exposed, the bill passed makes important updates to the Commonwealth's laws that govern the oversight of hospital systems and other provider organizations.

The House legislation:

- Increases transparency related to the corporate structure of hospitals and other provider organizations by requiring disclosure of significant for-profit investment, including any private equity investments, and empowers the state's Center

for Health Information and Analysis (CHIA) to gather more financial data on hospitals and other provider organizations

- Enhances penalties for failure to comply with data reporting requirements, including increased financial penalties, adverse consequences for licensure, and withholding approvals of future projects

• Empowers the Health Policy Commission (HPC) to scrutinize certain transactions more closely for anti-competitive impacts, such as significant equity investments that result in a change of ownership or control of a hospital, conversion of a hospital from a non-profit to a for-profit entity, and a significant transfer of a hospital's assets

• Expands the Attorney General's authority to seek information from significant equity investors, real estate investment trusts (REITs), and management service organizations as part of that office's statutory authority to monitor and investigate health care trends, and exposes entities with an ownership or controlling interest in a provider organization to potential liability under the state's False Claims Act if the entity knew, but did not report, that a provider organization was defrauding MassHealth, for example

The bill also makes important reforms to prevent acute care hospitals from

Cont'd On Page 27

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-21

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, June 4, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Att. Patrick Foley for a Variance and Finding to subdivide a parcel containing a 2 family dwelling and erect a single family dwelling on the 2nd parcel in violation of the Quincy Zoning Ordinance 3.4.2 (non conforming uses and structures), 4.1 (Table of Dimensional Requirements), 4.2.6 (minimum frontage and width) and 5.1.8 (Table of off street parking requirements) on the premises numbered 265 FRANKLIN STREET, QUINCY, MA.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

5/16/24, 5/23/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-34

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, June 4, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Brian LaRoche for a VARIANCE AND SPECIAL PERMIT/FLOOD PLAIN to combine 3 parcels with common ownership into 2 parcels to erect 1 single family home while leaving the existing dwelling undisturbed in violation of the Quincy Zoning Ordinance 4.1.1 (dimensional requirements) and 8.1.9 (Special Permit/Flood Zone) on the premises numbered 7 PETERSON ROAD, QUINCY.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

5/16/24, 5/23/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-35

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, June 4, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Brian LaRoche for a VARIANCE, FINDING AND SPECIAL PERMIT/FLOOD PLAIN to demolish the existing non-flood compliant single family structure and replace with a new flood compliant single family dwelling in violation of the Quincy Zoning Ordinance 3.4.5 and 3.4.7, Nonconforming Structures, 4.1.1, Table of Dimensional Requirements and 5.1.4, Parking Setbacks on the premises numbered 38 PARKHURST STREET, QUINCY, MA.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

5/16/24, 5/23/24

NOTICE OF PUBLIC HEARING

City of Quincy Inspectional Services
ZONING BOARD OF APPEALS

CASE NO. ZBA-24-36

Pursuant to the provisions of the Quincy Zoning Ordinance of the Quincy Zoning Board of Appeals as amended, an Open Public Hearing will be held on **Tuesday, June 4, 2024 at 6:00 p.m.** in the First Floor Meeting Room, Quincy City Hall, 1305 Hancock Street, Quincy MA 02169, on the application of Steve P. Quieto for a VARIANCE to install a driveway greater than 20 ft. in width and construct a cupola that exceeds height requirements in violation of the Quincy Zoning Ordinance 4.1.1, Table of Dimensional Requirements, 5.1.4(1) exceeds allowable driveway/parking dimensions and 5.1.16 allowable portion of greenspace to be paved on the premises numbered 78 BELLEVUE ROAD, QUINCY, MA.

Plans and specifications may be viewed online at <https://quincyma.portal.opengov.com/search>

Martin Aikens, Chairman

5/16/24, 5/23/24

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO24P1190EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court

Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Paul L. Kelly, Sr.

Date of Death:
February 23, 2024

To all persons interested in the above captioned estate, by Petition of:

Petitioner Paul L. Kelly, Jr. of Hanover, MA

a Will has been admitted to informal probate.

Paul L. Kelly, Jr. of Hanover, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

5/23/24

LEGAL NOTICE

INFORMAL PROBATE PUBLICATION NOTICE Docket No. NO24P1242EA

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court

Norfolk Division
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Estate of:

Paul Patrick Keeley

Date of Death:
June 4, 2023

To all persons interested in the above captioned estate, by Petition of:

Petitioner Laura C. Keeley of Quincy, MA

a Will has been admitted to informal probate.

Laura C. Keeley of Quincy, MA has been informally appointed as the Personal Representative of the estate to serve without surety on the bond.

The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the Petitioner.

5/23/24

LEGAL NOTICE

DIVORCE SUMMONS BY: PUBLICATION, MAILING, TEXT, EMAIL

Docket No. NO24D0285DR

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court

Norfolk Probate and Family Court
35 Shawmut Road
Canton, MA 02021
(781) 830-1200

Evelina Moore-Diaz vs. Michael William Moore

To the above named defendant:

The Plaintiff has filed a Complaint for Divorce Requesting that the court Grant a divorce for Irretrievable Breakdown. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. **SEE Supplemental Probate Court Rule 411.**

You are hereby summoned and required to serve upon: Michaela A. Coughlin, Esq. Dove, Inc. PO Box 690267 Quincy, MA 02269

your answer, if any, on or before **June 6, 2024**. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court.

WITNESS, Hon. Patricia Gorman, First Justice of this Court.

Date: April 24, 2024

COLLEEN M. BRIERLEY
Register of Probate

5/23/24

LEGAL NOTICE

DIVORCE/SEPARATE SUPPORT SUMMONS Docket No. SU24D0737DR

Commonwealth of Massachusetts
The Trial Court
Probate and Family Court

Suffolk Probate and Family Court

24 New Chardon Street
Boston, MA 02114
(617) 788-8300

Vidella J. Grullon vs. Frank L. Grullon

To the above named Defendant:

You are hereby summoned and required to serve upon:

Vidella J. Grullon
78 Sunnyside St.
Hyde Park, MA 02136

a copy of your answer to the complaint for divorce file on: **04/11/2024** which is herewith served upon you, within 20 days after service of this summons upon you, exclusive of the day of service. If you fail to do so, the Court will proceed to the hearing and adjudication of this action. You are also required to file your answer to the complaint in the office of the Register of this Court at the above named court either before service upon plaintiff or plaintiff's attorney or within a reasonable time thereafter.

WITNESS, Hon. Brian J. Dunn, First Justice of this Court.

Date: April 16, 2024

STEPHANIE L. EVERETT
Register of Probate

5/23/24

Massachusetts House Passes Major Health Care Legislation

Cont'd From Page 26

selling their most valuable asset, their land, to REITs. When Steward sold their hospital properties to Medical Properties Trust (MPT) in 2016 for \$1.25 billion, Steward agreed to lease back their former properties from MPT for exorbitant rents, syphoning away important resources and depriving the hospital operations and patients from needed investments. The House bill prohibits the future leasing of land from REITs for the operation of a hospital's in-patient facilities and requires increased disclosure of other lease arrangements as part of the licensure process with the Department of Public Health (DPH).

In response to the tragic death of a patient at one of Steward's hospitals, the bill also improves patient safety by ensuring that DPH is notified if a hospital's medical or surgical supplies are at risk of repossession because of a hospital's financial condition. The bill requires a secured creditor or vendor of medical equipment to notify the hospital and DPH of a possible repossession of equipment 60 days before the intended repossession.

To address the rising cost of health care in Massachusetts, the bill passed reforms the HPC and the health care cost growth benchmark by establishing a benchmark-setting process that is more responsive to market pressures, while also raising expectations on providers to meet the Commonwealth's cost containment goals:

- Reconstitutes the HPC board from 11 to nine members who have more current, relevant experience and insight into the trajectory of the health care market
- Establishes a Technical Advisory Committee within the HPC to adjust the benchmark based on market conditions, such as inflation, labor and workforce development costs, and the introduction of new pharmaceuticals, medical devices, and other health technologies
- Changes the current annual benchmark to a three-year benchmark beginning 2026-2029 which will allow health care entities greater flexibility to address unexpected expenses, and give the HPC greater insight into longer-term trends
- Gives the HPC increased enforcement authority when a health care entity exceeds the benchmark, and when a first performance improvement plan (PIP) is not successful, by allowing the HPC to suggest elements of a new PIP and to conduct Cost and Market Impact Review (CMIR), which may result in a referral to the Attorney General

The bill also establishes a dedicated Division of Health Insurance (DOHI) to review health insurance rates for affordability for consumers and purchasers of health insurance products. Currently, the same state agency that reviews auto insurance poli-

cies reviews health insurance, an insurance product that is essential to the well-being of residents and an important aspect of one of the Commonwealth's largest economic sectors. This bill raises the assessments on insurance companies to pay for increased staff to give health insurance products the scrutiny they deserve.

Protecting independent community hospitals and slowing further market consolidation

This legislation includes several policies to advance the House's long-standing policy goal of protecting low-cost, high-value health care providers and of avoiding further market consolidation by larger hospital systems.

The bill establishes and integrates a Rate Equity Target within the benchmark enforcement process for insurance companies, with the goal of raising the reimbursement rate for historically poorly reimbursed acute care hospitals. The bill incentivizes insurance companies to pay these hospitals no less than 15 percent below the average reimbursement rate for hospitals in the insurance company's network during the first three-year benchmark cycle from 2026 to 2029. Thereafter, the bill guarantees a minimum percentage increase in a hospital's reimbursement rate as a percentage of the health care cost growth benchmark.

This up-front investment by commercial insurers will provide needed resources for low-cost providers for the long-term benefit to the health care market given that, if such hospitals were to close or merge with a larger hospital system, total health care costs in the Commonwealth would inevitably increase.

The bill also provides a Medicaid rate enhancement for a similar group of hospitals, based on a hospital's percentage of patients that are public payers and their relative commercial reimbursement rate as compared to other hospitals.

The House bill also revisits House legislation passed last session which requires applicants for new ambulatory surgery centers to partner with independent community hospitals if the facility's primary service area would overlap with that of the independent community hospital. This measure would protect these crucial hospitals from having their most important services syphoned off by surgery facilities that do not provide the same level of community benefit as 24-hour hospitals that offer a more complete range of health care services.

The bill establishes a Health Resource Planning Council to produce a five-year plan on how to address regional and state capacity issues, which will be housed within a reformed HPC.

The bill passed recommends to comprehensive state and regional health resource planning, and requires consideration of the state plan in the Determination of Need (DoN) process.

It also creates new license categories for urgent care centers and office-based surgery centers, as well as a new registration requirement for physician practices with more than

10 physicians. The bill also requires physicians to notify patients 90 days prior to terminating a patient-physician relationship, which was partly informed by Compass Medical's abrupt closure of

its physician group practice locations in May 2023.

The bill passed the House of Representatives with a 152-1 vote. It now goes to the Senate for consideration.

INVITATION TO BID

INVITATION TO BID

NOTICE TO CONTRACTORS

The Quincy Development Corporation invites sealed bids from Painting Contractors for the **EXTERIOR BALCONY PAINTING AT O'BRIEN TOWERS**, located at 73 Bicknell Street in Quincy, Massachusetts, in accordance with the documents prepared by the Quincy Housing Authority dated 05/08/2024.

The Project consists of: Exterior balcony surface preparation and the application of high-performance coating systems on the existing substrates.

The work is estimated to cost **\$645,500**.

Bids are subject to M.G.L. c.149 §44A-J & to minimum wage rates as required by M.G.L. c.149 §26 to 27H inclusive and they are subject to the Federal Davis-Bacon wage rates and Related Acts.

General bidders must be certified by the Division of Capital Asset Management and Maintenance (DCAMM) in the following category of work – **PAINTING** and must submit a current DCAMM Certificate of Eligibility and signed DCAMM Prime Update Statement (Form CQ 3).

General Bids will be received until **6/7/2024 at 2:00 P.M.** and publicly opened, forthwith online.

SUBTRADES: None

All Bids should be submitted **electronically online** at www.biddocsonline.com and received no later than the date and time specified above.

General bids shall be accompanied by a bid deposit that is not less than five (5%) of the greatest possible bid amount (considering all alternates) in the form of a Bid Bond, Certified check, treasurer's check or cashier's check issued by a responsible bank or trust company made payable to the **Quincy Development Corp.**

Bid Forms and Contract Documents will be available for pick-up at www.biddocsonline.com (may be viewed electronically and hardcopy requested) or at Nashoba Blue, Inc. at 433 Main Street, Hudson, MA 01749 (978-568-1167).

There is a plan deposit of **\$50** per set (maximum of 2 sets) payable to [BidDocs Online Inc.](http://BidDocs Online Inc)

Deposits may be electronically paid or must be a check. This deposit will be refunded for up to two sets for general bidders and for one set for sub-bidders upon return of the sets in good condition within thirty days of receipt of general bids. Otherwise, the deposit shall be the property of the Awarding Authority.

Additional sets may be purchased for **\$50**.

Bidders requesting Contract Documents to be mailed to them shall include a separate check for **\$40.00** per set for UPS Ground (or \$65.00 per set for UPS overnight), payable to BidDocs ONLINE, Inc., to cover mail handling costs.

The **Pre-Bid Conference** and site visit will be on **5/23/2024 at 10:00 A.M. at 73 BICKNELL STREET, QUINCY.**

The Contract Documents may be seen at: Nashoba Blue Inc. 433 Main Street Hudson, MA 01749 Telephone (978)-568-1167

5/23/24

INVITATION TO BID

INVITATION TO BID

REVISED INVITATION TO BID

For

FILED SUB BIDDER AND GENERAL CONTRACTORS

CITY OF QUINCY

PURCHASING DEPARTMENT

1305 HANCOCK STREET

QUINCY, MA 02169

FRANCIS PARKER ELEMENTARY SCHOOL BOILER REPLACEMENT

PUBLIC BUILDINGS

PUBLIC BUILDINGS

for "FILED SUB CONTRACTORS"

for "GENERAL CONTRACTORS"

June 6, 2024 at 11:00 a.m.

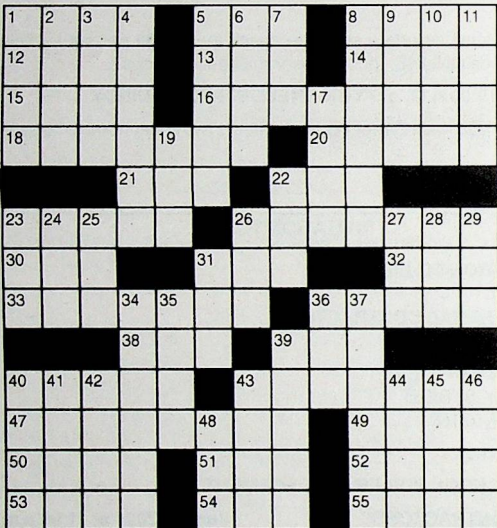
June 13, 2024 at 11:00 a.m.

Thomas P. Koch, Mayor
Paul Hines, Commissioner of Public Buildings
Kathryn R. Logan, Chief Procurement Officer

SUN FUN PAGES

King Crossword

- ACROSS**
- 1 Make over
 - 5 Lucy of "Kill Bill"
 - 8 Sch. for tots
 - 12 Flair
 - 13 Leb. neighbor
 - 14 Bart's sister
 - 15 Suffix for million
 - 16 Kipling poem
 - 18 "Even Now" singer
 - 20 "Old MacDonald" refrain
 - 21 French article
 - 22 PC linkup
 - 23 Type of wheat
 - 26 Prayerful chants
 - 30 Commotion
 - 31 Do sums
 - 32 "As I see it," to a texter
 - 33 "How-to" books
 - 36 Dull
 - 38 Boy king
 - 39 Mandible
 - 40 Gold mold
 - 43 Capital of Nicaragua
 - 47 Work force
 - 49 Reddish brown
 - 50 Jai —
 - 51 Flamenco cheer
 - 52 Pedestal part
 - 53 — Hari
 - 54 Quirky
 - 55 Swindle
- DOWN**
- 1 500 sheets
 - 2 Director Kazan
 - 3 Mend a sock
 - 4 "Anna Christie" playwright
 - 5 Long rides?
 - 6 Caesar's "vidi"
 - 7 Coffee vessel
 - 8 Lament
 - 9 Anger
 - 10 Actor Morales
 - 11 Deck in the ring
 - 17 Campus bigwig
 - 19 Permit
 - 22 Young fellow
 - 23 "Cheers" bartender
 - 24 Hi-tech organizer
 - 25 Very long time
 - 26 Rx writers
 - 27 Shred
 - 28 "— dream-ing?"
 - 29 Turf
 - 31 Flight stat
 - 34 Perfect place
 - 35 Car
 - 36 Mover's vehicle
 - 37 Prizes
 - 39 Hollywood's Leto
 - 40 Mosque VIP
 - 41 "The Lion King" lioness
 - 42 Bitty biter
 - 43 Blend
 - 44 Avocado dip, for short
 - 45 Fed. food inspector
 - 46 Physics bit
 - 48 Romance



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MAGIC MAZE • — DIET

SKIFCEZWURPMJHE
RNCZXUESDNODQNL
JEIGECZRAXTEVTR
PNBKKBLIFJDSHDE
MEDITERRANEANEC
AYWVFATATREBDCP
NNLKTHFOCINTING
EACEBSGWWINUAZ
XWGUSARIOLOAQLP
OEMELRJ IHLALIA G
VGEDVCBAYXWPLBU

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally. Unlisted clue hint: A Very Strict Vegetarian Diet

Atkins	Gluten-free	Liquid	Paleo
Balanced	High-fiber	Low-carb	Plant-based
Crash	I need to	Low-fat	Vegan
Fad	Keto	Mediterranean	

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HOCUS-FOCUS

BY HENRY BOLTINOFF



Find at least six differences in details between panels.



Differences: 1. Crutch is shorter. 2. Leg is different. 3. Cast is smaller. 4. Hat is larger. 5. Sign in window is different. 6. Pole is thicker.

Trivia test

by Fifi Rodriguez

1. ANATOMY: What does the human vestibular sense do?
2. MOVIES: The phrase "As you wish" is key to which 1987 movie?
3. GEOGRAPHY: What is the largest island in the Caribbean?
4. GENERAL KNOWLEDGE: What are Chinese astronauts called sometimes in the West?
5. TELEVISION: Which sitcom features a character named Phoebe Buffay?
6. MEASUREMENTS: What is the square footage of an acre?
7. SCIENCE: What are the four states of matter?
8. HISTORY: Which amendment to the U.S. Constitution

gave women the right to vote?
9. LITERATURE: Which 19th-century novel contains the line, "I am not afraid of storms, for I am learning how to sail my ship"?
10. MONEY: In the old British monetary system, how many pennies were equal to a pound?

Answers

1. It is the sense that deals with movement, gravity and balance.
2. "The Princess Bride."
3. Cuba.
4. Taikonauts.
5. "Friends."
6. 43,560 square feet.
7. Solid, liquid, gas and plasma
8. 19th.
9. "Little Women."
10. 240.

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Wishing Well®

5 8 7 6 4 8 2 7 8 3 4 7 5
A F L A L R B I I Y O F G
7 4 5 6 3 7 2 4 5 6 7 5 8
E V O D O S E E O E T D E
2 8 2 6 3 8 7 2 4 2 8 7 6
C N O C U D Y N E T S L I
4 7 3 6 8 6 4 3 4 7 5 3 6
N E E S B I D N U C S R V
2 4 6 4 8 3 8 3 6 4 8 2 7
E R E E A I C C D S K N H
8 3 8 3 6 2 3 7 6 7 3 2 3
Y H O O A T T A Y N H E E
7 3 2 8 5 3 5 7 8 7 8 5 5
G R D U T S A E U S P R T

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

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Salome's Stars

ARIES (March 21 to April 19) Your sense of adventure is energized by a challenge you've been hoping for. A loved one has some reservations, but can be persuaded to support your move.

TAURUS (April 20 to May 20) Your recently unsettling period has passed. Move ahead with those plans you put on hold. An offer needs careful study before you decide to accept or reject it.

GEMINI (May 21 to June 20) A career move could be in the works, but you might want to question facts that recently came to light. A Libra emerges as a likely romantic prospect.

CANCER (June 21 to July 22) Tense moments in relationships ease up by week's end. In the meantime, be careful not to react in a way that will aggravate the situation.

LEO (July 23 to August 22) Children or other kin present problems that you need to deal with. Your strong protective nature reaches out to reassure them that all will soon be well.

VIRGO (August 23 to September 22) You've earned the right to enjoy some fun time with friends and family. Someone from your past remembers you with fondness. Expect a call.

LIBRA (September 23 to October 22) You might feel the urge to change your surroundings. If you're not up to a major move, you could

get the same effect by redecorating your home.

SCORPIO (October 23 to November 21) Changes in your workplace could test your decision-making ability. Rely on your self-confidence to help you make the right choice at the right time.

SAGITTARIUS (November 22 to December 21) Resist the urge to rush to judgment about friends who might appear to have let you down. You need to hear their sides of the story before you act.

CAPRICORN (December 22 to January 19) The times favor a change for the better in your private life. However, you still might have some sticky wickets to deal with on the job. Stay alert.

AQUARIUS (January 20 to February 18) A friendship could suddenly move from platonic to passionate. The decision for any change in this situation is ultimately yours to make. Consider it thoroughly.

PISCES (February 19 to March 20) You still might be reacting to a stunning revelation from a friend, but it's time to move on. Travel offers a chance to bring someone new into your life.

BORN THIS WEEK: You're a loyal friend. You enjoy singing and love the arts, especially when you find yourself collecting beautiful things.

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CryptoQuip

This is a simple substitution cipher in which each letter used stands for another. If you think that X equals O, it will equal O throughout the puzzle. Solution is accomplished by trial and error.

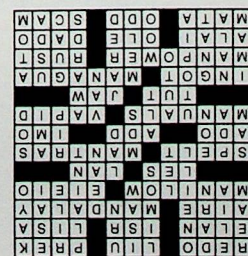
Clue: P equals M

T SAWUORY PWARVC IS CQN
PW FRRFO UVRHMTMX VHFRN
FQYHW. T XIRAA T'P YRMFHVWV
PRMFHVWV SNRSHNRY.

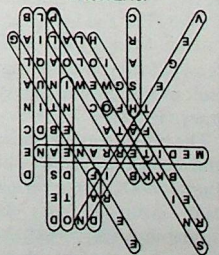
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King Crossword — Answers

Solution time: 23 mins.



Magic Maze ANSWERS:



CryptoQuip answer
I psyched myself up for my teeth cleaning later today. I guess I'm mentally prepared.

HOLLYWOOD

by Tony Rizzo

HOLLYWOOD — Jennifer Aniston must've loved "9 to 5" so much that she plans to produce a reimagining of the classic 1980 comedy. Jane Fonda confirmed in 2018 that a "9 to 5" sequel was in the works with her, Lily Tomlin and Dolly Parton set to reprise their roles. It's taken six years to make it happen. Aniston has enlisted Oscar-winning screenwriter Diablo Cody ("Juno") to create the screenplay.

Aniston's last two films were "Murder Mystery" and "Murder Mystery 2," and her series "The Morning Show" is renewed for season four.

Jerry Seinfeld, whose film "Unfrosted" dropped on May 4 on Netflix, recently confessed that he hadn't planned who would play the Frosted Flakes spokesman Tony the Tiger. Then he got an iPhone video from Hugh Grant, who pitched himself as Tony while holding a glass of wine and sitting on a couch.

Seinfeld's writing partner, Spike Feresten, explained, "We were just stunned on how homemade his audition was — and how good it was. Here's Hugh Grant at 8 o'clock at night before he goes to bed, crushing the lines." After Grant signed up, a lot of other people started falling in: Melissa McCarthy, Amy Schumacher, Max Greenfield, Christian Slater, James Marsden, Jack McBrayer, and Jim Gaffigan as Kellogg.

This is surprising when you remember Grant trashed his role as the Oompa Loompa in "Wonka," complaining, "I couldn't have hated the whole thing more." He was inconvenienced by the motion

capture technology that he had to endure to play a little Oompa Loompa. He also had to wear a special suit to catch his movements, which he said "was like a crown of thorns." Then why did he do it? "I have lots of children, and I need the money," he confessed. (Grant has five children with two women out of wedlock.) In addition to playing Tony in "Unfrosted," Grant's got "Bridget Jones: Mad About the Boy" and the horror thriller "Heretic" coming soon.

Both Julie Andrews and Anne Hathaway have been saying for a while that they wanted to revisit "The Princess Diaries." The first film (released in 2001) grossed \$165.3 million, and the second (released in 2004) grossed \$134.7 million. (Both were directed by the late, great "Happy Days" producer Garry Marshall.) Andrews said, "It's quite a long time since the two 'Diaries' were done...but sometimes it's best to leave a good thing alone. ... There was dialogue about it. Nothing was ever realized...I'd be very happy if we did do another one, but I don't expect to." Dame Julie Andrews, who turns 89 on Oct. 1, has, of late, done the voice of Lady Whistledown in "Bridgeton," and Marlena in "Minions: The Rise of Gru." She and daughter Emma Walton Hamilton have written 35 children's books, for which they've also recorded the audiobooks. At this stage, I'd rather read Julie Andrews' uncensored diaries. You know that everything hasn't always been supercalifragilisticexpialidocious!

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GO FIGURE!

The idea of Go Figure is to arrive at the figures given at the bottom and right-hand columns of the diagram by following the arithmetic signs in the order they are given (that is, from left to right and top to bottom). Use only the numbers below the diagram to complete its blank squares and use each of the nine numbers only once.

DIFFICULTY: ★

★ Moderate ★★ Difficult
★★★ GO FIGURE!

		-		+		=	9
+			+		+		
		+		×		=	56
÷			+		×		
		+		+		=	17
=			=		=		
9			13		117		
1	2	3	4	5	6	7	8 9

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KOVELS Antiques & Collecting

By Terry and Kim Kovels

Mechanical Banks — Mechanical banks function as both a toy and a useful, even educational, device. Deposit a coin and a figure dances or jumps into the air, an animal swallows the coin, a flag is raised or another action is performed. They entertain children and encourage them to save money.

Now, antique mechanical banks, particularly the cast-iron examples made in the 1800s, sell for impressive prices. Later mechanical banks can sell well, too.

This lithographed tin "Watch Me Grow" bank was made in the 1940s by General Metal in Canada and sold for \$615 Canadian (about \$459 U.S. currency) at a sale by Jon Dunford, Miller & Miller Auctions, LTD. It is shaped like a cylinder and decorated to look like a figure of a man in a colorful suit holding a sign saying, "Watch Me Grow TALL with Coins Large & Small." The coin slot is on top of the man's hat. The figure's "legs" are hidden inside the cylinder. A spring inside the bank causes the cylinder to rise when coins are dropped in, appearing to lengthen the "legs" and make the figure grow taller.

Q: I inherited a huge amount of jewelry from a relative. I don't know what to do next. Most seem costume (not sure), but I would like to hold a sale or auction. What do I do and how?

A: Look for marks on the back of the jewelry, then search Kovel's.com and other online sites for information about the makers. Check "sold" prices on eBay and liveauctioneers.com, and "asking" prices on other sites, to see what similar

jewelry sells for. If you think you have fine jewelry made with real gold or precious stones, take it to a jeweler for an opinion on authenticity and value, and perhaps a sale. Contact an auction house that sells jewelry. If they sell jewelry, they also buy it. Go to flea markets to see what costume jewelry sells for. If you plan to hold an online sale or auction, include a clear photo, size, material, maker, any interesting history and a good title that includes keywords to attract buyers' attention. If you decide to sell the jewelry yourself, you must charge sales tax. It's a lot of work but good jewelry sells for fair prices.

TIP: Set your sundial at noon, June 15. Place it so the shadow falls on the 12.

CURRENT PRICES

- Kitchen, churn, butter, wooden stave construction, four horizontal bands, old yellow paint, round, tapered, 1800s, 21 inches, \$225.
- Quilt, applique, 15 floral wreaths, each different, notched and vine borders, white ground, yellow backing, early 20th century, 88 x 84 inches, \$450.
- Toy, elephant, ride-on, blond mohair, tusks, floppy ears, growler, on frame with four wheels, Steiff, button in ear, 36 x 43 inches, \$525.
- Barber pole, wood, turned, painted, white with blue and red diagonal stripes, swollen cylinder form, ball ends, early 20th century, 19 1/2 inches, \$685.

Subscribe to the Kovel's free weekly email newsletter, Kovel's Comments, at www.Kovels.com.

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STICKELERS

by Terry Stickels

Can you unscramble the letters in the grid below to form a common 16-letter word?

N	E	A	N
T	N	R	S
A	I	T	C
L	T	N	O

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Strange BUT TRUE

• Australian bushranger Joseph Johns escaped from prison so many times that the government finally had to build a special cell to hold him, after which an overly (if understandably) confident governor said to him, "If you get out again, I'll forgive you." You guessed it: Johns escaped that as well.

• There's a "Heaven Scent Pizza" for dogs, made of flour, carrots, celery and Parmesan cheese.

• A high school basketball coach was fired after his team won 100-0 because the Catholic school he worked for thought that such a wide-margin victory failed to display a "Christ-like and honorable approach to competition."

• Two Chinese bank employees stole over \$6.6 million and spent it all on lottery tickets. Unfortunately, crime didn't pay when they only recovered about \$13,000.

• Don Rickles died before he could record dialogue for "Toy Story 4." Rather

than replacing him, Disney reviewed 25 years of material from the first three films, video games and other media, and assembled enough to cover the entire film.

• A study has found that second-born children are more likely to be troublemakers.

• In Japan, male students can confess their love to another person by giving them the second button — the one closest to the heart — from the top of their school uniform.

• Laser removal doesn't actually remove a tattoo. It just helps break it down so the body's white blood cells can carry it away. Eventually, you poop out your tattoo.

• A bloodhound in Alabama went outside to relieve itself and accidentally joined a half marathon, then ended up in seventh place. The race was dubbed the "Hound Dog Half," and those who end up in seventh place earn a special award.

Thought for the Day: "If you run out of kind words for yourself, stop talking." — Niklas Goke

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Now here's a tip!

by Jo Ann Derson

• Want to pump up a dying fire? Never use lighter fluid. Even if the coals look really gray, they could be hot on the inside. The stream of fluid CAN catch fire. It's too dangerous. Put new briquettes in with the old, and light those up using a long-stick match.

• "Keep flareups from unintentional blackening: Keep a clean spray bottle filled with plain water next to the grill. Long after you're done cooking and you're ready to clean up those ashes from briquettes, mist the ashes first, and it will keep them from making a dust cloud." — U.L. in Georgia

• From charcoal grilling expert Kingsford, here's a great tip to use when grilling chicken: "When applying a dry rub to chicken pieces, it's often hard to keep the rub affixed and it's even more difficult to keep the chicken's original, golden color. Try painting chicken pieces with yellow mustard prior to applying the rub. Not only will the rub stay

in place, your final product will be visually appealing — without any trace of mustard flavor."

• When wrapping vegetables in foil packets to grill, make the seams on the sides. This way, the veggie packets can be turned over for even cooking and to avoid burning on one side. You can even label the outside of the foil in permanent marker. It won't affect the taste of the food.

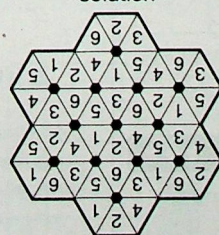
• To cover a picnic table in windy conditions, choose a fitted bed sheet. An alternative that is kid-friendly is to cover a table entirely with white butcher paper, taped at the seams and secured underneath with strong tape such as duct tape. The kids can busy themselves drawing placemats and decorations for everyone in crayon while the adults do the grilling.

Send your tips to Now Here's a Tip, 628 Virginia Drive, Orlando, FL 32803.

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SNOWFLAKES

solution



Go Figure!

answers

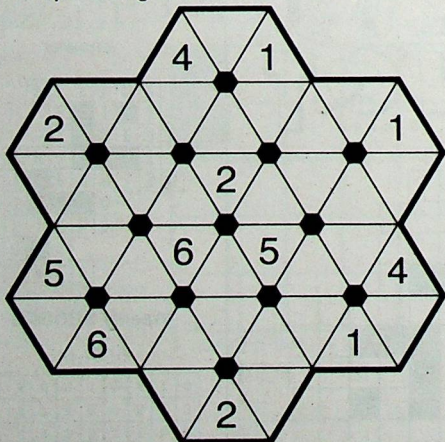
	117	13	6	
17	6	7	1	
	x	+	+	
99	8	x	4	3
	+	+	+	
6	5	+	2	9

Stickelers Answer
TRANSNONTINAL
The word is:

SNOWFLAKES

by Japheth Light

There are 13 black hexagons in the puzzle. Place the numbers 1 - 6 around each of them. No number can be repeated in any partial hexagon shape along the border of the puzzle.



DIFFICULTY THIS WEEK: ◆

◆ Easy ◆◆ Medium ◆◆◆ Difficult

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Super Crossword

UNspoiled EXPANSES

ACROSS

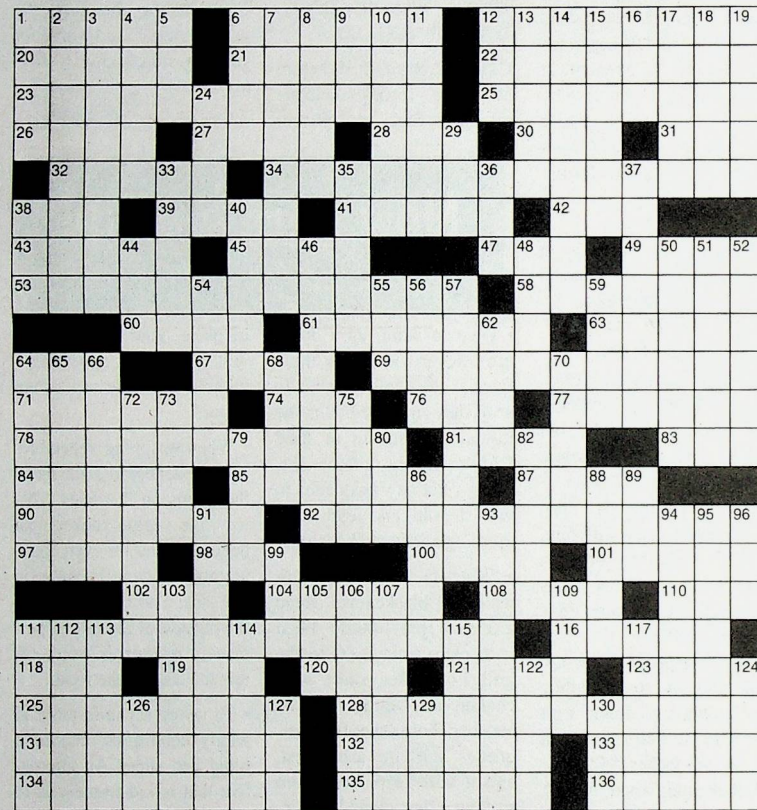
- 1 Choco-coffee flavor
6 Low bow of respect
12 Global rivalry concerning weaponry
20 Customary jurisdiction
23 Iconic logo of McDonald's [Utah]
25 Proceeds forward
26 Long, thin cut
27 Three, in Germany
28 Sgt., say
30 Poet's "always"
31 Suffix with percent
32 "Holmes" (2020 Millie Bobby Brown film)
34 Biblical metaphor for Jerusalem [Utah]
38 Drs.' org.
39 Slimy veggie
41 "Swell!"
42 Hush-hush U.S. org.
43 Original thing
45 Regal name of Norway

- 47 Erwin of old Hollywood
49 Dozes
53 Full-size SUV introduced in 2000 [California]
58 It's between tau and phi
60 Curbside cry
61 Not given an assessment
63 Very, in slang
64 Scottish cap
67 "Star Wars" royal
69 Opaque quartz with banding [Alberta]
71 Nervous
74 Pol who was John-John's uncle
76 Coll. in Columbus
77 Big name in train travel
78 Mac computer platform released in 2014 [California]
81 Actor Neeson
83 — 10 (acne medication)
84 Strong string
85 Actress
87 "Ooh" or "tra" follower

- 90 British spy novelist John
92 Ice mass descending a mountain valley [British Columbia]
97 Love god
98 Magnate
100 High volcano in Sicily
101 Society for brainiacs
102 Brain-hued
104 "Sheena" star
108 Action word
110 "ASAP!"
111 Full-size SUV introduced in 1998 [Alaska]
116 Natty necktie
118 OPEC supply
119 Type of 35 mm camera
120 Part of USSR: Abbr.
121 Torah cabinets
123 Rd. crossers
125 Like Attu's island chain
128 What each of seven key words in this puzzle is the name of
131 Really rant at
132 "Beats me"
133 Shaw of jazz clarinet

- 134 Vaccine injectors
135 Abhor
136 Game token
DOWN
1 Coffee holders
2 Italian encore song, often cooking
3 Concerning
4 Couldn't help but
5 Beer for a Brit
6 Box lightly
7 Terrier breed
8 Saint — (island country)
9 Hearth waste
10 Get back at
11 Violinist
12 Computer pioneer
13 Person on a bus, e.g.
14 Classic soul song by Curtis Mayfield
15 Wolves (down)
16 Sidekick of Stimp
17 PC character set acronym
18 Singer Green formerly on "The Voice"

- 19 Ruhr city
24 Its cap. is Bismarck
29 Ex-Giant Mel
33 Ton of, casually
35 Not pleasurable, colloquially
36 Aurora, to the Greeks
37 Most wacky
38 Astern
40 TV's
44 Mayberry's
46 Brand of bottled water
48 Sassy quality, for short
50 Elite NFLer
51 Medieval war weapon
52 Catty
54 Wheel bars
55 Singer Rita
56 "Othello" role
57 Sloping
59 Counterfeit
62 Needle case
64 Flute sound
65 Respond to
66 Toluca locale
68 Rombauer of cooking
70 Actor
72 Line of family rulers
73 Attendee
75 "Hooked on Classics" label
79 At any time
80 Seer's skill
82 Pool growth
86 Tuscany city
88 Baby sheep
89 Top pilot
91 Irritating
93 Outskirts
94 Be a pioneer
95 Arcane
96 Uncooked
99 B&B, e.g.
103 Big Texas city
105 Has too much, with "on"
106 Brezhnev of the USSR
107 Enter forcibly
109 Tabula —
111 Bleating beasts
112 Singer
113 Not fuzzy
114 Talk formally
115 Singer Cleo
117 Italian isle
122 Make tangled
124 — Ball
126 Geller of the paranormal
127 Denials
129 "For shame!"
130 Indy circuit



celebrity extra

by Dana Jackson

Q: Are there any more series in the works for actress Poppy Montgomery? I'm in the process of watching all the reruns of "Unforgettable" with her in it. — L.M.

A: Australian actress Poppy Montgomery has starred in two very successful drama series, both on CBS. First, she played FBI agent Samantha Spade in "Without a Trace," opposite another Australian — Anthony LaPaglia ("Florida Man"). The show lasted seven seasons and likely led to Montgomery headlining another series for the same network, called "Unforgettable." The premise is about a crime solver with hyperthymesia, a condition in which she can recall every place, conversation and moment in her life. It's loosely based on actress Marilu Henner ("Taxi"), who was diagnosed with the same condition. Since "Unforgettable" ended in 2016, Montgomery has starred in the ABC series "Reef Break," but it lasted just one season. Her other credits include TV movies like "A Surrogate's Nightmare," "Mission Control" and "Christmas on the Farm." There are no other upcoming projects listed for her, but I wouldn't rule her out for another network series in the future.

Q: Is it true that Reba McEntire is leaving "The Voice"? Who will replace her? — N.N.

A: No, as a matter of fact, Reba McEntire will be back for her third consecutive season as a coach this fall on the singing-competition series "The Voice." Also returning as a coach is Gwen Stefani, but there will be two new occupants in the big red chairs this coming season. Canadian crooner Michael Bublé and Los Angeles rapper Snoop Dogg will round out the team. Both have served in other capacities on "The Voice," in the form of advisor and mentor, respectively.

Q: I'm wondering if actress Laura San Giacomo is still working? I read that she's married to an actor I saw in a movie on HBO about surfing, called "North Shore." Are they still married? — K.B.

A: Laura San Giacomo won an Independent Spirit Award for her supporting role in the indie film "Sex, Lies and Videotape" back in 1989. A year later, she made another memorable impression on audiences as Julia Roberts' wisecracking roommate in the blockbuster hit "Pretty Woman." She went on to star alongside David Spade in "Just Shoot Me!" for seven seasons, playing a hot-tempered journalist who loses her job and is forced to go work at her father's fashion magazine. It might appear that her career



Poppy Montgomery in "Reef Break"

Photo: Courtesy of ABC

took a downturn after that, but in reality, she's been working pretty much nonstop for the past two decades. More recently, she had a recurring role as a therapist on the hit series "NCIS," played an acting coach in the Emmy-nominated HBO series "Barry," and was part of the ensemble cast of the Tim Allen series "The Santa Clauses." As for her husband, San Giacomo has been married to Matt Adler ("North Shore") since 2000. Most of his recent credits include voice work for animated series and video games.

Send me your questions at NewCelebrityExtra@gmail.com, or write me at KFWs, 628 Virginia Drive, Orlando, FL 32803.

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Even Exchange by Donna Pettman

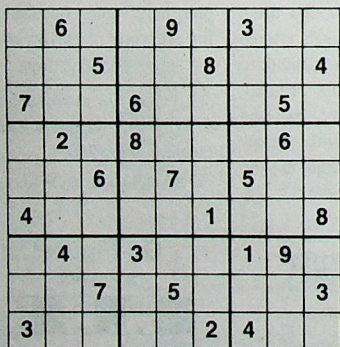
Each numbered row contains two clues and two 6-letter answers. The two answers differ from each other by only one letter, which has already been inserted. For example, if you exchange the A from MASTER for an I, you get MISTER. Do not change the order of the letters.

- | | | | |
|----------------------------|---------------|----------------------|---------------|
| 1. Georgia's crop | _____ H _____ | Truce | _____ E _____ |
| 2. Start a new paragraph | _____ D _____ | Create something new | _____ V _____ |
| 3. F. _____ Fitzgerald | _____ T _____ | Tonto's mount | _____ U _____ |
| 4. Courtroom authority | J _____ | Chewy confection | F _____ |
| 5. Meander | _____ A _____ | Spectacle | _____ O _____ |
| 6. Red gem | _____ T _____ | Harvest | _____ R _____ |
| 7. President Truman | _____ A _____ | Rush | _____ U _____ |
| 8. Perimeter | _____ G _____ | Hemingway's big fish | _____ L _____ |
| 9. _____ and desist! | _____ E _____ | Pursue | _____ H _____ |
| 10. Rowling's young wizard | _____ T _____ | Wanted sign | _____ S _____ |

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Weekly SUDOKU

by Linda Thistle



Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

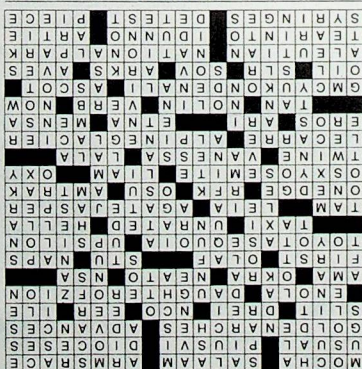
DIFFICULTY THIS WEEK: ♦♦♦♦

♦ Moderate ♦♦ Challenging
♦♦♦ HOO BOY!

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Super Crossword

Answers

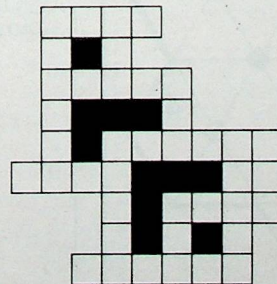


Even Exchange answers

- | | |
|-------------------|--------------------|
| 1. Peach, Peace | 5. Wander, Wonder |
| 2. Indent, Invent | 6. Garnet, Garner |
| 3. Scott, Scout | 7. Harry, Hurry |
| 4. Judge, Fudge | 8. Margin, Marlin |
| 9. Cease, Chase | 10. Potter, Poster |

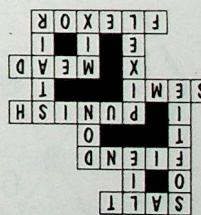


- IXM
FISEOT
♥IDFNE
♥AMDE
SNUPHI
♥ELI
ESIM
♥TISRA
♥ODN
OXFERL
XIPLE
♥ASTL



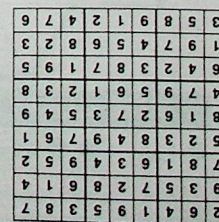
Unscramble these twelve letter strings to form each into an ordinary word (ex. HAGNEC becomes CHANGE.). Prepare to use only ONE word from any marked (♥) letter string as each unscrambles into more than one word (ex. ♥RATHE becomes HATER or EARTH or HEART). Fit each string's word either across or down to knot all twelve strings together.

FEAR KN&T answer



Weekly SUDOKU

Answer



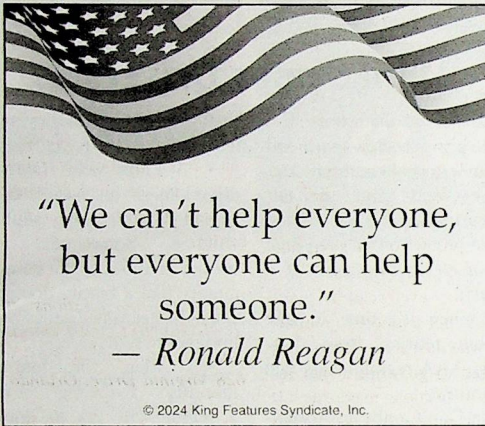
Amber Waves



Out on a Limb



Americanisms



Just Like Cats & Dogs



How to train an excited, reactive dog

DEAR PAW'S CORNER: My 1-year-old puppy, "Shellie," gets very excited when she sees another dog approaching. Because she's already 26 pounds, I'm worried that she'll soon break away from me while on walks. What can I do? — *Glen H., Plattsburgh, New York*

DEAR GLEN: Keeping control of your dog on the leash is such an important skill — and there is a way to achieve that with Shellie.

First, work on curbing overall reactivity. Does Shellie get really excited when the leash appears? Does she practically drag you out the door for walks? Get control of that first:

- Bring out the leash, but don't put it on Shellie right away. Wait until she's calm, then attach the leash.
- Next, walk away from the door. Lead Shellie around the house. She'll be pretty confused, and that's fine.

— Stand at the door and have her sit. Open the door slightly, then close it. Repeat. Repeat again until Shellie is staring at you like, "are you nuts?"

— Now, exit the house, but only if Shellie stays by your side or slightly behind you. If she tries to rush out, repeat the door exercise.

Now, let's address that reactivity on walks. Here are a few tips that can help:

- A sturdy, short leash is essential to maintaining control.
- Train Shellie to walk at your side with a little slack in the leash.
- Work on core commands when no other dogs are around: Come, Sit, Stay, Heel.
- Place yourself between Shellie and an approaching dog. Move her to your other side and keep her slightly behind you. You're her protector right now.
- Avoid practicing "meet and greets" with other dogs until Shellie is no longer reactive on sight.

These training methods are just a start, but they'll put you both on the right track. Most importantly, be consistent with training and daily walks.

Send your tips, comments or questions to ask@pawscorner.com.

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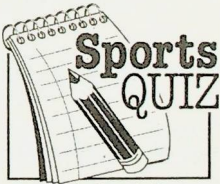
WORD LADDERS

Can you go from FLAME to GRACE in 6 words? Change one letter for each rung in the ladder.

FLAME

GRACE

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1. What caused the quarterfinal match between Carlos Alcaraz and Alexander Zverev at the 2024 BNP Paribas Open in Indian Wells, California, to be delayed for almost two hours?
2. What member of the Boston Bruins was found guilty of assault with a weapon for attacking the Vancouver Canucks' Donald Brashear with his hockey stick during a 2001 NHL game?
3. Tyler Gilbert was pitching for what team in August 2021 when he threw a no-hitter in his first MLB start?
4. Lusail International Circuit, which first hosted a FIA Formula 1 World Championship race in

- 2021, is located in which Middle Eastern country?
5. Name the golf legend who said, "If you are caught on a golf course during a storm and are afraid of lightning, hold up a 1-iron. Not even God can hit a 1-iron."
6. Jay Riemersma, who had a nine-season NFL career with the Buffalo Bills (1996-2002) and Pittsburgh Steelers (2003-04), played what position?
7. What open-road auto race was held in Italy from 1927-57 and claimed the lives of 56 people during its 30-year history?

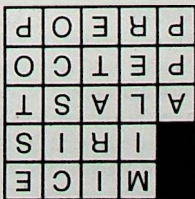
Answers

1. A swarm of bees.
2. Marty McSorley.
3. The Arizona Diamondbacks.
4. Qatar.
5. Lee Trevino.
6. Tight end.
7. The Mille Miglia (Italian for "Thousand Miles").

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Micro Crossword

Answer



WORD LADDER
Answer
GLADE, GRAPE, GRACE,
FLAME, FLARE, GLARE,

SCRAMBLERS

solution

AFFLUENT

Today's Word

3. Refrain; 4. Invest

1. Tudge; 2. Fater;

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Plod				
GUTERD				
Waver				
ARTFEL				
Resist				
AIRFERN				
Devote				
VENTIS				

TODAY'S WORD



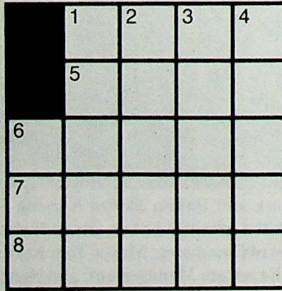
"This society I keep hearing about—when are we going to join?"

Micro Crossword

By Elizabeth C. Gorski

Across

- 1 Nursery rhyme trio
- 5 "Black ____" (1926 Georgia O'Keeffe painting)
- 6 As ____ resort
- 7 Retailer for Fido and Fluffy
- 8 Before surgery, informally



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Down

- 1 Track athlete
- 2 Seeing red
- 3 Tech giant

- headquartered in San Jose, CA
- 4 Bar, legally
 - 6 "Killer" software

- ON NOW: "The Beach Boys" (Documentary) — Disney+
- 29-May: "Lainey Wilson: Bell Bottom Country" (Docuseries) — Hulu
- 29-May: "Patrick Melrose" (Limited Series) — Netflix
- 29-May: "Dancing for the Devil: The 7M TikTok Cult" (Documentary) — Netflix
- 29-May: "Camden" (Docu-series) — Hulu
- 29-May: "MoviePass, MovieCrash" (Documentary) — Max
- 30-May: "Eric" (Limited Series) — Netflix
- 30-May: "Die Hart 2: Die Harter" (TV-MA) — Prime Video
- 31-May: "The Outlaws" (Season 3) — Prime Video
- 1-June: "Heartland" (Season 16) — Netflix

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Here's what to watch and where to watch it for the week of May 27, 2024

Historical Society Offering Group Trip June 6 To Cathedral Of The Pines

Quincy Historical Society is offering a group trip, appropriate to the 80th anniversary of D-Day, to Cathedral in the Pines in Rindge, N.H., with lunch Pickity Place restaurant on Thursday, June 6. Cathedral in the Pines is a non-denominational historical and natural site. It was founded shortly after World War II to honor the military service and sacrifice of American men and women. Located on a hilltop with breathtaking views of Mount Monadnock, the site includes a museum and walking trails.

Pickity Place restaurant, in Mason, N.H., is housed in a historic 18th century cottage, whose picturesque qualities inspired the illustrations for a classic edition of "Little Red Riding Hood." The restaurant has gained a reputation for fresh-from-the garden cuisine. The lunch menu includes minestrone with sun-dried tomato pesto, southwest salsa verde dressing, a choice of entrée of sesame chicken napa slaw or eggplant rollatini parmesan, and chocolate strawberry cheesecake dessert.

The bus will depart the Adams Academy at 7:30 a.m. The visit to Cathedral of the Pines will be in the morning. Pickity Place has several themed gardens to explore following lunch. The bus will return to the Adams Academy by 5 p.m.

The fee for the trip is \$90 per person for Quincy Historical Society members and \$95 per person for non-members. Anyone interested in participating or wanting additional information should contact the Historical Society at 617 773-1144 or info@quincyhistry.org.

Quincy Point Congregational Church Seeks Recipes For Cookbook

Attention Foodies: We are creating a cookbook!

MAKING MEALS, SHARING STORIES - A NARRATIVE COOKBOOK FROM QUINCY POINT.

Every year, our church raises funds for a community cause. This year the project is EVERYDAY ESSENTIALS for local public school children in need of the basics: socks, underwear, tee shirts, sweat pants, sneakers, personal care items.

In the elementary schools, these items are given out by the school nurse; for older grades, needs are often identified through the staff of the McKinney-Vento program. All proceeds from the sale of the book will benefit these EVERYDAY ESSENTIALS.

We hope to create a unique and engaging book. There will be some food, photos, personal portraits and narrative reflections about places, people and experiences from Quincy Point.

Do you have a recipe you would be willing to share: perhaps a favorite salad, a chocolate indulgence, a go-to dinner for visiting relatives ... Here are some of the Chapter Titles:

GARDEN TO TABLE (veggie forward dishes);

BOWL ME OVER! (rice bowl, noodle bowl, soup, chowder, chili);

IT'S A WRAP! (naan wrap, lavash roll-up, tortilla wrap, egg roll, spring roll);

FAVORITE DINNER DISHES;

GAME DAY EATS;

BAKING BLISS;

AFTERNOON TEA (savory and sweet: from tea sandwiches and deviled eggs to shortbread, scones, shortcake, etc.)

MEMORIES OF THE SHIPYARD AND MESS DECK MEALS (US Navy) (USS Salem)

Please send recipes to the church office: office@quincypointcong.org by the end of May 2024. We hope to have the book printed and available by the beginning of December 2024. Questions or comments to Rev. Ann: asuzedell@comcast.net.

Remember you are always welcome to join us for worship. This Sunday, May 26, we celebrate Trinity Sunday at Quincy Point Congregational Church! Gather with us at 10 a.m. in the Sanctuary located at 444 Washington St. After worship, we invite you to join us in the lower-level Social Hall for coffee, refreshments, and fellowship.

Accessibility is important to us, and our church is equipped with an elevator on the Abbey Road side and an "all access" restroom for your convenience.

Can't make it in person? No problem! Our weekly worship service is live-streamed every Sunday at 10 am on our YouTube, Vimeo, Facebook pages, and our website: www.quincypointcong.org. You can also catch past services at any time on these platforms. You can also tune in to QATV channel 8 on Sundays at 11:30 a.m. and Wednesdays at 6 p.m. for a re-broadcast of our weekly worship service.

Josephine T. Coyne, 92

Josephine T. (Murphy) Coyne, of Marshfield, formerly of Quincy, passed away May 16, 2024. She was 92.

The beloved wife of the late John B. Coyne. Devoted mother of Kathleen Foley and her husband Terrence of Braintree, Joanne Fraser and her husband Steven of Milton, Jacqueline Penzo and her husband Michael of Quincy and the late Thomas Coyne and his wife Anette of West Roxbury. Daughter of the late Thomas & Mary (Hastings) Murphy. Sister of Patricia Austin of Braintree, Francis Murphy of Falmouth and the late Maureen Roy. Second Mom to Julie Pitts and her family of Weymouth. JoNana to Shannon, Catherine, Tori, John, Michael and Eric. Nano to Méabh, Scarlett, Sam and Vito. She is also survived by many nieces and nephews and her extended village of friends from Kearsarge Rd.

Josephine lived a re-



JOSEPHINE T. COYNE

markable life filled with resilience, dedication, and a diverse array of talents. Despite facing early hardships with the loss of her mother, she stepped up to help raise her siblings, displaying remarkable strength and compassion from a young age. Her 55-year tenure as a unit secretary at St. Margaret's Hospital speaks volumes about her commitment and work ethic, retiring only at the age of 79. Beyond her professional life, Josephine's hobbies and passions added vibrant colors to her existence. From her ex-

cellent skill in knitting and crocheting intricate pieces like Christmas stockings and Irish knit sweaters to picking up golf at the age of 70, she epitomized the spirit of lifelong learning and exploration. Her love for dancing and cherished moments with the SNDA group on Saturday nights showcased her zest for life and social connection. Living by the beach must have brought her immense joy and tranquility, but it's evident that her true happiness stemmed from the love and bond she shared with her family. They were the cornerstone of her life, shaping her values and providing her with unwavering support throughout her journey. She made her home a sanctuary of love and laughter for everyone. Her story is one of courage, resilience, and the pursuit of joy in both the simple moments and the grand adventures of life. She leaves

behind a legacy of cherished memories, boundless love, strength, and inspiration for all who had the privilege of knowing her. Her vibrant spirit lives on and will be the legacy she leaves behind.

Relatives and friends are respectfully invited to greet the family during the visiting hours on Tuesday, May 28 from 4-8 p.m. in the Keohane Funeral Home, 785 Hancock St., Quincy. A Celebration of Life Service will be held in the funeral home at 9:15 a.m. on Wednesday, May 29 prior to the Funeral Mass in St. Ann's Church, Quincy at 10 a.m. Burial in Blue Hill Cemetery, Braintree.

In lieu of flowers, donations in memory of Josephine may be made to St. Jude Children's Research Hospital, 501 St. Jude Place, Memphis, TN 38105. See www.Keohane.com for directions and online condolences.

Tips For Families To Share With Senior Drivers

May is Older Americans Month—the perfect opportunity for families with older drivers to talk about safe driving and help ensure loved ones can stay active and mobile as they age.

AAA offers the following tips for families to share with senior drivers:

- Review new technologies: Today's new vehicles are often equipped with a variety of safety features, from lane keeping assistance to adaptive cruise control. Review your car's manual or watch video tutorials to ensure you're comfortable with how these systems work.

- Monitor your health: Various medical conditions, eyesight problems, or memory issues can make driving more challenging, and some medications can impair driving ability. Talk with your doctor and pharmacist about your safety on the road given your unique medical history.

- Adjust your driving habits when necessary: Some seniors may only drive in the day, avoid highways, or make three right turns instead of an unprotected left turn. Families should discuss the best strategies to keep an older driver

safe behind the wheel. Before a trip, review maps and plan less challenging routes.

- Wear your seatbelt: Wearing a seatbelt is the best protection you can give yourself in the event of a crash.

When it's time to talk about retiring from driving, AAA recommends that families:

- Don't ambush: Abruptly taking keys away from an older driver can backfire. Start the conversation before warning signs appear, such as damage to a vehicle that the senior was not aware of, or an older driver

getting lost in places they've frequented in the past.

- Enlist help: Older drivers might resist the conversation with their adult children. Sometimes, a trusted member of the community like a family doctor can help steer the discussion into productivity.

- Plan for future mobility: Knowing how a senior will get to doctors' appointments and social gatherings makes the conversation much easier. AAA offers a Senior Mobility Planning Toolkit to help families identify local transportation resources and actively plan for their future.

Hancock Park, DaVita Deliver On-Site Skilled Nursing Facility Dialysis

Hancock Park and DaVita Skilled Nursing Facility (SNF) Dialysis announce an on-site, kidney care program in Quincy.

The on-site dialysis center is exclusively available to short-term rehabilitation patients and long-term care residents of Hancock Park.

"We bring 20 years of experience as a leading kidney care provider," said Dan Viaches, president of DaVita SNF Dialysis. "We appreciate that Hancock Park trusts us to deliver high-quality care to the patients they serve."

DaVita's highly trained and dedicated care team members deliver on-site care to residents of Hancock Park, creating a more comfortable and convenient experience for many patients and their care partners.

"The opening of our in-house dialysis den is not just a milestone for Hancock Park, but an opportunity to improve the patient experi-



GRAND OPENING – Hancock Park and DaVita Skilled Nursing Facility (SNF) Dialysis recently held a ribbon cutting to mark the opening of its on-site, kidney care program. From left to right: Tim Cahill, Quincy Chamber of Commerce; Mayor Tom Koch; state Rep. Tackey Chan; Kevin Morris, president and CEO of BaneCare Management; and Nancy Zappolo, vice president, BaneCare Management.

Courtesy Photo

ence and clinical outcomes for those facing the challenges of kidney disease," said Kevin Morris, president and CEO of BaneCare Management, the operating manager of Hancock Park. "It's a testament to our com-

mitment to our patients by removing the obstacles they face when trying to maintain a dialysis schedule at the same time as receiving inpatient nursing care and rehabilitation."

Hancock Park provides

24-hour nursing services; occupational, physical and speech therapies; and on-site hemodialysis — reducing the discomfort, inconvenience, and cost of frequent transportation for off-site treatment.

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PERSONAL

THANK YOU
ST. JUDE, BLESSED MOTHER,
ST. ANTHONY, ST. JOSEPH,
ST. PEREGRINE,
ST. THERESA
J.D. & C.V.D.
Wishing Lon Cahill,
1956 graduate of QHS,
and his family a
Great California summer.
Love, Nancy Walty

FOR SALE

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MAIL TO: THE QUINCY SUN, 1372 HANCOCK STREET,
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PAYABLE IN ADVANCE. Payment must accompany order.

RATES

1 WEEK

☐ \$9.00 for one week, up to 20 words, 10¢ for each additional word.

2-4 WEEKS

☐ \$8.00 per week up to 20 words for 2-4 weeks of the same ad, 10¢ each additional word.

5-10 WEEKS

☐ \$7.50 per week, up to 20 words, for 5-10 weeks of the same ad, 10¢ for each additional word.

11 WEEKS OR MORE

☐ \$7.00 per week, up to 20 words, for 11 or more weeks of the same ad, 10¢ for each additional word.

☐ Enclosed is \$_____ for the following ad to run _____ weeks in

The Quincy Sun.

COPY: _____

INDEX

- ☐ Services
- ☐ For Sale
- ☐ Autos
- ☐ Boats
- ☐ For Rent
- ☐ Wanted
- ☐ Help Wanted
- ☐ Work Wanted
- ☐ Pets
- ☐ Lost & Found
- ☐ Real Estate
- ☐ Antiques
- ☐ Flea Markets
- ☐ Yard Sales
- ☐ Instruction
- ☐ Day Care
- ☐ Personal
- ☐ Miscellaneous

NO REFUND WILL BE
MADE AT THIS CONTRACT
RATE IN THE EVENT OF
CANCELLATION.

DEADLINE: FRIDAY AT 4PM. PLEASE INCLUDE YOUR PHONE NUMBER IN AD.

Want to
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The Quincy
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There are 50+
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that sell it
on their
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PLEASE RECYCLE THIS NEWSPAPER

QHS Fashion Show - Fashion 3: Junior Major Collections

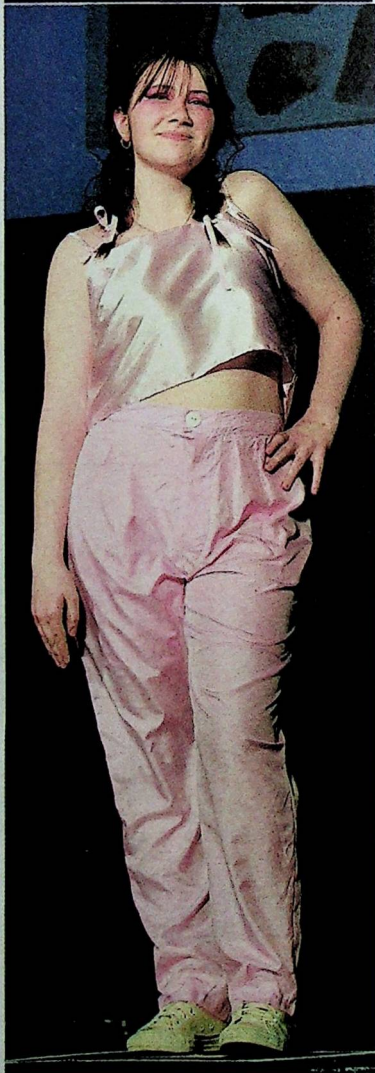
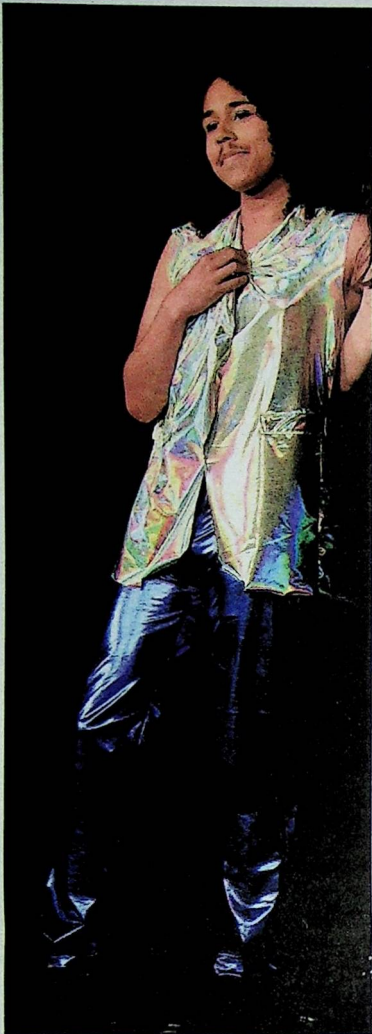
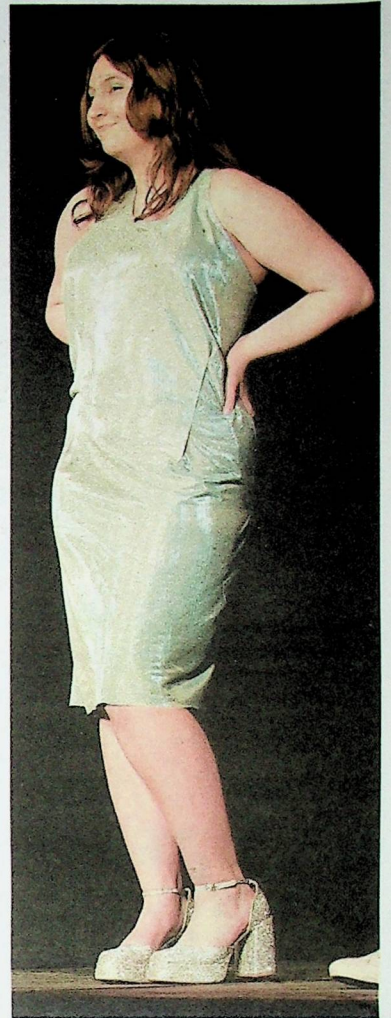
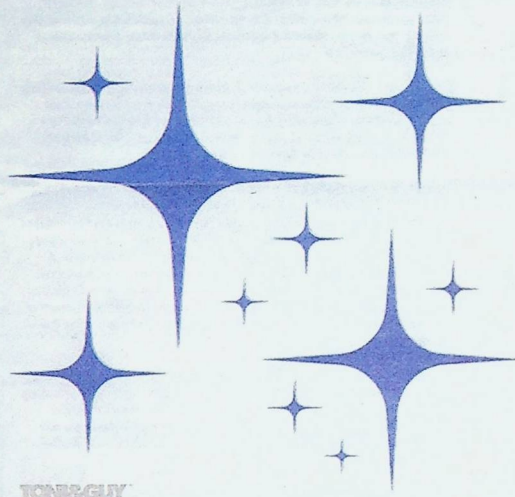
Theme: *Taylor Swift Albums*

Designer Bridget Rohanna

Models Eddie Kellam-Walker,
Lilli Ronca And Sprite McGonagle

Quincy High Presents
**THE 2024
FASHION
SHOW**

THURSDAY,
MAY 9TH @7PM
Lloyd H. Hill
Performing Arts
Center
100 Coddington St.
Quincy MA



Quincy Sun Photos/
Robert Bosworth

QHS Fashion Show - Fashion 3: Junior Major Collections

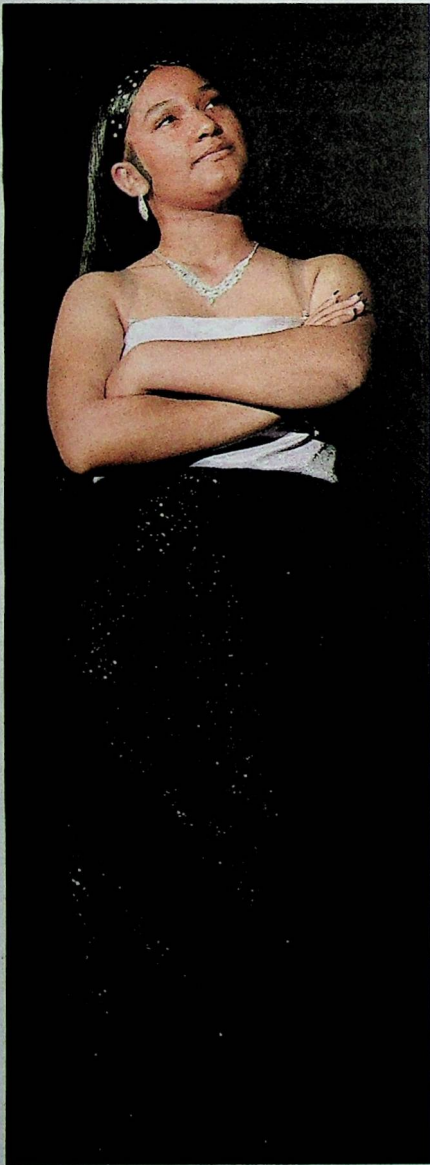
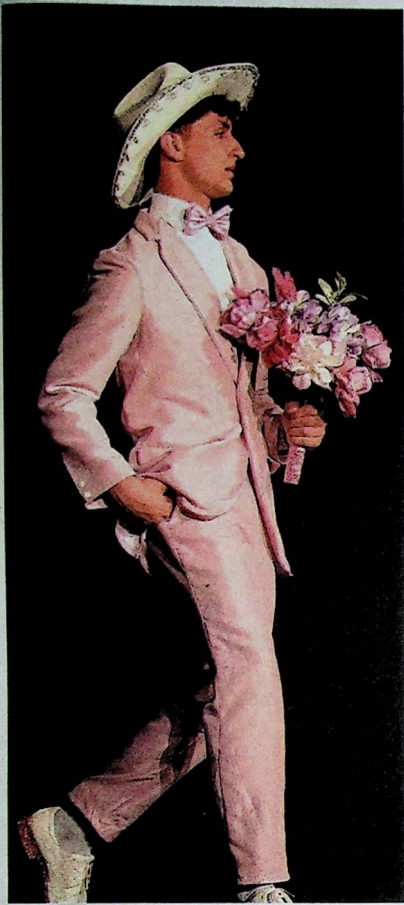
Theme: *Barbie*

Designer Blade

Models: Josue Silva,
Megan Caldwell And Yerrika Baez

Quincy High Presents
**THE 2024
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Robert Bosworth

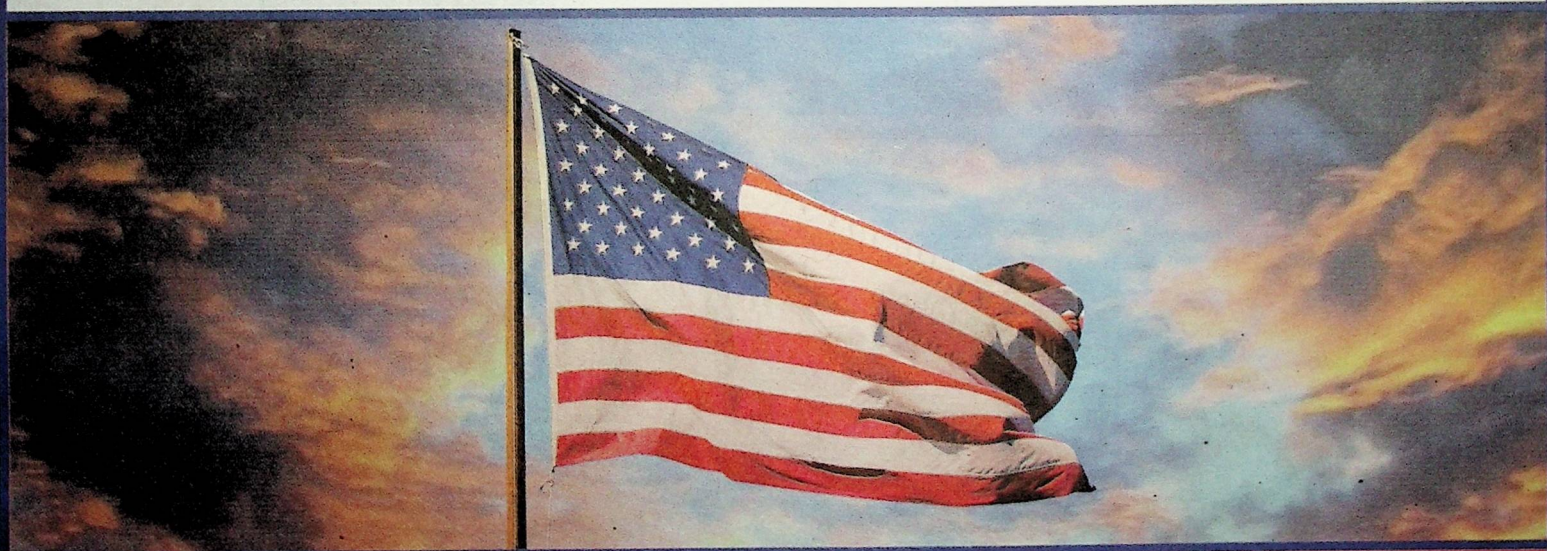
More Fashion Show Photos
May 30th Issue Quincy Sun

MEMORIAL DAY

“...It is for us the living, rather, to be dedicated here to the unfinished work which they who fought here have thus far so nobly advanced.

It is rather for us to be here dedicated to the great task remaining before us—that from these honored dead we take increased devotion to that cause for which they here gave the last full measure of devotion—that we here highly resolve that these dead shall not have died in vain—that this nation, under God, shall have a new birth of freedom, and that government of the people, by the people, for the people, shall not perish from the earth.”

- President Abraham Lincoln, November 19, 1863



“Remembering the meaning of Memorial Day.”

Mayor Thomas & Christine Koch